

*Introducing*

# JEFF HARRY

INTERNATIONAL POSITIVE  
PSYCHOLOGY PLAY SPEAKER



INKWELL

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# Rediscover Your Play

Jeff Harry combines positive psychology and play to heal workplaces, help teams build psychological safety, and assist individuals in addressing their biggest challenges by embracing a play-oriented approach to work. Jeff was selected by BambooHR & Engagedly as one of the Top 100 HR Influencers and has been featured in the NY Times, Mashable, Huffpost, Wired, NPR, NatGeo, & Forbes. Jeff has worked with Google, Southwest Airlines, Adobe, the NFL, Amazon, and Facebook, helping their staff to infuse more play into the day-to-day. Over the past 15 years of facilitation and speaking, Jeff's main goal has been to help work suck less by assisting leaders in building a playground workplace atmosphere that motivates their staff to do their most vibrant work.

## **Notable Speaking Engagements:**

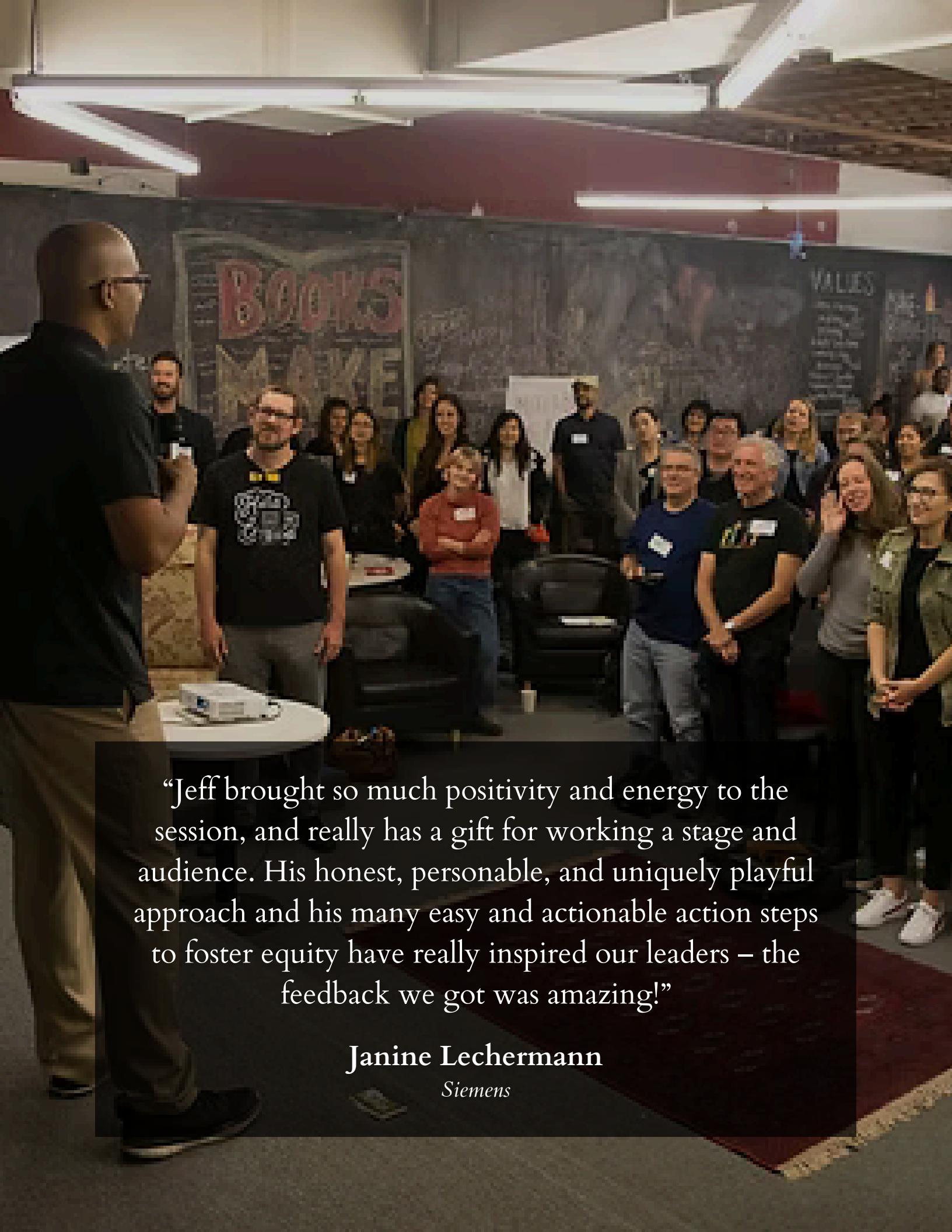
SXSW, SHRM National, WorkHuman, INBOUND, HR Florida, Georgia State SHRM Conference, SOAHR, HR Southwest, CAHR Conference, ILSHRM, MISHRM, GSC-SHRM, Tri-State SHRM

