2026
ANNUAL REPORT



maison LI·BER·T house

Onward & Upward !!

☑ Purchased our first property
☑ Achieved full certification

LI-BER-T House respectfully acknowledges that we are located on unceded traditional Kanien’kehá:ka territory and we honour the traditional lands of the Haudenosaunee Confederacy, Huron/Wendat, Abenaki, and Anishinaabeg and Kanien’kehá:ka.

As part of the calls to Action put forth by the Truth and Reconciliation Commission, we are committed to addressing and remedying injustices caused by colonization by providing culturally safe spaces for Indigenous women and supporting them on their healing journey.



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About Us

LI-BER-T House is a registered charitable organization committed to helping women in recovery find their rightful and productive place in society.

From grassroots and peer-to-peer initiatives to our first brick-and-mortar facility, LI-BER-T House is building better communities.

Mission

The LI-BER-T House mission is to alleviate poverty and homelessness for women completing substance abuse treatment (rehab for drugs/alcohol aka addiction), by offering a safe housing option, and providing the tools necessary to empower them to become self-sufficient through learning, leadership, companionship, and service. We also offer external consultations for women who have a safe place to live but could benefit from our reintegration services.

Why this is important

Quebec currently has no facilities offering the services available at LI-BER-T House, for women recovering from addiction. The rate of successfully improving the lives of women re-entering society post-treatment is greatly enhanced with aftercare and reintegration programming (services offered at LI-BER-T House).

Without our facility, many women will end up trapped in the vicious cycle of poverty, addiction, toxic relationships, unemployment, criminality, and homelessness, and are at risk of becoming fatalities. Women with nowhere safe to go after completing rehab are ten times more likely to end up on the street, in prison or to return to treatment within a year. This cycle is often referred to as the ‘revolving door’ syndrome.

LI-BER-T House is a vital component in improving women's chances of overcoming the dangerous lifestyle that accompanies addiction and putting a stop to the ‘revolving door’. The spaces we reserve for Indigenous women, and our partnering with Indigenous-led organizations specializing in treatment, healing, social work, and para-judicial services, fill an important void for this population as well.



A message from the Executive Director & President

Fiscal year 2025 was powerful for LI-BER-T House. We once again exceeded our own expectations in terms of programming, activities, number of clients served, and of course most especially, we moved into our new home. Our Indigenous component has also grown, and we served more Indigenous women in 2025 than we have since opening our doors. We recently obtained full RHD certification (ressource d'hébergement en dépendance) and Canada accréditation, which means that we meet the standards of care for our residents and staff and ensures that our facility complies with the safety regulations required by law. A very interesting turn of events took place this year enabling us to narrow down our focus and list LI-BER-T House as a 12-step focused facility. The 12-step fellowships are free; they are available all over the world and they help millions of people maintain sobriety long-term. There are plenty of meetings in the West Island and the larger Montreal community as well. Our clients will be members of these group meetings and access the program as soon as they arrive at our facility. They can choose which one they will attend – AA, CA, NA, MA, etc. making an enormous difference in long term success for our clients especially once they move out.

LI-BER-T House would not be able to achieve its mission were it not for the support of its cherished partner-organizations. Our relationship with Concordia University continues to grow and thrive. We provide research and hands-on learning opportunities for students planning to work in the community sector and have been host to a very special intern for the past 2 semesters, Fatima, who collaborates on different events and activities. Fatima will be the newest employee of LI-BER-T House and we'll be hosting a new intern in the fall of 2026. Pointe-Claire Sports and Leisure Department has again allocated complimentary passes for our residents. Multiple partners work with us every day so that we offer the best services possible, too many to name here – we appreciate all of you!

The challenges our clients face daily can sometimes feel overwhelming, especially in the early part of their community re-entry. Being at LI-BER-T House helps them manage daily challenges without worrying about a roof over their head. With staff available 24/7 to support, guide and offer solutions, their lives are improving each day as they strive to reach their goals. But there is always the matter of where they will live once their relapse prevention is solidified and they have a stable revenue, when they're ready to move on to the next phase of their journey. We've come up with a 'band aid' short-term solution that merits applause; leased apartments to be rented to LI-BER-T alumni. Their roommates are other LI-BER-T women in the same phase of their amazing wellness journey. The benefits are numerous and the feeling of accomplishment for our alumni is invaluable. However, this is not the end-all be-all solution long-term. A conversation for another day (maybe next year?) will be about affordable apartments for our clients where they can live in their own place, with their kids if they have kids, and where they can be completely independent and thrive; with on-going support from LI-BER-T as needed. We are looking closely at this option and hope to make affordable apartments available to our clients soon. More news to come on this exciting future goal.

