**Summer/Fall Registration Protocol 2020-2021**

SheLor School of Dance will follow CDC & WHO guidelines and follow policy changes ongoing. We have been working diligently to implement health procedures and guidelines to be able to provide the safest environment for our dance students. This plan requires the personal responsibility of ALL SheLor staff, parents & students to ensure that everyone will be safe. We hope that you will adhere to these practices and take these precautions seriously.

# COVID-19 Pre-Screen Protocol/Guidelines

SheLor welcomes you back into the studio and is happy to be serving your children in dance! During this time, we are following CDC and Federal Government guidelines to start operations again. Please note our updated guidelines for when coming to your child’s class. We appreciate your understanding and compliance of these new protocols.

Please bring your COVID-19 Pre-Screen Questionnaire, Protocol/Guideline, and Release of Liability sheets with you to your class already filled out and signed. This will help us stay on time for everyone’s classes. **Remember to record your child’s temperature at home!**

1. Entrances to the dance building will be designated based on what studio your child will dance in. Once everyone is registered, you will be informed of what studio your child is placed in. We will then ask you to walk your child to the outdoor entrance designated to maintain social distancing and avoid crowding.
2. All students will hand sanitize upon entering the studio & exiting the building (we will have hand sanitizer in waiting rooms & dance rooms but we also ask they students carry their own if able to use). If your child is sensitive to hand sanitizer, they have the option of washing their hands in the bathroom upon entering and exiting the building.
3. Students are asked to use the bathrooms only if necessary (**this should minimize breaks)**. They will not be used as changing rooms so please come to dance dressed in your dance clothes. We ask that students come dressed, bring minimal extra clothing & all items brought must be kept in their dance bag, including a drink that is leak proof, disposable, no refilling of water bottles, dance bags will be kept zipped at all times and in cubbies. No sharing of cubbies, and cubbies will be cleansed per protocol EPA regulated cleaning solution between student use.
4. With 6 feet social distancing and minimizing group settings still in effect, we will not be letting anyone use the waiting area during this time. Parents and family will be asked to wait outside or in their car. **(We will call your cell number or you may call the studio phone number for any needs)** *\*Special circumstances are honored with a phone call to discuss.*
5. Please be courteous and arrive to your class early so that we may meet your child at the door and gather your signed paperwork. **(Students will be let in one at a time while maintaining 6 feet distancing. Please remain 6 feet behind other students as you wait for your turn to enter; we will prompt you)**
6. When you arrive at the studio, a SheLor School of Dance Staff Member with a mask will take your signed forms. Remember to record your child’s temperature before coming to your class. Anyone with an elevated temperature of 100 degrees or higher will not be able to participate in class for that day.
7. Students & Parents must wear masks while being screened & until student has placed their bag and prepared for class. Students may wear mask for class or part of class (it is your choosing), but at least 6ft distancing will be maintained depending on the skills they are executing.
8. Students will enter with masks and be directed to their cubby to secure their dance bag. (please have 2 grocery bags for street & dance shoes to keep in their dance bag).
9. Students will take out their dance shoes they need for class, carry them to the entrance of the room they are assigned to, and put them on just before entering. Their teacher will let them into their class. **(Students will dance as groups in shoes at all times)**
10. We ask that students wipe their dance shoes at home with a Clorox wipe or disinfecting solution (EPA cleaner) & keep them in a grocery bag inside of their dance bag in preparation for their next class.
11. All interior doors will be open at the beginning of class to reduce touchpoints. Then, the teacher will close the door and open on dismissal.
12. Students are asked to carry a new disposable water bottle with them in the dance room, sealed. **(Students will only be asked to bring what is necessary into the dance room. Any breaks needed will be taken in the studio room)**
13. Please note that we will **NOT** be requiring students to wear masks, as the athletic nature of dance and acro-tumbling elevates heart rate and breath rate in such a way where obstructing oxygen pathways could lead to hyperventilation or other more serious medical trauma. **Masks are of your personal choosing.**
14. Within the studios, 6ft distancing tape will be marked in all studios. SheLor will maintain 6ft distancing between students whether at the barre, dance floor, or individual dance mats **(students may be asked to purchase and bring their personal yoga mat to class)** Class protocol will be individualized based on the level and number of students. Teachers will be creative in class structure to maintain safety.
15. Students will take shoes off after their class just outside of the dance room. Then, they will secure items in their dance bag, zip it closed, and exit to their designated pick-up. **Note: Students will exit the SAME doors they entered for their class. We expect parents to be in the parking lot for younger students. Parents should maintain distancing as each student exits.**
16. Students will be kept in the same dance studios, but dance floors will be cleaned between classes for changed dance groups. They will also be cleaned prior to each day’s opening.
17. As of now, there will be no physical contact during teaching until COVID-19 restrictions are lessened.