## **SHRM Conference Keynotes:**

AZSHRM, HR Nebraska (Emcee & Keynote), SHRM Northern California, One SHRM Georgia, Greater Ann Arbor SHRM, San Antonio SHRM, Central California SHRM, CUPA-HR SHRM, Pittsburgh SHRM, SEPA-SHRM, Tri-State SHRM (Emcee & Keynote 2026)

15 years of experience in the HR Industry as an HR Director and Training Development Director. 5 more years as an HR Consultant & Speaker. Built the largest LEGO-Inspired STEM Organization in the U.S.

ABOUT  
THE  
SPEAKER  
IN  
THE  
MEDIA



“Jeff brought so much positivity and energy to the session, and really has a gift for working a stage and audience. His honest, personable, and uniquely playful approach and his many easy and actionable action steps to foster equity have really inspired our leaders – the feedback we got was amazing!”

**Janine Lechermann**  
*Siemens*

# CHOOSE YOUR OWN ADVENTURE...

Companies speak about innovation, creativity, and disrupting the industry. What is missing is the play-oriented, inclusive work environment that cultivates this type of thinking. These talks/ workshops create pathways to get to a certain level of psychological safety that allows for play, risk-taking, and ultimately a future where fun and innovation can thrive. Creating this playground atmosphere results in not only retaining employees, but getting the best work out of your staff.

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## **Extinguishing Burnout By Rediscovering Your Why Through Play**

Burnout is at an all-time high, yet most proposed solutions focus on analyzing burnout rather than finding answers for it. What if the answer is finding your why through play? Life demands a lot from us, but are we creating space for ourselves to do our best work and enjoy the journey? Studies have found that we are 500% more productive when we are in a state of flow. Also, being in flow provides a certain level of fulfillment and joy, as we learn to appreciate the process over the results. In this interactive workshop, you will learn how to use positive psychology techniques to help find your why, explore your play values, and rediscover actionable ways to get into flow, so you can be and do your best work.

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## **Rediscover Your Flow**

We often measure our self-worth through our achievements and external results. Many people define success as accomplishing a specific goal or purpose while overlooking how they got there. Fulfillment and happiness exist when you can let go of the results, follow your curiosity, and enjoy the ride. Research shows that the more we play, the more open we are to the countless possibilities in front of us. In this interactive workshop, you will identify your play values, engage in brainstorming sessions to help find your play, and discover actionable ways to get into flow.

## Building Psychology Safety At Work Through Play

Managers often associate “playing at work” with goofing off or wasting company time and money. But what if play was a crucial component to building a solid foundation for your team? What if it could help create a sense of belonging and psychological safety in the workplace and rekindle morale — especially surrounded by all this uncertainty? In this workshop, we will explore how play is vital to building camaraderie in this surreal new reality of work. We will analyze what is currently missing from your workplace that would create the psychological safety your staff is looking for to feel comfortable playing. Finally, we will determine what the initial steps are that you need to take to create an environment where staff can do their most vibrant work.