A difficulty has come up repeatedly regarding the well-being of our clients in their early days with us; the 'deadtime' between community re-entry and becoming productive. This time can become a burden in more ways than one - overthinking, boredom, feeling useless/unproductive. In the end, this 'deadtime' can lead to relapse if we're not vigilant, if we can't find creative and healthy ways to keep our clients busy. There is no clear path in this area. An option that would be available and obligatory for each client, if they're not employed or in school, would be ideal. Recently, I met up with an organization from Toronto that offers an 8-week orientation program that would be a perfect fit for our client population. Through our financial partner, Pathy Family Foundation, we have connected with them and will be working on a collaboration to offer this program in the West Island community so that not only our clients, but other people, can benefit from it. More news to follow in the next few months.

To conclude, the LI-BER-T House team is feeling accomplished, and we are extremely grateful to all our board members, employees, interns, funders, volunteers, and partners, with a special acknowledgement of Andy's House Treatment Center, who have once again been key to our success with their experience, wisdom, and overall support. As we continue to grow and evolve, the enormous generosity of our donors, longstanding and new, has been indispensable in our decision to move forward with the purchase of our own house. We do what we say and say what we do -– with full transparency. In terms of personal growth, I have completed my certificate in addiction intervention from the Université de Sherbrooke in the fall session.

Without all of You there would be no Us.

Liane Beers



"Congratulations to Liane and her team for all the amazing work that they do at LI-BER-T House and the positive impact they make in the community. This last year has been very exciting and I look forward to the future of LI-BER-T House and all it has to offer."

Marla Newhook, President, Board of Directors

Housing & Consultation Programs

How it Works

LI-BER-T House services are available to women who have no safe housing alternative after completing a substance abuse treatment program. At the same time, we offer external consultation services to women who have a safe place to live but wish to reinforce their sobriety with guidance, support and referrals geared specifically to their needs. Each client is eligible for six to nine months of housing as long as they remain abstinent from drugs/alcohol, pay their monthly stipend, and actively participate in back to work/back to school programs. They share a kitchen, a bedroom, and common areas with the other residents.

Services Provided

LI-BER-T House offers mentoring, community resource support, and tailored services and programs to meet the specific needs of each client. Residents navigate life's ups and downs while staying at LI-BER-T House, with access to resources that are essential in delivering long-term success – life coaches and mentors who are recovered addicts/alcoholics. Our residents create their own schedule each week, and our staff oversees the implementation of their schedules, while an addictions counsellor oversees their relapse prevention plan.

Indigenous-created and run organizations such as Native Montreal, Onen'tó:kon Healing Lodge, PAQ (Projet Autochtone du Québec) and KSCS (Kahnawake Shakotiia'takehnhas Community Services) interact with our Indigenous clients to ensure access to cultural activities and support.

Recreation, Health and Wellness: complimentary passes to sports and leisure activities from Pointe-Claire (gym, pool, group activities); Monthly group outings:

Staff: around-the-clock availability; always someone to talk to; safety when clients are sleeping; ensures the smooth running of the house at all times;

Addiction & Treatment Services: relapse prevention plans based on proven methods; mentorship program (recovered addicts/alcoholics helping new residents); addiction counsellor available for consultation as needed;

General Wrap-Around Support: connections with our local CLSC; referrals to community services and organizations (physical/mental health, career orientation, back to school guidance, free legal services – among many others); aftercare services for life where clients can always call us for referrals or guidance;

Mental Health Support Services: Some of our partners in the community: 1. CLSC Pierrefonds and Lac St Louis adult mental health services; 2. Adult Addiction and Mental Health – West Island CIUSSS ; 3. West Island Crisis Center; 4. Aire Ouverte; 5. Les Amis de la Santé Mentale; 6. AJOI (Action Jeunesse Ouest de L'ile); 7. Community Perspective in Mental Health; 8. Equipe Entreprise.

