

Rotation Schedule

Feb 14-16, 2025

SUBJECT TO CHANGE

Friday, February 14, 2025

Session: 01 -- XS Large

Open Stretch 8:30 AM Competition 9:00 AM
Introduction 8:45 AM Awards 11:00 AM

Gymnasts: 89

Flight: A - 42



10
Impact [XS] - 10



9
MGC Kids [XS] - 9



13
JAX GYM [XS] - 13



10
Impact [XS] - 5
MGC Kids [XS] - 5

Flight: B - 47



11
Leah's [XS] - 11



12
Elite II [XS] - 12



12
Leah's [XS] - 12



12
Elite II [XS] - 12

Friday, February 14, 2025

Session: 02 -- L4 & L5

Open Stretch 11:30 AM Competition 12:00 PM
Introduction 11:50 AM Awards 2:30 PM

Gymnasts: 76

Flight: A - 39



10
Champions [4] - 7
JT Gym [4] - 3



9
River City [4] - 9



11
Delta [4] - 4
Flipz [4] - 3
Stars and Stripes [4] - 4



9
River City [4] - 9

Flight: B - 37



8
Gym Stars [4] - 4
Increased Heights [4] - 3
Increased Heights [5] - 1



10
Elevate [4] - 4
SEGA [4] - 4
SEGA [5] - 2



10
Dynamics [4] - 1
Dynamics [5] - 3
Flame [4] - 6



9
Courthouse [4] - 9

Rotation Schedule

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SUBJECT TO CHANGE

Friday, February 14, 2025

Session: 03 -- XP

Open Stretch 3:00 PM Competition 3:30 PM
Introduction 3:20 PM Awards 5:30 PM

Gymnasts: 73

Flight: A - 37

10
Courthouse [XP] - 10

8
Leah's [XP] - 8

11
MGC Kids [XP] - 11

8
Flipz [XP] - 1
Heartland [XP] - 2
Heartland MO [XP] - 5

Flight: B - 36

9
Dynamics [XP] - 7
Southeast [XP] - 1
Stars and Stripes [XP] - 1

10
Cabot [XP] - 5
Champions [XP] - 2
Jonesboro [XP] - 3

9
Delta [XP] - 2
JAX GYM [XP] - 7

8
JAX GYM [XP] - 8

Friday, February 14, 2025

Session: 04 -- L8, L9, L10

Open Stretch 6:00 PM Competition 6:30 PM
Introduction 6:20 PM Awards 9:00 PM

Gymnasts: 49

Flight: A - 25

6
Dynamics [8] - 3
Flame [8] - 3

6
Champions [9] - 1
Delta [8] - 3
Delta [9] - 1
Elevate [8] - 1

7
Leah's [8] - 4
Leah's [9] - 3

6
Impact [8] - 2
River City [8] - 3
River City [10] - 1

Flight: B - 24

6
Capital [9] - 5
Empire [8] - 1

6
Elite II [8] - 2
Elite II [9] - 1
Elite II [10] - 1
Heartland MO [8] - 1
Heartland MO [9] - 1

6
Gym Stars [9] - 2
JAX GYM [8] - 4

6
JAX GYM [8] - 3
JAX GYM [9] - 2
SEGA [9] - 1

Rotation Schedule

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SUBJECT TO CHANGE

Saturday, February 15, 2025

Session: 05 -- L3 Older

Open Stretch 8:00 AM Competition 8:30 AM
Introduction 8:20 AM Awards 10:30 AM

Gymnasts: 81

Flight: A - 38

9
Champions [3] - 8
Pinnacle [3] - 1

9
JAX GYM [3] - 9

10
Increased Heights [3] - 7
JT Gym [3] - 3

10
Flame [3] - 10

Flight: B - 43

11
Flipz [3] - 5
River City [3] - 6

11
Gym Stars [3] - 6
Stars and Stripes [3] - 5

10
Delta [3] - 2
Elevate [3] - 1
River City [3] - 7

11
SEGA [3] - 11

Saturday, February 15, 2025

Session: 06 -- L3 Younger, XS Small

Open Stretch 11:00 AM Competition 11:30 AM
Introduction 11:20 AM Awards 1:30 PM

Gymnasts: 94

Flight: A - 47

11
Jonesboro [3] - 5
Jonesboro [XS] - 6

12
Elevate [3] - 4
JT Gym [3] - 3
Southeast [XS] - 5

13
SEGA [3] - 3
Sonshine [XS] - 10

11
Cabot [XS] - 8
Tumbles [XS] - 3

Flight: B - 47

12
Delta [3] - 2
River City [3] - 10

12
Increased Heights [3] - 5
Pinnacle [3] - 5
Stars and Stripes [3] - 2

13
Flame [3] - 5
Flipz [XS] - 4
Memphis Elite [XS] - 4

10
Heartland [XS] - 3
Heartland MO [XS] - 1
JAX GYM [3] - 6

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SUBJECT TO CHANGE

Saturday, February 15, 2025

Session: 07 -- Gold Younger

Open Stretch 2:00 PM Competition 2:30 PM
Introduction 2:20 PM Awards 5:00 PM

Gymnasts: 90

Flight: A - 45