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## Making Work Suck Less By Fixing Broken HR Systems

How confident are you in your current HR practices and leadership team to adapt to these tumultuous times? If the answer isn't a resounding yes, then your HR systems may be broken. What about your HR approach seems antiquated? If we believe employees don't quit jobs, they quit their bosses. What have you done to improve the quality of your leaders? How is HR helping to grow the next generation of leaders who have a strong EQ foundation to manage a growing Gen Z workforce? The next generation of workers does not see an emotionally intelligent manager as a bonus but as a requirement to stay.

This workshop is a BS Meter for your HR & Leadership teams. It's an opportunity to reflect on if you have the right system in place and, if so, how you are getting leaders prepared to manage in this surreal future of work. This workshop lifts the veil on your team, on your protocols, and on all of your tried and true methods to see if they pass the litmus test needed to thrive now. You already know the results if you choose to stay the course...or you can choose to ask hard questions. Seek a truth that might challenge your perception of reality. See if you are ready to take the necessary steps to embrace a new, sophisticated HR way that builds the leadership teams that you've always wanted.

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## Navigating Difficult Conversations Through Play

Does the idea of having challenging conversations make you cringe? It doesn't need to! Communication is a sandbox, and when you play in it, it can lead to building trust, establishing inclusivity, and creating psychologically safe spaces where people can thrive. If we don't talk, we can't learn, and ultimately, relationships fracture. We will facilitate a series of experiential activities that will provide you with play-oriented tools to practice exploring language and tone, shifting perspectives, and questioning the stories in your head. Let us help you redirect the mental energy currently devoted to unhealthy coping mechanisms and channel it towards identifying the underlying obstacles getting in the way of understanding each other. Replace confusion with clarity by adjusting your communication habits that will help build a stronger, healthier future for us all.

## How To Play With Your Inner Critic

Out of all the challenges getting in the way of our success, the one that affects us the most that we talk about the least is our inner critic. It is that voice that prevents us from taking risks, holds us back from showing up fully, and tells us what we have to say is not worthy enough for people to listen to. In this workshop, we will learn how to recognize our inner critic, bring it into the light, and ultimately learn how to play and build a healthy relationship with it. Separating your negative voice from your intuitive one will free you to be more creative, bolder, and step more into your power to be your complete you.

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## Why Ted Lasso's Feminine & Masculine Leadership Matters

76% of employees are disengaged at work. Staff eventually leave because they don't feel seen, heard, or appreciated. Who knew the answer to this lies in a show called Ted Lasso? Ted Lasso's leadership style, which combines both feminine and masculine traits, is vital for companies because it demonstrates the effectiveness of a more holistic and inclusive approach to being a leader. Divine feminine leadership emphasizes empathy, intuition, and collaboration, which creates a compassionate work culture. Healthy masculine leadership cultivates assertiveness, decisiveness, and accountability, which leads to a more productive and results-oriented work culture. Combined, this approach builds the strongest and most effective teams.

This session is for organizations that want to rise above the antiquated Mad Men way of managing; for the executive ready to embrace a Ted Lasso standard of leadership where our people are our priority. Is your company ready to follow through on the values plastered on your walls?





“Jeff kicked off our workplace wellbeing conference, which was the perfect start to the day. If you are looking for a speaker who will make you laugh, give you lots of ideas that are actionable immediately, then he is the speaker you are looking for.”

**Jami Haberl**  
*Iowa Healthiest State Initiative*

 SEE HIM IN ACTION

# READY TO BOLDLY MAKE A MARK ON YOUR EVENT?

Inkwell MGMT is here to collaborate with you to bring Jeff Harry's energy and expertise to your next event. Whether you're looking to inspire, motivate, or educate your audience, Jeff is ready to deliver a transformative experience.

Let's make it happen! Connect with Stevie Johns at Inkwell MGMT today, and together, what we create will be unforgettable.

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