



OCCUPATIONAL THERAPY ACTIVITIES

Llama Llama Misses Mama

by Anna Dewdney

The story Llama Llama Misses Mama, presents many opportunities to work on OT skills. From scissor work and pre-writing skills, to perceptual and body awareness skills. Working within the classroom alongside other teachers and therapists is an excellent way to approach activities. Here are some ideas. We hope you will share with us YOUR ideas and strategies that you experienced so that we may post them on LLL. Enjoy!

Puzzle Work

- * Using LLL's puzzle templates, have child look at the cutting template to discuss what they see.
- * Have them cut out pieces and arrange them to form the picture on the worksheet
- * Child can glue the pieces onto a larger piece of paper
- * You can laminate the pieces for more durability
- * Using small velcro pieces on a felt board allows for vertical puzzle piece arranging

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Llama Fur

- * Using the large Llama body template, children can trace the Llama with their finger
- * Children use their glue stick to trace the line, and then add glue to the center of the Llama
- * Have children pull pieces of Llama fur (cotton balls) and place them onto the glued surface
- * Use different colored cotton balls

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Shaving Cream

- * Providing manipulative along with shaving cream allows for the messy play that promotes speech, social skills, meets sensory needs, and offers opportunities for fine motor growth
- * Have children use their finger to form shapes
- * Add textures/colors to the cream, such as sand, string, or paint
- * Have children shake hands while their hands are messy
- * Use small animals from the story with the cream

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Fur Race

- * Using tongs, have kids move cotton balls from one container to the next
- * Children can grab a cotton ball with a tong, and carry it to another location to realize it. (And repeat)
- * Have children work in teams
- * See how many cotton balls children can hold in their hand, and then carry to another location
- * Have children pick up as many cotton balls as they can using just one hand

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Hide 'n Seek

- * Using playdoh or thera-putty and small animal toys from the story, hide the animals in the putty for children to find;
- * Have children hide an animal in their playdoh, and then pass the playdoh to a peer to find the hidden animal;
- * Set a sand or digital timer for the children to compete against as they search for the hidden animal;
- * Have a child hide as many animals as they can out of site. How many animals can hide out of site?

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Washing Station

- * Present a "Llama Washing Station" for children to clean Llama Llama and his friends:
 - o Small plastic animals
 - o Plastic tub with soapy water
 - o Sponge, scrub brush
 - o Plastic tub with rinse water
 - o Ladle, spoon, cup
 - o Towels
- * Children can rotate from station to station with their chosen animal, OR
- * Children each remain at their work station as the toy animals rotate through the line.

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