

Summer/Fall Registration Protocol 2020-2021

SheLor School of Dance will follow State, CDC & WHO guidelines and follow policy changes ongoing. We have been working diligently to implement health procedures and guidelines to be able to provide the safest environment for our dance students. This plan requires the personal responsibility of ALL SheLor staff, parents & students to ensure that everyone will be safe. We hope that you will adhere to these practices and take these precautions seriously.

Required Registration Consents

Upon Registration: PARENT MUST fill out the 1) **COVID-19 Pre-Screen Protocol/Guideline** 2) **Fall Reopening Plan** 3) **Release of Liability For Minor Participants** papers electronically which will be sent to you by Miss Lisa once you have confirmed your classes and registration for 2020-2021. New students will receive paperwork after registering via phone call. Once you have electronically filled out the papers, you must click Finish Signing and Submit in order to send it back to us. For returning students, you will be contacted by phone and then forwarded the electronic paperwork.

Weekly Necessary Paperwork: Please print out and bring your COVID-19 Pre-Screen Questionnaire filled out and signed to EVERY CLASS WITH THE STUDENTS' RECORDED TEMPERATURE (**preferable**). If you forget, we will have extras and will screen the student at the door. This will help us stay on time for everyone's classes.

COVID-19 Pre-Screen Protocol/Guidelines

SheLor welcomes you back into the studio and is happy to be serving your children in dance!

Please note our updated guidelines for dance. We appreciate your necessary compliance of these new protocols.

1. ENTRANCES and EXITS to the dance building will be designated based on what studio your child will dance in. Once everyone is registered, you will be informed of what studio your child is placed in. We will then ask you to walk your child to the outdoor entrance designated to maintain social distancing and avoid crowding. We prefer no more than 2 people standing outside the entrance door. Please remain in your car until then.
2. With 6 feet social distancing and minimizing group settings still in effect, we will not be letting anyone use the waiting area during this time. Parents and family will be asked to wait outside or in their car. **(We will call your cell number or you may call the studio phone number for any needs)** **Special circumstances are honored with a phone call to discuss.*
3. All students will WEAR MASKS and hand sanitize upon entering & exiting the studio (we will have hand sanitizer in waiting rooms & dance rooms but we also ask they students carry their own if able). If your child is sensitive to hand sanitizer, they have the option of washing their hands in the bathroom upon entering & exiting the building.
4. Please be courteous and arrive to your class early so that we may meet your child at the door and gather your signed paperwork. **(Students will be let in one at a time while maintaining 6 feet distancing. Please remain 6 feet behind other students as you wait for your turn to enter; we will prompt you).**
5. Students are asked to use the bathrooms only if necessary (**this should minimize potential exposure**). We ask that students come dressed, bring minimal extra clothing & all items brought must be kept in their dance bag, including a drink that is leak proof, disposable, no refilling of water bottles at studio, dance bags will be kept zipped at all times and in cubbies. No sharing of cubbies, and cubbies will be cleansed per protocol EPA regulated cleaning solution between student use. Bathrooms will not be used as changing rooms so please come to dance dressed in your dance clothes.

6. When you arrive at the studio, a SheLor School of Dance Staff Member with a MASK will take your signed forms. Remember to record your child's temperature before coming to your class. If you forget, a staff member will take your child's temperature at the door. Anyone with an elevated temperature of 100 degrees or higher will not be able to participate in class for that day. Students & Parents MUST wear MASKS while being screened.
7. Students will enter & exit with MASKS and be directed to their cubby to secure their dance bag. (please have 2 grocery bags for street & dance shoes to keep in their dance bag).
8. Students will take out their dance shoes they need for class, carry them to the entrance of the room they are assigned, and put them on just before entering. Their teacher will let them into their class and direct them to a designated spot. **(Students will dance with shoes at all times).**
9. As of now, there will be no physical contact during teaching (dance and acro) until COVID-19 restrictions are lessened.
10. **For Acrobatic classes:** Students are asked to bring their own personal yoga mat which will be placed on our panel mats. We require each student to wear a treaded or gripping sock along with required leotard and tights. 6 feet distancing and no hands on instruction will be maintained. The instructor will be creative in improving the students' flexibility, strength, balancing, and limbering. Tumbling skills will be based on the ability of each student so that the skill does not require hands on spotting. The goal will be to embark on the growth of the students' overall acrobatic skills which will result in improved tumbling and dance.
11. We ask that students wipe their dance shoes at home with a Clorox wipe or disinfecting solution (EPA cleaner) & keep them in a grocery bag inside of their dance bag in preparation for their next class.
12. All interior doors will be open at the beginning of class to reduce touchpoints. Then, the teacher will close and open the door upon dismissal.
13. Students are asked to carry a new disposable water bottle with them in the dance room, sealed. **(Students will only be asked to bring what is necessary into the dance room. Any breaks needed will be taken in the studio room).**
14. Due to Governor Wolf's mandate, students are required to wear a **MASK DURING CLASS** unless they have a respiratory condition (Ex: asthma etc...). At least 6ft distancing will ALWAYS be maintained.
15. Within the studios, 6ft distancing tape will be marked in all studios. SheLor will maintain 6ft distancing between students whether at the barre, dance floor, or individual dance mats Class protocol and number of students will be individualized based on the level and number of students. Teachers will be creative in class structure to maintain safety.
16. Students will take shoes off after their class just outside of the dance room. Then, they will secure items in their dance bag, zip it closed, and exit to their designated pick-up they entered from.
17. Students will be kept in the same dance studios, but dance floors will be cleaned between classes for changed dance groups.
18. **Upon Pickup:** Students will exit the SAME doors they entered for their class. We expect parents to remain in their cars and be in the parking promptly to pick up their children. For younger students, parents should come to the door the student is assigned to exit to retrieve them. Parents MUST maintain distancing as each

