## INTRO TO CREATIVE ARC

## **CONSCIOUSNESS**<sup>TM</sup>

A SACRED, CREATIVE, AND MYSTICAL ARTS IMMERSION FOR THE SOULFUL WOMAN RESET, RESTORE, & REVITALIZE yourself while learning the sacred arts

> WHEN: 2<sup>nd</sup> Saturday of Each Month DATES: 7/13, 8/10, 9/14, 10/12 WHERE: Revolve, Catonsville, MD TIME: 11:30 AM – 1:30PM EST FEE: \$20

> > relax and embrace peaceful moments

cultivate self-trust, compassion, and love

learn techniques for self-healing and growth

explore sacred, creative, and mystical solutions self-development

## Space is limited to seven (6) people. All Levels.

We will be using creative expression tools like writing, drawing, music making in between mini meditative sessions. This course introduces you to basic sacred and mystical tools such as drums, rattles, incenses, and more. A different tool is introduced each month. It will leave you feeling deeply relaxed, inspired, and connected. NO artistic or mystical experience required.

## Advance registration is required.

MD

Facilitator: Irmina (Rev Tutu) is an ordained metaphysical minister, mystic, and healer. She helps women who struggle to find their place in the World rediscover their true essence & learn to partner with life in creative and harmonious ways.

Register online at www.clearwaterwellnesslife.com