

25 Questions to Ask Your Spouse

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Think you know your spouse? See how accurate you answer these questions about him or her. First, write down how you think your spouse would answer these questions. Then ask your spouse each question and see how many you get “right”. Take turns with each question or go through the whole list one person at a time. Get to know each other better as you listen and discuss your answers together. Make it a date together.

1. What is your spouse’s greatest wish?
2. What is your spouse’s greatest fear?
3. Who has been your spouse’s greatest role model?
4. What is one of your spouse’s greatest values?
5. What is your spouse’s most important goal in life?
6. What is one thing your spouse likes about himself/herself?
7. What does your spouse feel is his or her best physical feature?
8. What did your spouse like about you when you first met?
9. What does your spouse’s feel is his or her greatest accomplishment?
10. What was your spouse’s biggest loss in life?
11. What was your spouse’s worst childhood experience?
12. What has been the hardest thing for your spouse to accept about himself/herself?
13. How did your spouse’s father influence his/her self-confidence and self-worth?

14. How did your spouse's mother affect his/her self-confidence and self-worth?
15. What is your spouse's idea of a perfect day?
16. What makes your spouse feel safe and secure with you?
17. What is your spouse's greatest insecurity?
18. How has your spouse's spiritual beliefs made a difference in his/her life?
19. What is your spouse's favorite memory with you?
20. Who does your spouse think is the sexiest looking actor or actress today?
21. What is your spouse's greatest sexual fantasy with you?
22. What does your spouse believe are the three ingredients for a strong marriage?
23. What kind of low-cost or no-cost date does your spouse most enjoy?
24. What is a little thing that you do for him or her that makes him/her feel loved?
25. What does your spouse love to hear you say to him or her?