



Being the human drum!

Using your hands and feet, create a beat by first counting slowly and repeating "1, 2, 3, 4" Tap each beat with your dominant hand on your knee. Add your dominant foot on 1 & 3, and opposite hand on 2 & 4. (Adding your opposite foot is optional.)

FOOT
2 4

FOOT
1 3

Begin here!

HAND
2 4

HAND
1 2 3 4

