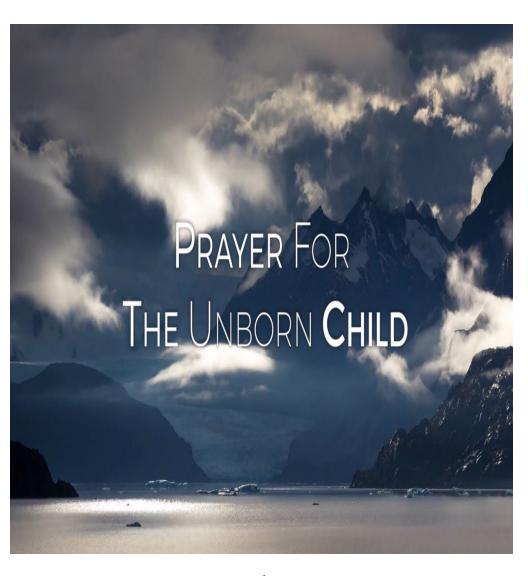
NOVENA for the UNBORN





How To Pray A Novena – A Visual Step By Step Guide

The novena is a Catholic practice of prayer that's done over the course of nine days. Its practice goes back to the time of the apostles. The first novena can be attributed to when they got together to pray, after the Ascension waiting for the coming of the Holy Spirit. How To Pray A Novena –Step By Step Guide

1. Why Pray A Novena?

The novena is prayed to **obtain a special grace or intention**, that's why there are nine days of repetition.

2. When Should A Novena Be Prayed?

You can pray a novena with a personal intention any time of the year.

3. How Many Types Of Novenas Are There?

There are several types of novenas, one of the most popular novenas is the one prayed before or after a funeral, with the objective of asking for the well-being of the person who died or for the comfort of those who are distressed because of their dear one's loss. This type of novena is known as **anticipation novenas**.

The preparation novenas are the ones prayed when preparing for a Church's feast day, or before a sacrament or any other spiritual event, with the objective of preparing the soul for that important day. The petition novenas are those directed to God or to a saint, asking for their intervention, a signal, or any other type of help.

And finally, the **indulgence novenas** are those prayed for the remission of sins. In other words, these novenas are prayed as an act of penitence for the previously committed sins. They are usually done as a compliment to the sacrament of confession and to the assistance to mass.

4. Remember, The Novena Isn't Magic

We need to know that when we pray a novena the first thing we have to ask for is God's will to be done. It's about calling out to our Father and leaving our petitions in His hands to grant us His graces.

5. Start With A Petition

I think the best question here is for you to know why do you want or need to pray a novena.

6. Where Can A Novena Be Prayed?

The novenas can be **done in public**, which is getting together with a group of people in your parish, your church or your own house, and praying together. But you can also **pray a novena individually** for any intention.

7. Accompany Your Novena With Other Pious Acts
The novena is a special prayer. You can take the opportunity to accompany it with some offering or sacrifice for the desired intention, it can be by fasting, frequenting the sacraments of reconciliation or Eucharist, going to mass on weekdays, etc...

8. Constancy Is Key

The key to this type of prayer is constancy, if you've started a novena don't stop! Set the firm purpose of finishing it, it's nine days which also will start to build in you the habit of prayer and a deep communication with God.

9. Find A Novena That Speaks To Your HeartThere are novenas dedicated to Our Lord Jesus Christ,

to the Virgin Mary, to the Holy Spirit, and to many saints, to whom we ask for intercession before God to obtain the grace or intention we're asking for.

Novena: Day 1 Say the following prayers,

Psalms 139

LORD, you have probed me, you know me:

you know when I sit and stand; you understand my thoughts from afar.

You sift through my travels and my rest;

with all my ways you are familiar.