student exits. Teacher will dismiss students gradually to maintain 6 foot distancing which will allow parents to do the same when waiting at the door. **WEAR YOUR MASKS!**

19. Please notify SheLor School of Dance immediately if you have been exposed to COVID-19 or have any concerns related to exposure.

I have read this entire form and understand what to expect when arriving for classes at SheLor School of Dance until further notice.

Signature: _____ Date: _____



Fall Reopening Plan

SheLor is reopening for the 2020-2021 dance year. We are committed to providing a safe and healthy environment for your children! SheLor will continue to monitor the COVID-19 situation and adjust the protocol based on state guidelines if it worsens. We do have a virtual dance plan in place. The current dance plan is 1) EVERYONE IN-PERSON. If this changes, you will be notified. See phases below.

1. EVERYONE IN-PERSON

- a. If the COVID-19 situation **does not worsen**, everyone will continue in person classes **WITH** safety precautions in place (screening, hand washing, masks, social distancing). Please read Pgs. 3-4 above to see our Pre-screen COVID-19 Protocol and Guidelines.
- b. Studio 1 and Studio 3 will **ONLY** enter through the main entrance. Studio 2 will **ONLY** enter through the Studio 2 exit/side door. Class times will be offset by 10 minutes in order to avoid overlap between Studio 1 and Studio 3.
- c. Upon registration, students will be assigned to Studio 1, 2, or 3.
- d. Please refer to our schedule on the website for your assigned studio. If this changes, you will be informed.
- e. Please arrive with your screening form printed out and signed before class in order to save time.
- f. Also, remember to **SOCIAL DISTANCE** in the parking lot. Please remain in your car until the screening line of people is decreased.
- g. Please arrive early and pickup promptly. If you are delayed, please call the office upon arrival and we will then bring your child to the door for you. No parents will be permitted in the studio unless for special circumstances.
- h. **Monthly Virtual Parent Observation Week:** In-person classes will be virtual once a month to allow parents to have access by way of zoom and observe the child's class. You will be notified by email. See below for protocol.

2. HALF VIRTUAL & HALF IN-PERSON

- a. If the COVID-19 situation **worsens**, the classes will be split in half. Half of the class will attend **in person** while the other half of the class will attend **virtually**. Each week, the groups will **SWITCH** between virtual and in person. Please read Pgs. 3-4 above to see our Pre-screen COVID-19 Protocol and Guidelines.
- b. The virtual and in person groups will be designated if the phase changes. This allows for a smooth transition in case we need to switch throughout the year and as we continue to monitor the situation.
- c. **Steps to Virtual Classroom**
 - i. Recommended devices: iPad, Laptop, phone or smart TV.
 - ii. Prepare an open safe space, dress in dance attire or adaptive clothing.
 - iii. The Class Schedule will remain the same as in-person classes and be listed on the Website: www.shelorschoolofdance.com
 - iv. Connecting to your virtual classes: check your email for the links. The meeting IDs and passwords will remain the same for each day of the week. For example, all Monday classes will have the same meeting ID and password, but will be different from Tuesdays' meeting ID and password.
 - v. Create a Zoom account by downloading from the APP store to the device you want to use for the virtual classes. Pick the APP that says ZOOM Cloud Meetings; it is free.
 - vi. Create an account by entering your email & a password.
 - vii. You will be sent a confirmation email which you need to click on to activate your account.
 - viii. Once activated open the APP & select "JOIN".
 - ix. Type in the meeting ID found in the email corresponding to the class you want to join or take (again, the meeting ID is in your initial email).
 - x. It will then prompt you to type in the password corresponding to the meeting ID. Once entered, you will be able to join the meeting. The password will remain the same each week.
- d. Tuition will remain the same even if the COVID-19 phases change.