11
Pinnacle [XG] - 11

12
Elite II [XG] - 9
Shine [XG] - 3

12
Cabot [XG] - 6
Flipz [XG] - 2
Jonesboro [XG] - 4

10
Heartland [XG] - 2
Heartland MO [XG] - 8

Flight: B - 45

11
Courthouse [XG] - 2
Impact [XG] - 5
MGC Kids [XG] - 4

12
Dynamics [XG] - 3
Memphis Elite [XG] - 5
Southeast [XG] - 4

12
Leah's [XG] - 10
Stars and Stripes [XG] - 2

10
JAX GYM [XG] - 6
Tumbles [XG] - 4

Saturday, February 15, 2025

Session: 08 -- XG Older, XD, XSa

Open Stretch 5:30 PM Competition 6:00 PM
Introduction 5:50 PM Awards 8:30 PM

Gymnasts: 63

Flight: A - 32

8
Champions [XD] - 4
Southeast [XG] - 3
Tumbles [XG] - 1

8
Capital [XSA] - 1
Delta [XG] - 5
Dynamics [XG] - 2

8
Leah's [XG] - 6
MGC Kids [XG] - 2

8
JAX GYM [XG] - 7
Memphis Elite [XG] - 1

Flight: B - 31

8
Gym Stars [XD] - 1
Gym Stars [XSA] - 3
Jonesboro [XG] - 2
Pinnacle [XG] - 2

8
Courthouse [XG] - 2
Elite II [XD] - 4
Elite II [XG] - 2

8
Cabot [XD] - 1
Cabot [XG] - 1
Elevate [XD] - 1
Heartland MO [XD] - 2
Heartland MO [XG] - 2
Heartland MO [XSA] - 1

7
Elite II [XSA] - 4
Impact [XG] - 1
Shine [XG] - 2

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Sunday, February 16, 2025

Session: 09 -- L6

Open Stretch 8:00 AM Competition 8:30 AM
Introduction 8:20 AM Awards 10:00 AM

Gymnasts: 46

Flight: A - 23

5
Delta [6] - 3
JT Gym [6] - 2

6
Flame [6] - 6

7
River City [6] - 7

5
Champions [6] - 3
Elevate [6] - 2

Flight: B - 23

6
Capital [6] - 1
SEGA [6] - 4
Stars and Stripes [6] - 1

6
Elite II [6] - 4
Increased Heights [6] - 2

6
Flipz [6] - 1
Gym Stars [6] - 1
SEGA [6] - 4

5
Elite II [6] - 5

Sunday, February 16, 2025

Session: 10 -- L7

Open Stretch 10:30 AM Competition 11:00 AM
Introduction 10:50 AM Awards 12:30 PM

Gymnasts: 46

Flight: A - 24

6
Impact [7] - 5
SEGA [7] - 1

6
Heartland MO [7] - 2
JAX GYM [7] - 3
JT Gym [7] - 1

6
Dynamics [7] - 1
Pinnacle [7] - 5

6
Memphis Elite [7] - 2
Pinnacle [7] - 4

Flight: B - 22

6
Elevate [7] - 2
Increased Heights [7] - 4

5
River City [7] - 3

6
Capital [7] - 2
Leah's [7] - 4

5
River City [7] - 5

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Sunday, February 16, 2025

Session: 11 -- XB

Open Stretch 1:00 PM Competition 1:25 PM
Introduction 1:15 PM Awards 3:00 PM

Gymnasts: 85

Flight: A - 45

11
Heartland [HUG] - 1
Heartland [XB] - 6
Sonshine [XB] - 4

11
Gym Stars [XB] - 11

12
Sonshine [XB] - 12

11
Jonesboro [XB] - 5
Tumbles [XB] - 6

Flight: B - 40

11
Impact [XB] - 8
Memphis Elite [XB] - 3

10
Leah's [XB] - 10

11
MGC Kids [XB] - 11

8
Flipz [XB] - 8

Sunday, February 16, 2025

Session: 12 -- L1, L2 Small

Open Stretch 3:30 PM Competition 3:55 PM
Introduction 3:45 PM Awards 5:30 PM

Gymnasts: 88

Flight: A - 46

11
Elite II [1] - 11

11
JAX GYM [1] - 11

13
Cabot [2] - 8
Elevate [2] - 5

11
Stars and Stripes [2] - 11

Flight: B - 42

10
Shine [1] - 4
Shine [2] - 6

10
Pinnacle [1] - 5
Pinnacle [2] - 5

12
Gym Stars [2] - 8
Shine [1] - 2
Shine [2] - 2

10
Pinnacle [1] - 4
Pinnacle [2] - 6

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Sunday, February 16, 2025

Session: 13 -- L2 Large

Open Stretch 6:00 PM

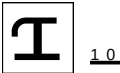
Competition 6:25 PM

Introduction 6:15 PM

Awards 8:00 PM

Gymnasts: 65

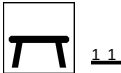
Flight: A - 39



Increased Heights [2] - 10



SEGA [2] - 9



Increased Heights [2] - 10



SEGA [2] - 9

Increased Heights [HUG] - 1

Flight: B - 26



River City [2] - 7



JAX GYM [2] - 11



River City [2] - 8



River City [2] - 8