The Empowering 6 Step Program is an important tool:

STEP 1 Relapse prevention: Reinforce relapse prevention strategies with evidence-based practices, continue to use tools learned in treatment, create strategic plan. Participation in the 12-step recovery programs.
STEP 2 Personal development: Equip clients with practical skills for daily living and provide a safe space for emotional expression and healing, conflict resolution, communication.
STEP 3 Professional/vocational development: Empower and equip clients with the skills, knowledge and confidence to pursue and succeed in meaningful employment or return to school.
STEP 4 Interpersonal skills: Participation in groups (aftercare groups, family activities, 12-step groups, etc.), social contexts, Pointe-Claire sports and leisure activities.
STEP 5 Community involvement: Foster a sense of belonging and mutual support. Group outings, financial budgeting, and team-building exercises. Community involvement – volunteering, employment, housing searches.
STEP 6 Independent living and transition: Post-housing follow-up approach. Help with independent living, follow-up according to client's needs (lifetime if necessary).

2025: Year Four – How We're Doing

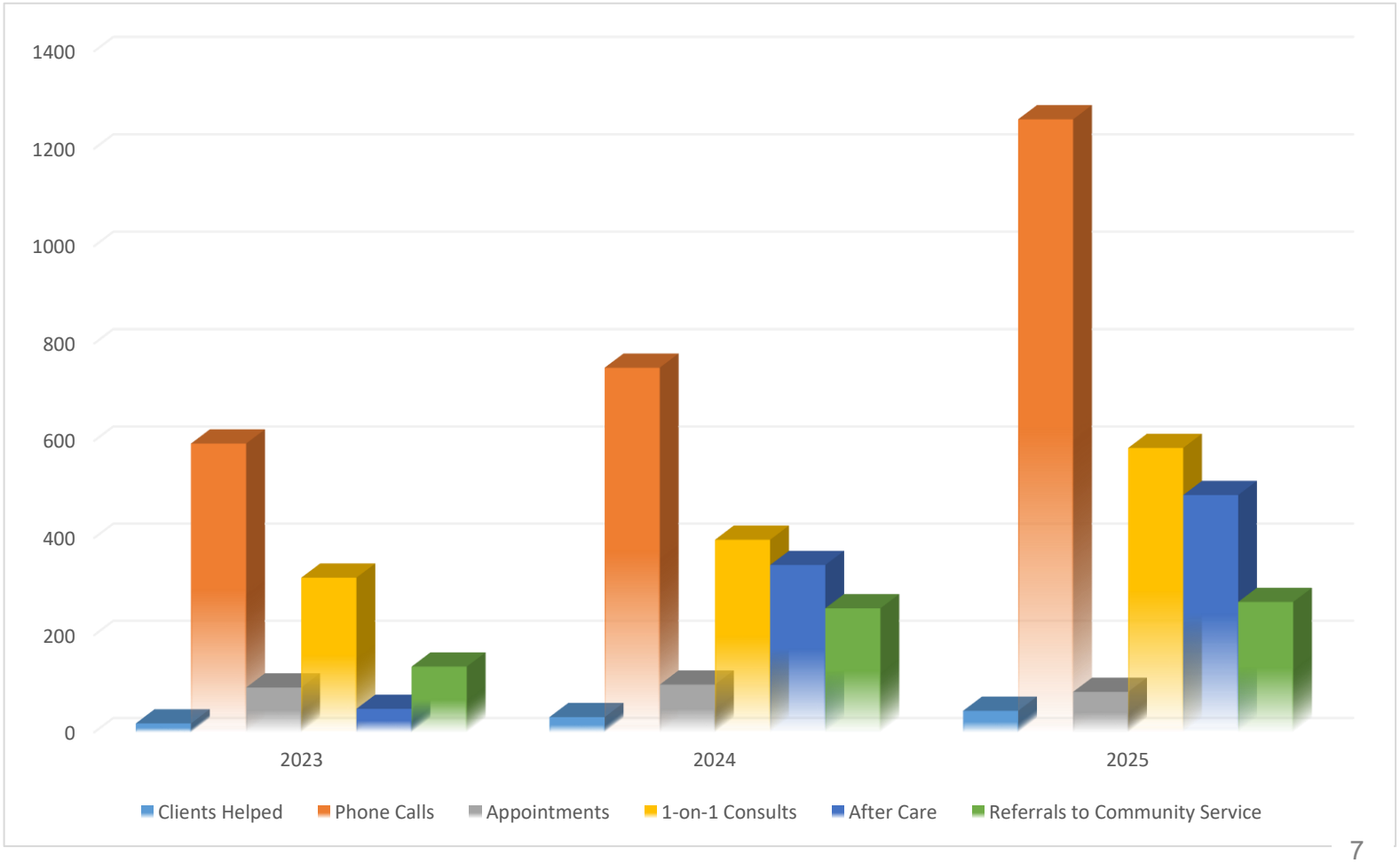
- 44 Clients: Housed 18 women and supported 26 external
- Received 1,260 phone calls
- Accompanied women to 83 appointments
- 585 one-on-one consults
- Touched base 488 times with graduates (after-care)
- 268 referrals to community services
- Completed 40 evaluations
- Assisted in 5 crisis interventions