**I have read this entire form and understand what to expect when arriving for classes at SheLor School of Dance until further notice.**

Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Below are screening questions that you will be asked to print out and bring to class each week!!!

# COVID-19 Pre-Screen Questionnaire

1. Have you or anyone in your family traveled within the last 4 weeks internationally or out of state? YES or NO –

If yes, to which area(s)?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Have you or anyone in your family had contact with anyone suspected to have COVID-19 or that has symptoms of COVID-19 in the last few weeks? YES or NO

1. Have you or anyone in your family had any of the following symptoms in the last 2 weeks? (If yes, please select) -
   * Fever in last 2 weeks? (99 degrees & o Muscle Pain

up) o Loss of taste or smell o Cough o Headache

* + Repeated shaking with Chills o Sore Throat
  + Chills o Diarrhea
  + Shortness of Breath/difficulty breathing
  + Known close contact with a person who is lab confirmed to have COVID-19

1. Have you or your children had any other upper respiratory system complications or symptoms in the last few weeks? YES or NO

If yes, please explain:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Have you or anyone in your family tested positive for COVID-19? YES or NO If yes, are you completely recovered and completed a 14-day quarantine? YES or NO If Yes, please bring a copy of your Doctor’s release/recovery documentation.

1. Do you or anyone in your family have immunosuppression? YES or NO

If yes, name of person (s) who is immunosuppressed

**I have answered all questions honestly and to the best of my ability.**

Full Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**I understand that I am choosing to come in for elective dance classes for my child/ children.**

**By coming in for classes I understand that I am doing so at my own risk and will not hold SheLor School of Dance, any of its employees or affiliates liable for contraction of any illnesses**.

Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**RELEASE OF LIABILITY FOR MINOR PARTICIPANTS**

IN CONSIDERATION OF my child/ward (Print Name of Minor/Child)

being allowed to participate in any SheLor School of Dance Studio (“Releasee”) related events and activities, the undersigned acknowledges, appreciates, and agrees that:

The risks of injury and illness (ex: communicable diseases such as MRSA, influenza, and COVID-19) to my child from the activities involved in these programs are significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce these risks, the risks of serious injury and illness do exist; and,

1. FOR MYSELF, SPOUSE, AND CHILD/WARD, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, even if arising from the negligence of the releasees, or otherwise, and assume full responsibility for my child’s participation; and,
2. I willingly agree to comply with the program’s and releasee’s stated and customary terms and conditions for participation. If there is any concern in my child’s readiness for participation and/or in the program itself, (such as symptoms of communicable diseases, e.g. fever, couch, chills, sore throat, fatigue, as well as similar symptoms being exhibited be immediate family members and/or close contacts) I will remove my child from the participation and bring such attention of the nearest releasee’s representative (SheLor Staff member); and,
3. I myself, my spouse, my child, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS SheLor School of Dance, its directors, officers, officials, agents, employees, volunteers, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the participation WITH RESPECT TO ANY AND ALL INJURY, ILLNESS, DISABILITY, DEATH, or loss or damage to person or property incident to my child’s involvement or participation in these programs, arising from the negligence of the releasees or otherwise, to the fullest extent permitted by law.
4. I, for myself, my spouse, my child, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

**I, FOR MYSELF, MY SPOUSE, AND FAMILY, HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

**This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child’s/ward’s presence or participation in these activities as provided above, even if it arises from their negligence, to the fullest extent provided by law.**

Print Name of Child/Ward:

Print Name of Parent/Guardian: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date Signed: