

## Charging Your Ring

aaboRing is charged through a USB cable with magnetic connector. The USB magnetic charging cable is placed in your box.

Your aaboRing can take anywhere from 10-90 minutes to charge, depending on your battery level. Your ring battery level will be shown in the upper right-hand corner of the Home tab of aaboRing.

To charge your ring,

1. Connect the USB cable to the magnetic connector of the ring
2. Plug the USB into a power source (e.g., power bank or power adapter).

Green light on the ring turns on, when it is charging. Green light turns off, your ring is fully charged. You will receive a push notification when charging is complete.

### The Optimal Battery Range

We suggest doing your best to keep your ring's battery above 30%. To get started incorporating this new habit, we recommend keeping your charger handy and getting into a routine of charging your ring for a little bit each day. Consider charging your ring during periods of the day when you may traditionally take a brief break from wearing it for the sake of comfort or additional scratch protection—such as washing dishes, exercising, cooking, etc.

Keep in mind that all rechargeable batteries are consumables and have a limited lifespan, so their capacity and performance will gradually decline with time. Maintaining this battery range on a regular basis will result in the lowest battery deterioration rate over time.