

# The many roles of FTC Specialists

Looking to fill a gap in services? Look no further than an FTC Specialist at TSI Health.



## Eligibility

-Ages 0-21

-Sunshine Health Member

-Must have Mental Health Diagnosis

-Serving Duval, Nassau, Clay, Putnam, Volusia, Flagler, Orange, Osceola, and Seminole Counties

## Family Training & Coaching Breakdown

**Family Training & Coaching Specialists (FTC) provide individual and group support and training for foster parents, relative caregivers, close support systems, family members, and biological parents. Topics are individualized but can include client behavioral health needs, psychoeducation on various mental health diagnoses, strategies to manage behaviors at home & in the community, and more.**

## TBRI Parent Training



Using TBRI training, behavioral principles, and family coaching techniques, TBRI Parent Training can help to better equip any caregiver to tackle parenting challenges related to past trauma. Meet with a specialist to determine family stability, communication, and collaboration goals individualized to your family!

## Adoption Transition Training



For families who are looking to adopt, our Adoption Readiness Training can be a major help! From the initial match to post adoption, our FTC Specialist assists in anticipating needed resources, ongoing mental health education, accommodation and environmental planning, and family bonding activities.

## Wraparound Plus



Child welfare has many moving parts and sometimes it is necessary to lend an "extra hand" to ensure that all parties are communicating effectively, and the family is actively engaged. Wraparound Plus services involve linking the family to resources, education regarding a new mental health diagnosis, coordination of care with other service providers, including, but not limited to child welfare case manager, mental health therapist, specialized therapist, guardian ad litem, etc.

## Transition Coaching (16+)



### Career/Education/Life/Social

Following a variety of empirically based curriculum, young adults can choose to focus on topics such as: Health & Nutrition, Understanding Mental Health Diagnoses, Money Management, Extracurricular Interests, Setting Goals, etc. Learning to "Adult" is hard. Why not have a personal guide?



### Drop In/Special Events

Drop In events are held all over the Jacksonville area and are coordinated by Transition Coaches. These events have purposeful themes to not only encourage fun, but also test skills being learned in one-on-one sessions. We also partner with local companies for fun events throughout the year!

Looking for more information? Visit our website today!