

SORROWFUL MYSTERIES

Tuesday and Friday

THE AGONY
IN THE GARDEN



THE SCOURGING
AT THE PILLAR



THE CROWNING
WITH THORNS



THE CARRYING
OF THE CROSS



THE CRUCIFIXION



1st Sorrowful Mystery:

THE AGONY IN THE GARDEN

Suggested Reading: Luke 22:39-44

MARY'S MESSAGE: The sorrowful mysteries lasted only hours, but they remain etched in my memory forever. May it be the same for you whom Christ has redeemed at such great personal cost. Remember always his agony in the garden. Remember the sweat falling like drops of blood to the ground. Remember the immense love he bore you, centuries before you were born. Be ready to confess your faith in him without hesitating.



PRAYER: Dear Blessed Mother, may there be enkindled in my heart a fire of faith and a love to match Christ's love for me in the garden of sorrows. Amen.

Now recite the decade.

2nd Sorrowful Mystery:

THE SCOURGING

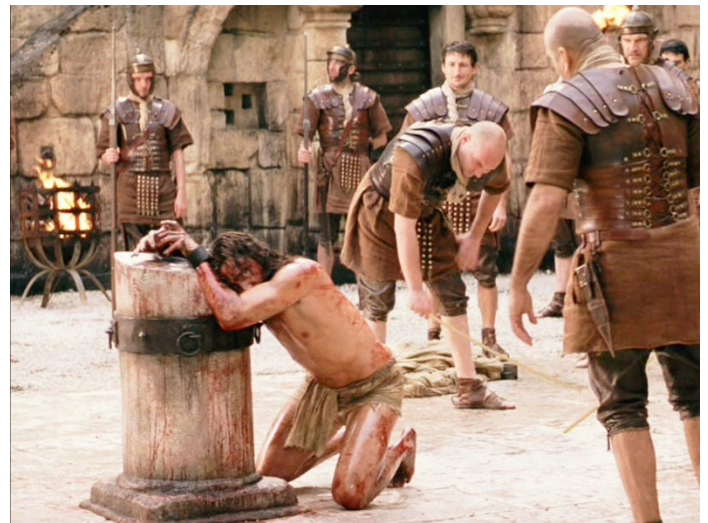
Suggested Reading: Mark 15:1-15

MARY'S MESSAGE: The Lamb of God endured the most cruel of scourges. It was the agony of the flesh after the agony of the spirit. Pilate's underlings were not limited to 40 lashes, as were Jewish soldiers. Rest assured that Jesus didn't keep count. He kept no record of what he endured for sinners.

PRAYER: Dear Blessed Mother, pray for me that I may always be found faithful and generous.

May the blood of the spotless Lamb cleanse me and make me worthy to stand before him holy, free of all reproach and blame. Amen.

Now recite the decade.



THE CROWNING WITH THORNS

Suggested Reading: Mt. 27:27-31

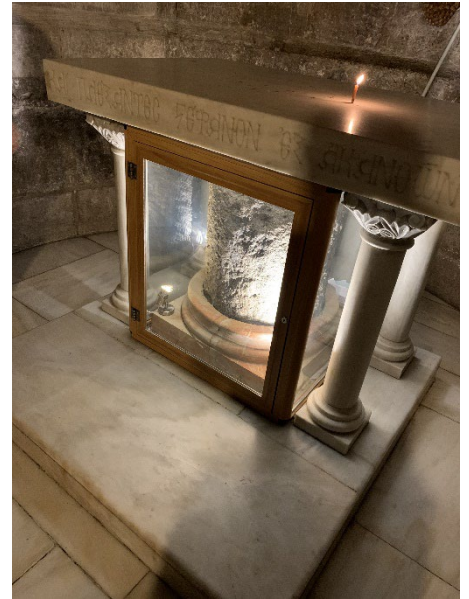


MARY'S MESSAGE: My Son Jesus had to be crowned with thorns before being crowned with honor. His Amen of acceptance before Pilate had to precede his Alleluia of joyous triumph in heaven's halls of glory. Look upon my Son, that you may not lose heart when you suffer. Remain faithful to what you have learned and believed because you know that faith in Jesus leads to salvation and life everlasting.

PRAYER: Dear Blessed Mother, pray for me that I may keep the faith as I finish the race. May the Lord God grant me, on the day of rewards, a crown of glory in the eternal dwellings. Amen.

Now recite the decade.

This is the actual pillar our LORD sat on when he was crowned with the thorns.



4th Sorrowful Mystery:

THE CARRYING OF THE CROSS

Suggested Reading: Mark 15:20-25

MARY'S MESSAGE: No apostle, disciple, or friend stepped forward to help Jesus on the rugged road to the crucifixion. Simon of Cyrene did so, under compulsion. The absence of his chosen ones must have grieved Jesus; yet he uttered no reproach. There is no reproach on his lips now as he sees some former followers turning away. They find the cross of fidelity too heavy.

PRAYER: Dear Blessed Mother, turn your merciful eyes upon all who have lost their faith or are in danger of losing it. Mother of Faith, lead them back to him who is the Way, the Truth, and the Life. Amen.

Now recite the decade.



5th Sorrowful Mystery:

THE CRUCIFIXION

Suggested Reading: Mark 15:27-41

MARY'S MESSAGE: Look upon the pierced feet of the Saving Victim on your crucifix. Those are the feet of a kindly shepherd running tirelessly after lost sheep; the feet of a bearer of glad tidings of salvation; the feet that alighted on earthly soil and made it holy ground. The blessed feet of the Redeemer follow the sinner down the nights, down the days, down the arches of the years, as the poet wrote.

PRAYER: Dear Blessed Mother, pray that I may have strong feet and a loving heart to follow my Lord. May I cling faithfully to him in life and in death. Amen.

Now recite the decade.