Even before a word is on my tongue, LORD, you know it all. Behind and before you encircle me and rest your hand upon me. Such knowledge is too wonderful for me, far too lofty for me to reach. Where can I go from your spirit? From your presence, where can I flee? If I ascend to the heavens, you are there: if I lie down in Sheol, there you are If I take the wings of dawn and dwell beyond the sea, Even there your hand guides me, your right hand holds me fast. If I say, "Surely darkness shall hide me, and night shall be my light" Darkness is not dark for you, and night shines as the day. Darkness and light are but one.

You formed my inmost being;

you knit me in my mother's womb.
I praise you, because I am
wonderfully made;
wonderful are your works!
My very self you know.
My bones are not hidden from you,
When I was being made in secret,
fashioned in the depths of the earth.
Your eyes saw me unformed;
in your book all are written down;
my days were shaped, before one
came to be.

How precious to me are your designs, O God; how vast the sum of them! Where I to count them, they would outnumber the sands; when I complete them, still you are with me. When you would destroy the wicked, O God, the bloodthirsty depart from me! Your foes who conspire a plot against you

are exalted in vain.

Do I not hate, LORD, those who hate you?
Those who rise against you, do I not loathe?
With fierce hatred I hate them, enemies I count as my own.
Probe me, God, know my heart; try me, know my thoughts.
See if there is a wicked path in me; lead me along an ancient path.

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.

Rosary:

The Sorrowful Mysteries

The Magnificat: [Luke 1:46-55]

The soul rejoices in the Lord

My soul proclaims the greatness of the Lord,

my spirit rejoices in God my Savior for he has looked with favor on his lowly servant.

From this day all generations will call me blessed:

the Almighty has done great things for me, and holy is his Name.

He has mercy on those who fear him in every generation.

He has shown the strength of his arm, he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, and has lifted up the lowly.

He has filled the hungry with good things, and the rich he has sent away empty.

He has come to the help of his servant Israel for he has remembered his promise of mercy,

the promise he made to our fathers, to Abraham and his children for ever.

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.

Plus Say these prayers

1) Source of love and mercy: Although it is deserving of thine anger and punishment, look with mercy on our nation, which has offended thee by condoning the killing of millions of innocent children, thy precious sons and daughters, who, like all of us, were created in thine image and likeness, but whose only offense was their very existence.

Amen.

- 2) O Blessed Lord Jesus Christ, Our Redeemer, whose inestimable gift of self-sacrificing love provided the means of Salvation for all mankind through the shedding of thine innocent blood: grant that all may come to know thee, serve thee and love thee, and thus may know the meaning of true freedom and true liberty, which never destroys, but always serves and protects life. Amen.
- 3) O Holy Spirit, source of wisdom, knowledge, understanding, counsel, fortitude, piety and holy fear: inspire us with these gifts. Fill the hearts of the leaders of this nation, especially those who have the temporal power and the grave responsibility to make and interpret and execute laws, with the desire to do God's will, to restore justice and to establish laws that govern the

people of this land in conformity with the Divine Law, laws that will preserve, protect and defend the lives of all sons and daughters of God, from their earliest beginnings until death.

Amen.

4) O Mary, Mother of Jesus, entrusted to be the mother of God's only begotten Son, Our Savior, through thine obedient consent to God's will, and who thus became for all people and all time the model of faith and of the self-giving love and devotion of Motherhood: take into thy motherly arms all the babies who are victims of abortion, that they may receive eternally the comfort of a mother's love. May thine example and intercession open the hearts of all who reject God and His holy laws. comfort all those who suffer remorse because of abortion and restore to hope in Christ those mothers and

fathers who grieve and repent the killing of their children.

Amen.

- 5) All Angels and Saints: may thy guidance and example show fallen humanity the way to perfect joy and freedom and peace found only in unity with God in obedience to His will through salvation in Christ Jesus; and may thy constant prayers be joined by those of all the little children, the "slaughtered innocents" as a "cloud of witnesses" interceding for sinful man.
- 6) Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end.

 Amen.

Three (3) Hail Mary...

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.

Novena: Days 2-9

One Our Father...

The following 4 prayers

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