66% of graduates are settled in their own space and are staying healthy

Who were our clients:

- 70% 18 to 35 years old
- 40% Indigenous
- 10% Black
- 40% White
- 10% French as first language

Snapshot of Year-Over-Year Performance



2025: Exit Evaluations

Based on a 5-point scale, 5 being excellent, here are the LI-BER-T House average scores by question type for 2025.

Overall score of 4.8

- Reception on arrival 5.0
- Respect for your rights 5.0
- Services your received 5.0
- Staff 5.0
- Administration 5.0
- Achieving your goals 4.3
- Preparation for discharge 4.7
- Facilities & premises 5.0
- The atmosphere 4.0

Comments of interest:

- "There should be community meals once a week."
- "Maybe more mental health support was needed, but otherwise it was a lovely stay."
- "Very grateful for having a roof over my head and 24-hour care and support, it helped support open-mindedness, structure and discipline, and I felt blessed."

Major Milestones in 2025

- Moved to our new house – space to house up to 9 women simultaneously;
- Passed inspection from Canada Accreditation and Santé Québec – officially certified;
- Partnered with several Indigenous led organizations, enhancing our Indigenous component;
- Admitted a higher number of women to our shelter component;
- Staff & volunteers completed trainings: suicide risk, CPR and food safety;
- Orientation manual created for staff, volunteers, interns;
- Continuously working with Concordia interns providing real-world experience;
- Secured Sports and Leisure complimentary passes from City of Pointe-Claire;
- Monthly group activities including horseback riding, roller skating, spa day, ceramic café, movies, bowling, escape room, kayaking, beach picnic
- Built important and beneficial relationships with many different organizations;
- Increased our revenue to meet the larger budget expenses

Moved into our new home on July 24, 2025



Testimonials

“I didn’t plan on yet another relapse. I definitely did not expect to have the disease of addiction take over my life yet another time; destroying every bit of faith, hope, and strength I thought I had. I honestly didn’t think I could get sober again. When I called Liane saying I was ready to try again, looking for support and refuge she was there and ready to help! I didn’t plan on ending up homeless, with 2 weeks of abstinence under my belt and no friends or family to take care of me anymore at my young age of 18. Thank God for a woman (Liane) who saw my strength, resilience and willingness when I could not; who supported and believed in me. I attended 12 step meetings daily, sought outside help and did everything I could to stay safe, positive and sober. Finally I was welcomed to LI-BER-T House; a warm place to call home, with a safe space for me and my belongings to stay, a community of women that brings comfort, understanding and support, a necessary structure and healthy routine and even opportunities of guidance, education and growth. All vital for me to have success in building up a clean and sober life for myself. Most importantly LI-BER-T House has helped me get back what I had lost; faith in God, hope for my future and strength to face life head on, one day at a time! I didn’t plan on coming to LI-BER-T House, but I can’t ignore the fact that without it I have no idea where I would be, if I would even be sober or if I would even be alive at the rate I was going; LI-BER-T House has helped save my life.” - Kayden - March 2026

“After struggling for years trying to stay sober, I knew I was going to need some extra help, and LI-BER-T House provided exactly that. My time there gave me stability and support during a crucial stage of my recovery, and being surrounded by other women who understood what I was going through helped me stay motivated and committed to positive change. When I felt ready, Liane helped me find my own place so I could start living more independently. Thanks to the resources and guidance LI-BER-T House provided, I now have many more positive things going on in my life. I have struggled a bit since leaving, but I’m learning how to navigate the challenges that come with living on my own and how to build a healthy life. It means so much to know that LI-BER-T House continues to offer support, and that they are there for me whenever I need it. I’m so so grateful for everything they’ve done for me and the role they’ve played in helping me move forward!” - Maddy - March 2026