3. ALL VIRTUAL

- a. If the COVID-19 situation **worsens**, you will be notified that **EVERYONE** will go virtual via ZOOM. We understand that virtual learning is not the same as in person learning. However, we are committed to continue supporting and providing the best dance education we can to your children.
- b. **Steps to Virtual Classroom**
 - i. Recommended devices: iPad, Laptop, phone or smart TV.
 - ii. Prepare an open safe space, dress in dance attire or adaptive clothing.
 - iii. The Class Schedule will remain the same as in-person classes and be listed on the Website: www.shelorschoolofdance.com
 - iv. Connecting to your virtual classes: check your email for the links. The meeting IDs and passwords will remain the same for each day of the week. For example, all Monday classes will have the same meeting ID and password, but will be different from Tuesdays' meeting ID and password.
 - v. Create a Zoom account by downloading from the APP store to the device you want to use for the virtual classes. Pick the APP that says ZOOM Cloud Meetings; it is free.
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 - ix. Type in the meeting ID found in the email corresponding to the class you want to join or take (again, the meeting ID is in your initial email).
 - x. It will then prompt you to type in the password corresponding to the meeting ID. Once entered, you will be able to join the meeting. The password will remain the same each week.
- c. Tuition will remain the same even if the COVID-19 phases change.

Tips for Filtering Emails

See the links below! We have created tutorials on how to filter your emails in case your inbox is getting crowded and full.

1. How to Filter in Outlook
 - a. https://youtu.be/nc_YhGMTlpI
2. How to Filter in Gmail
 - a. <https://youtu.be/gGpoSqds9I>

Also, if your email is beginning to get full, consider creating a Microsoft word document where you can copy and paste the links from your email. Just be sure to label each link in the document. This way, you can delete your emails and save space.

I have read the Fall Reopening Form and understand what to expect for classes and agree with SheLor School of Dance's reopening plan for the 2020-2021 dance year.

Signature: _____ Date: _____

RELEASE OF LIABILITY FOR MINOR PARTICIPANTS

IN CONSIDERATION OF my child/ward (Print Name of Minor/Child) _____

being allowed to participate in any SheLor School of Dance Studio (“Releasee”) related events and activities, the undersigned acknowledges, appreciates, and agrees that:

The risks of injury and illness (ex: communicable diseases such as MRSA, influenza, and COVID-19) to my child from the activities involved in these programs are significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce these risks, the risks of serious injury and illness do exist; and,

1. FOR MYSELF, SPOUSE, AND CHILD/WARD, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, even if arising from the negligence of the releasees, or otherwise, and assume full responsibility for my child’s participation; and,
2. I willingly agree to comply with the program’s and releasee’s stated and customary terms and conditions for participation. If there is any concern in my child’s readiness for participation and/or in the program itself, (such as symptoms of communicable diseases, e.g. fever, cough, chills, sore throat, fatigue, as well as similar symptoms being exhibited by immediate family members and/or close contacts) I will remove my child from the participation and bring such attention of the nearest releasee’s representative (SheLor Staff member); and,
3. I myself, my spouse, my child, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS SheLor School of Dance, its directors, officers, officials, agents, employees, volunteers, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the participation WITH RESPECT TO ANY AND ALL INJURY, ILLNESS, DISABILITY, DEATH, or loss or damage to person or property incident to my child’s involvement or participation in these programs, arising from the negligence of the releasees or otherwise, to the fullest extent permitted by law.
4. I, for myself, my spouse, my child, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

I, FOR MYSELF, MY SPOUSE, AND FAMILY, HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child’s/ward’s presence or participation in these activities as provided above, even if it arises from their negligence, to the fullest extent provided by law.

Print Name of Child/Ward: _____

Print Name of Parent/Guardian: _____

Parent/Guardian Signature: _____

Date Signed: _____

Below are screening questions that you will be asked to print out and bring to class each week!!!

COVID-19 Pre-Screen Questionnaire

1. Have you or anyone in your family traveled within the last 4 weeks internationally or out of state?
YES or NO –
If yes, to which area(s)? _____
2. Have you or anyone in your family had contact with anyone suspected to have COVID-19 or that has symptoms of COVID-19 in the last few weeks? YES or NO
3. Have you or anyone in your family had any of the following symptoms in the last 2 weeks? (If yes, please select) -
 - Fever in last 2 weeks? (99 degrees & up) Loss of taste or smell
 - Cough Muscle Pain
 - Headache
 - Repeated shaking with Chills Sore Throat
 - Chills Diarrhea
 - Shortness of Breath/difficulty breathing
 - Known close contact with a person who is lab confirmed to have COVID-19
4. Have you or your children had any other upper respiratory system complications or symptoms in the last few weeks? YES or NO
If yes, please explain: _____
5. Have you or anyone in your family tested positive for COVID-19? YES or NO If yes, are you completely recovered and completed a 14-day quarantine? YES or NO If Yes, please bring a copy of your Doctor's release/recovery documentation.
6. Do you or anyone in your family have immunosuppression? YES or NO
If yes, name of person (s) who is immunosuppressed _____

I have answered all questions honestly and to the best of my ability.

Full Name: _____ Date: _____

I understand that I am choosing to come in for elective dance classes for my child/ children.

By coming in for classes I understand that I am doing so at my own risk and will not hold SheLor School of Dance, any of its employees or affiliates liable for contraction of any illnesses.

Signature: _____ Date: _____