

# Support over the Festive Season

## Warm Spaces

[Council Libraries](#) are closed only on 25<sup>th</sup> & 26<sup>th</sup> December and 1<sup>st</sup> & 2<sup>nd</sup> January

- [Muirhouse Library](#) will be holding a kids film screening of Home Alone on 23<sup>rd</sup> December

[North Edinburgh Arts](#) are open 22<sup>nd</sup> & 23<sup>rd</sup> 29<sup>th</sup> & 30<sup>th</sup> December, normal hours resuming from 5<sup>th</sup> January

[Southside Community Centre](#) is hosting a free drop-in Christmas Day event for adults

## Cost of Living and Advice

[Winter Coat Exchange](#)

[Food banks](#) (courtesy of Access to Industry)

[National Support Network Directory](#).

## Mental Health Support

[Samaritans](#)

[Breathing Space](#)

[CALM](#)

[Shout](#)

[Beat \(Eating Disorders\)](#)

[Edinburgh Crisis Centre](#)

[Edinburgh Women's Aid](#)