“Working at LI-BER-T House has given me the opportunity to apply psychological theory in a meaningful, community-based support setting. While I do not provide therapy, this internship has allowed me to translate my academic training into practical skills such as active listening, emotional regulation, and de-escalation. During my shifts, I am often the primary staff member present and the first point of contact when tensions or concerns arise in the house. In these moments, I have learned to think on my feet and respond with calmness, clarity, and resourcefulness. Facilitating workshops and group activities has strengthened my leadership and communication skills. It has also taught me how to create spaces that feel safe and engaging. Over time, building rapport and trust with residents has shown me how important consistency and presence are in supportive environments. This experience has deepened my confidence and strengthened my commitment to trauma-informed support work.” – Fatima - March 2026

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Thank You!

The generosity of our financial contributors, their belief in our mission, and their ongoing support, have been the catalysts for our growth and vitality. Without You there is no Us!

Financial Partnerships

- Bell Canada – Bell Let's Talk
- Chamandy Foundation
- Community Foundation Canada
- Eric T. Webster Foundation
- George Hogg Family Foundation
- Hockey Helps the Homeless
- Holt Foundation
- Hydro Quebec
- Hylcan Foundation
- J. A. DeSève Foundation
- Louise and Alan Edwards Foundation
- Pathy Family Foundation
- PME Montreal – West Island branch
- West Island Community Shares (W.I.C.S.)

Special acknowledgment of the generous contributions…... Thank you as well to the financial contributors and private citizens who wished to remain anonymous.

Community Partnerships

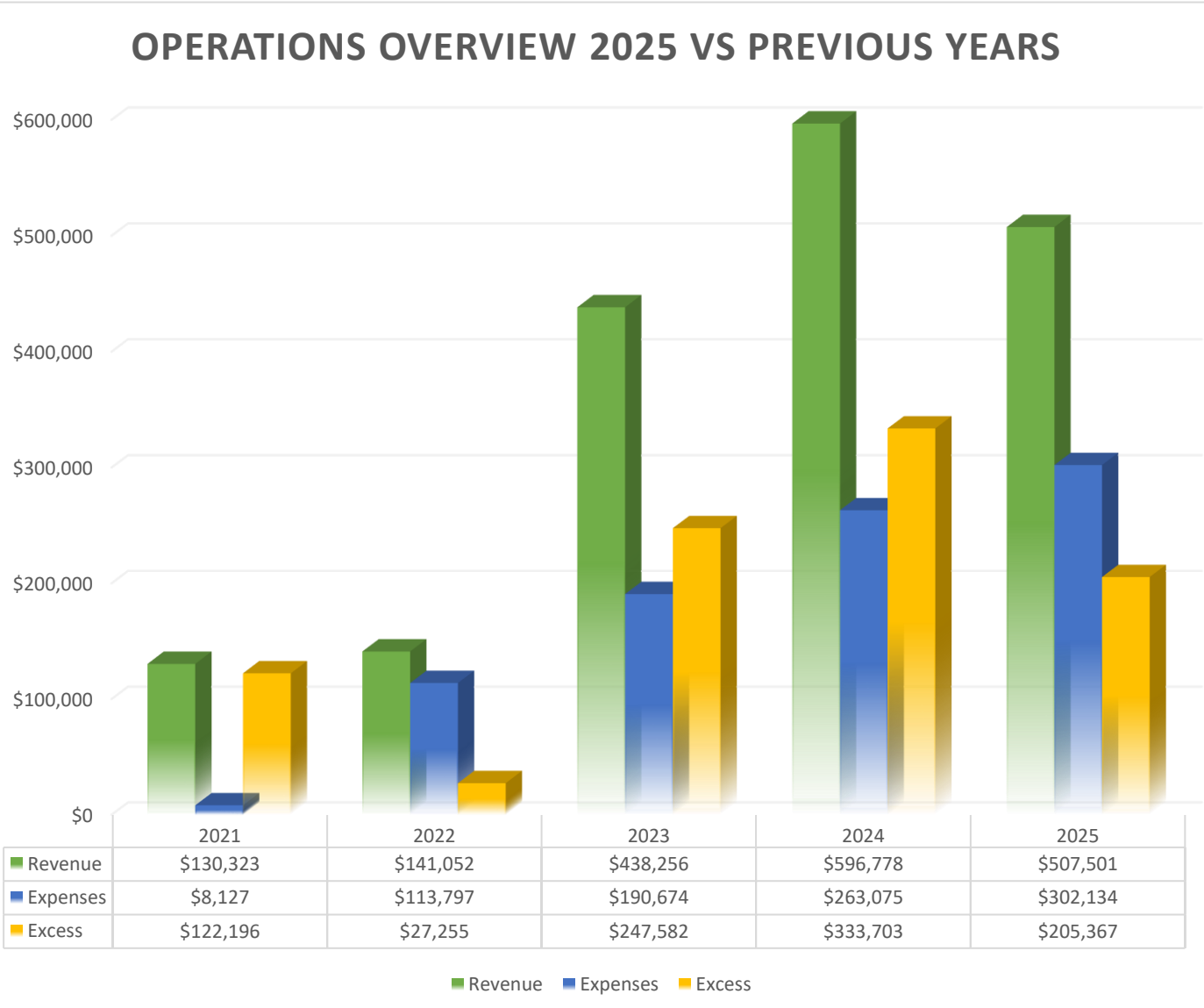
Thank you to the following community organizations and individuals. Their expertise, guidance and mentorship have made the world of difference.

