

# **SEVEN LOCKS**

Camps, care, and enrichment programs designed to educate, entertain, and engage students.



## FALL ENRICHMENT SCHEDULE SESSIONS BEGIN SEPTEMBER 26TH

ТІМЕ	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
04:00PM - 05:00PM			Karate	<u>My First Piggy Bank</u>	<u>Drawing with Young</u> <u>Rembrandts</u>
			Kaizen Karate	Spark Business Academy	Young Rembrandts
			Grades: K - 5 \$275.00	Grades: 3 - 5 \$306.00	Grades: K - 5 \$254.00
04:00PM - 05:00PM			Music Start Keyboard	<u>Ballet/Tap</u>	Chess Club
			Music Start	Message in Motion	Magnus Chess Academy formerly known as Silver knights
			Grades: K - 5 \$209.00	Grades: K - 3 \$260.00	Grades: K - 5 \$242.00
04:00PM - 05:00PM			Overtime Athletics	<u>Cooking Class - Culinary</u> <u>World Tour</u>	Spanish Club
			Running Club	iCook	International School of Language
			Grades: K - 5 \$269.00	Grades: K - 5 \$263.00	Grades: K - 2 \$298.00

### **REGISTRATION:**

### BEGINS SEPTEMBER 11th at 5pm - CLOSES SEPTEMBER 20th at 11:59pm

**CLASSES BEGIN THE WEEK OF SEPTEMBER 26, 2023** 

VISIT WWW.FLEXACADEMIES.COM AND SELECT ENROLL NOW REGISTER FROM YOUR PHONE







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# **CLASS DESCRIPTION**

#### CHESS CLUB

MAGNUS CHESS ACADEMY FORMERLY KNOWN AS SILVER KNIGHTS

Learn chess with Magnus Academy (formerly Silver Knights), world champion Magnus Carlsen's academy! We've taught 100,000 children to play including state & national champions, but most students are beginners looking to learn a new skill and have FUN. Class time is divided between lessons and practice games. Lessons range from the basic rules to advanced tournament strategies.

Students will have the opportunity to play in tournaments (in-person and online) outside of club time. This in-person club includes free online extras including weekly practice tournaments and an event with world champion Magnus Carlsen or Judit Polgar, the best female chess player of all time. All chess supplies provided. All skill levels are welcome. For more information please visit chessacademy.com.

#### BALLET/TAP MESSAGE IN MOTION

Get out of your tutu and start twirling! Let your child's inner princess shine as they learn to chassé and pirouette their way across the floor to classic fairy tale music from ballets like Swan Lake, Sleeping Beauty, The Nutcracker, Romeo and Juliet, and more. Learn ballet basics including barre work and center technique while using props, roleplaying, and imagination to aid in personal expression and creativity. PLUS students will learn tap basics including tap terminology, rhythm, technique, and more. Learn what funky names like "Flap", "Shuffle", and "Ball Change" mean in the tap world! Students will showcase what they have learned at an informal end-of-session in-class parent show! Black tap shoes are required for tap. Bare feet are acceptable for ballet.

#### OVERTIME ATHLETICS RUNNING CLUB

Kids are natural runners, but spend a lot of time hearing "No Running!" How many times does a child hear this? No running in the halls... No running in the house... No running at the pool... It goes on and on. The HIGH FIVES RUNNING CLUB puts a stop to the "No Running" and let's the kids fly! Crawl, Stand, Walk, Jog, Run... Gradually developing the habit to run can change and impact ones life forever. This program will bring a shot of energy with the daily warm-up game, then blast off with the daily workout. Our goal for the HIGH FIVES RUNNING CLUB is to get heart rates raised and to increase endurance.

#### KARATE KAIZEN KARATE

This popular class is a disciplined introduction to the sport by Kaizen Karate. Your child will learn the beautiful art of karate while gaining safety and defensive skills in a respectful environment. The class will also emphasize the basic karate principles of focus, patience, and self[1]discipline. Returning students will continue to work toward new belts while first-time students will be able to start the belt program.

SPANISH CLUB INTERNATIONAL SCHOOL OF LANGUAGE

ISL provides a well-rounded online language program for those children in grades K-2 that are either starting to learn a foreign language or would like to continue adding to their knowledge. Apart from the language, children will learn some culture, and traditions where the language is spoken. During this online program, students will be introduced to different topics according to the age and level of the students. Topics rotate each session; therefore, students who register for later sessions will learn something different each time. Class sizes are small and taught by native speakers who are experienced teachers of the language and culture, engaging, fun and motivating. Instructors use every moment as an opportunity to motivate students to use and practice their speaking skills. During each program we introduce a series of games and activities that develop the skills needed to learn a second language in a consistent and sequential manner.

#### DRAWING WITH YOUNG REMBRANDTS YOUNG REMBRANDTS

Drawing with Young Rembrandts: We are back to school and back to drawing with Young Rembrandts! This sessions selection of drawings introduces our students to a fascinating world of color, pattern, and design. We say goodbye to our favorite summer memory in our detailed still life drawing of a beach. We explore color usage and composition in our silly monster and fire truck drawings. You will be MOOOOOved with our stylized patterned cow drawing that not only challenges our technique but also our color scheme. Our students will learn cultural themes as they draw and color Kawaii art. Hurry back in and register for these back-to-school favorites! Sign up today!

#### MY FIRST PIGGY BANK SPARK BUSINESS ACADEMY

Earn, save, spend, donate! Let's learn about money! This innovative program provides a solid foundation on financial literacy for kids in a fun setting. Games and hands-on activities help students internalize key concepts (like money, budgeting and saving) in an engaging and supportive environment fostering teamwork. Students use their arts & crafts skills to make their own piggy bank!

## COOKING CLASS - CULINARY WORLD TOUR

Our chefs-in-training will learn how to make delicious and nutritious recipes inspired by international cuisine.

#### MUSIC START KEYBOARD MUSIC START

MusicStart<sup>®</sup> is a patented progressive music learning system that balances fun and development of skills. Using familiar songs, it teaches all the necessary basics to get started playing music. The MusicStart<sup>®</sup> Keyboard is especially designed for learning. It uses 4 instructive Attachments that vary the challenge from color matching to letter matching to note matching and reading standard musical notation. MusicStart<sup>®</sup> is preparation for (or a supplement to) playing any instrument and teaches step-by-step problem solving All materials are provided. Both new and repeat students are welcome, and will be appropriately challenged.

WEBSITE: <u>https://flexacademies.com/</u> CONTACT US: info@flexacademies.com

