

Introducing

CHRISSY
MAY

KEYNOTE SPEAKER | AUTHOR |
PODCAST HOST



INKWELL *ink* MGMT

ABOUT CHRISSEY

Meet Chrissy May, a dynamic keynote speaker, personal development specialist, and transformational therapist with a passion for helping others overcome adversity and live a life they truly love. With a rich background as a former competitive figure-skater and fitness champion, Chrissy has navigated her own challenges by embarking on a deep spiritual journey. Over 25 years in the health and wellness industry and more than a decade as a real estate advisor have refined her unique insights, which she now shares as a guide for both personal and professional evolution.

As the host of the Aligned + Alive Podcast, Chrissy empowers her audience to explore life's meaning and purpose. Each week, she offers practical tools and strategies to elevate your life, supported by real-life testimonies and authentic stories from herself and her inspiring guests. Her work is a guidebook for navigating life's complexities, offering wisdom on healing, mental health, and manifesting new realities.

Chrissy's expertise and engaging presence have made her a sought-after speaker, known for her ability to inspire action and facilitate alignment in every aspect of life. Whether through her podcast, speaking engagements, or social media presence, Chrissy May is dedicated to helping you connect, align, and thrive. Follow her journey on Instagram @TheChrissyMay for daily inspiration and deeper connection.



“

Chrissy is one of the most knowledgeable experts in the leadership and personal development space I've been around.”

DP Gates Top Mindset Coach and Consultant, Bob Proctor's understudy and CEO of Freedom is the Goal

SPEAKING TOPICS

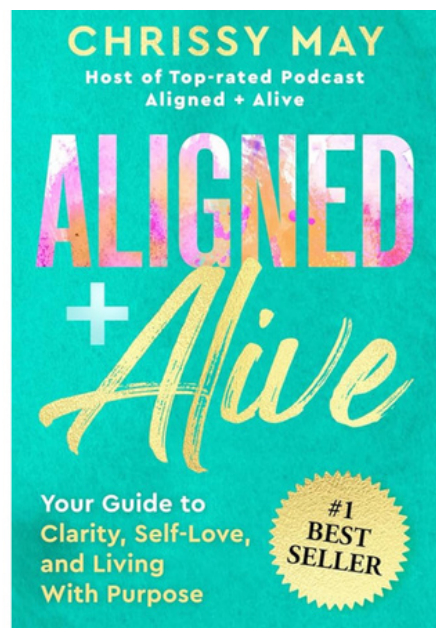
*ALL PERSONAL DEVELOPMENT TOPICS,
BECOMING THE BEST VERSION OF YOU.*

Developing Connection + Clarity

Overcome Obstacles + Thrive

Live Authentically + with Purpose

Discover Your Limitless Potential





“ Chrissy has created that ‘safe space’ for your own self exploration, whether it’s through her podcast, coaching, her book, or a chance meeting with her. A breath of fresh air.”

Jenna DiGiuseppi, IHAP,



[TUNE IN TO ALIGNED + ALIVE HERE](#)

READY TO BOLDLY MAKE A MARK ON YOUR EVENT?

Inkwell MGMT is here to collaborate with you to bring Chrissy May's energy and expertise to your next event. Whether you're looking to inspire, motivate, or educate your audience, Chrissy is ready to deliver a transformative experience.

Let's make it happen! Connect with Stevie Johns at Inkwell MGMT today, and together, what we create will be unforgettable.

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