- Sophie McCann for her implication at LI-BER-T House and all her help f
- Mike Weston and Andrea Hayden from Andy's House
- Pro-Inspexx who did our home inspection for free
- Pointe-Claire/Dorval snow removal – free 2025 to 2026 winter/summer season
- Concordia University through the SHIFT centre for Social Transformation and Felice Yuen in the Applied Human Science Department
- W.I.C.S. (West Island Community Shares), A.J.O.I. (Action Jeunesse Ouest de L'ile), CRC West Island, Beyond Meals (formerly Équipe Entreprise)

Financial Review

Following our fourth full year of operations offering safe housing and support services, LI-BER-T House's finances remain very healthy. Our revenues have increased substantially over the past few years, allowing us to offer a higher level of service to our clients. In addition, in 2025 we purchased a residence to house our operation. Having our own house increases our capacity to shelter women and ensure the long-term stability of our organization.

We opened the year with an accumulated surplus of $739,341, raised and collected $507,501 during the year, and after allowing for expenses of $302,134, added $205,367 to our accumulated surplus at the end of the year, which now stands at $944,708. This includes $449,622 set aside for our mortgage, the supervised apartment, and a psychologist.



	2021	2022	2023	2024	2025
Revenue	$130,323	$141,052	$438,256	$596,778	$507,501
Expenses	$8,127	$113,797	$190,674	$263,075	$302,134
Excess	$122,196	$27,255	$247,582	$333,703	$205,367

Financial Statements

OPERATIONS
For the year ending December 31, 2025

	2025 $	2024 $
REVENUE		
Donations and grants	**473,444**	570,908
Rent collected	**19,347**	12,269
Interest income	**14,444**	13,102
Miscellaneous	**267**	499
	507,501	596,778
EXPENSES		
Salaries and employee benefits	**220,845**	202,394
Program cost	**11,542**	9,735
Consultants	**-**	302
Advertising and promotion	**1,062**	1,863
Professional fees	**1,725**	1,035
Rent	**21,115**	35,135
Utilities	**4,527**	3,091
Office	**1,544**	549
Insurance	**6,470**	5,037
Memberships	**356**	269
Education and training	**222**	294
Interest and bank charges	**617**	74
Travel expenses	**1,582**	2,325
Property taxes	**2,189**	-
Mortgage interest	**9,761**	-
Repair and maintenance	**3,885**	-
Amortization of capital assets	**14,692**	-
Miscellaneous	**-**	972
	302,134	263,075
EXCESS OF REVENUE OVER EXPENSES	**205,367**	333,703

Financial Statements

CHANGES IN FUND BALANCES
For the year ending December 31, 2025

	2025 $	2024 $

	Operating Fund $	Restricted Fund $	Total 2025 $	Total 2024 $
BEGINNING OF YEAR	**344,719**	**394,622**	**739,341**	405,638
Excess of revenue over expenses	**150,367**	**55,000**	**205,367**	333,703
	495,086	**449,622**	**944,708**	739,341
Interfund transfer (Note 4)	**449,622**	**(449,622)**	**-**	-
END OF YEAR	**944,708**	**-**	**944,708**	739,341

