

# FORT VETERAN

**FORT VETERAN IS HONORED TO  
OFFER THE FOLLOWING  
COMPLIMENTARY SERVICES TO  
OUR NATION'S HEROES...**

- **FREE Prostate Cancer Screening**
- **FREE Information Session  
about Prostate Cancer, Urinary  
Incontinence & Erectile Dysfunction**

**October 19, 2019 10AM-5PM**  
**Nam to Sand Jam @ Reid Park Bandshell**  
[www.NamJamTucson.org](http://www.NamJamTucson.org)

**In Partnership with VVA Chapter 106**



**CONTACT US:**  
**WWW.FORTVETERAN.ORG**  
**WWW.FACEBOOK.COM/FORTVETERAN**

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### Prostate Cancer Screenings includes the Following:

- PSA (Prostate Specific Antigen) Blood Draw
- DRE (Digital Rectal Exam)
- Testicular Exam
- Board Certified Urologist Consultation



## PROSTATE CANCER FACTS

### National Statistics:

- According to an Army study Veterans have twice the rate of prostate cancer: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2780333/>
- After skin cancer, prostate cancer is the most diagnosed cancer in American men and the second leading cause of cancer death.
- Prostate cancer is twice as common and has more than twice the mortality rate in African-American men as it has in Caucasian men.
- Approximately 232,090 new cases of prostate cancer diagnosed in US per Year, so one man diagnosed with prostate cancer every two minutes.
- Approximately 31,800 men will die from the disease. That represents one man dying every seventeen minutes.
- The lifetime probability of developing prostate cancer is 1 in 6.

### Arizona Statistics:

- 3,900 new cases and 550 deaths per year.
- After skin cancer, the most diagnosed cancer in Arizona, and the second cause of cancer death in men. *According To "POP"*
- All men 40 years of age should have an annual digital rectal examination.
- All men 40 years and older should be offered a prostate specific Antigen blood test (PSA) annually by their doctors. If not offered, men should request information about this test and insist on having a PSA evaluation.
- Men with a family history of prostate cancer and African-American men should be offered a DRE and PSA test annually starting at age 37. If not offered, these men should request information about this test from their doctors while mentioning their family history or racial risk and request that these exams.
- The 5-year survival rate for patients whose cancer is caught while still confined to the prostate is 100%, while the 5-year survival rate for those men diagnosed with advanced cancer is only 34%.
- Prostate cancer often develops without symptoms.
- Annually testing with PSA and DRE can lead to early detection and cancer confined to the prostate that has a significantly higher cure rate. Awareness about the risk of prostate cancer is a critical issue for Arizona's families.
- Know what your PSA numerical result is every year. Do not accept: "your PSA is normal." Ask for the actual number. The value of PSA testing is the rate of change from one year to the next.