3. CAPITAL ASSETS

	2025 $	2024 $
Land	**323,200**	-
Building	**568,996**	-
Furniture and equipment	**2,336**	2,336
	894,532	2,336
Accumulated amortization		
Building	**14,225**	-
Furniture and equipment	**467**	-
	14,692	-
	879,840	2,336

4. RESTRICTED FUND AND INTERFUND TRANSFER

In 2024, The organization's Board of Directors established an internally restricted fund for the purpose of purchasing a residence to house the organization's operations and activities. During the year, $ 449,622 was transferred from the internally restricted fund to the unrestricted fund following completion of the purchase. In the prior year, a total of $ 394,622 was allocated to the restrictive fund, reflecting board decisions and donor wishes.

Leadership Team

Executive Director



Liane Berry is the driving force behind LI-BER-T House. She is an award-winning community leader, celebrated author, recovering drug addict, and rehabilitated former repeat criminal who has been completely abstinent beginning May 1st, 2014. Since that time, she has been active in recovery circles helping countless women stay clean and sober and is a sought-after motivational speaker. Until December 2021, Liane was employed at the Portage Treatment Center in Montreal as a substance abuse counselor. Please visit her website lianeberry.ca if you'd like to learn more.

Board of Directors



Marla Newhook, Director
Marla has dedicated most of her life to community work from a volunteer to Executive Director and has worked in the non-profit sector for more than 20 years. She currently works at Batshaw Youth and Family Centres as the Indigenous Consultant, helping Indigenous families and children navigate life's challenges. Her proudest accomplishment is her two children.



Victoria LeBlanc, Secretary
Victoria is a writer, curator and artist with over 35 years' experience in communications and administration in cultural, government and education sectors. She also has extensive experience in the non-profit sector and has served on the Board of Directors of several organizations.



Pierre Collins, Treasurer
Pierre Collins is currently Director, Investments for the Lucie et André Chagnon Foundation, one of Canada's largest private foundations. He has prior experience in business development, client service and manager research in the offering of various investment products and consulting services. In addition, he is a CPA and is both a CFA Charterholder and CAIA Charterholder. He is also a member of the Lakeshore General Hospital Foundation Investment Committee and is a past Board Member of Volunteer West Island and Hestia House.



Anthony Di Staulo, Director
Anthony is a Montreal based lawyer. As a member of the Québec Bar since 2016, Anthony has worked in many different legal domains including Civil Law, Family Law, Corporate Law, Criminal Law and Transport Law. Anthony has been recognized for competent research and detailed opinion drafting in line with the best practices of the legal profession.



Danielle Lee, Director
Danielle has been working in the Event Marketing industry for the past 18 years with experience in sales, recruiting, HR, training and staff development. One of Danielle's passions is volunteering for the non-profit organization Animatch.

Honorary Members



Sean Berry is an executive management leader with a unique combination of business experience and expertise in the fields of Customer Service, B2B Services and Non-Profit Management. Sean has an extensive volunteering background and has served on numerous Boards and committees. He is currently President at the Electric Boating Association of Canada, and an electric school bus driver.



Susan Doherty is currently Director of Marketing and Product Development in the building products industry with over 22 years of progressive experience. Susan's focus on community has led her to volunteer opportunities with organizations such as Hockey Helps the Homeless and Scouts Canada.

How to Get Involved

Community & Corporate Partnerships

LI-BER-T House welcomes corporate sponsorship and financial contributions. There are a number of ways that corporate and community partners can help:

- corporate & private foundation financial sponsorship;
- marketing, media and promotion & printing products;
- building maintenance supplies & furniture;
- gift donations for fundraising events;
- female & household products.

Volunteers

Volunteers are vital to the ongoing success of LI-BER-T House. If you have a specialization or skill that fits our organization or would like to help in any way, please reach out to us.



CONTACT US

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Visit our website at: www.libert.ca

Maison LI-BER-T House
Maison LI-BER-T House

Opening Hours: Please call or email for an appointment



Registered Canadian Charity Number:
711631911 RR 0001

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