



Welcome
Home!

2021 Annual Report



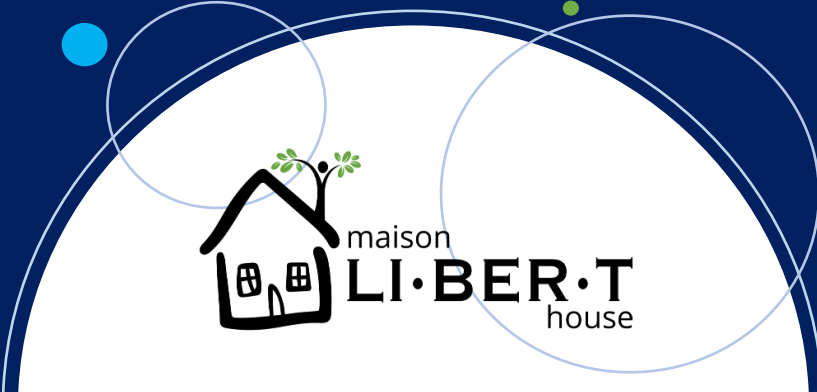
LI-BER-T House respectfully acknowledges that we are located on unceded traditional Kanien'kehá:ka territory and we honour the traditional lands of the Haudenosaunee Confederacy, Huron/Wendat, Abenaki, and Anishinaabeg and Kanien'kehá:ka.

As part of the calls to Action put forth by the Truth and Reconciliation Commission, we are committed to addressing and remedying injustices caused by colonization by providing culturally safe spaces for Indigenous women and supporting them on their healing journey.



Table of Contents

About Us	4
Executive Director's Report	5
Housing & Consultation Programs	6
How to Get Involved	7
Thank You!	8
Financial Statement	9
Leadership Team	10



About Us

LI-BER-T House is a registered charitable organization committed to helping women in recovery find their rightful and productive place in society.

From grassroots and peer-to-peer initiatives to our first brick and mortar facility, LI-BER-T House is building better communities.

Mission

To help alleviate poverty and homelessness, LI-BER-T House provides a safe housing alternative for women transitioning into society after the completion of an addiction treatment program (rehab), and seeks to empower them to become self-sufficient through learning, leadership, companionship and service.

Why this is important

There are no facilities presently operating in Quebec offering the services available at LI-BER-T House for women recovering from addiction. The rate of successfully maintaining recovery from addiction is 50% and up, with aftercare and reintegration programming (services offered at LI-BER-T House) and below 5% without this type of support, making LI-BER-T House a vital component in improving women's chances of overcoming the dangerous lifestyle that accompanies addiction.



Executive Director's Report

For many of us, 2021 was a challenging year. For LI-BER-T House, it was transformational. Following a long and eventful search and campaign to find our first home, I am proud to write these words from our inaugural location in Pointe-Claire, where we will be sheltering and supporting women who are without a safe place to live after completing treatment for drugs/alcohol abuse. Welcome Home!

Our journey began in 2018 with our incorporation at Registraire Entreprise Quebec. It has taken us across the city and back again, as we supported at-risk women in recovery while simultaneously searching and advocating for a much-needed permanent location. The struggle was compounded by the fact that, while we needed money to acquire a residence, we were often denied funding opportunities due to lack of a fixed address.

2021 proved to be a turning point in this regard when the SHIFT Social Transformation Center at Concordia University recognized our passion and our purpose and awarded LI-BER-T House enough funding to hire a grant consultant and expand our search for possible donors. Once the fundraising campaign began in earnest, stakeholders and funders alike couldn't help but notice our progress and determination and, indeed, the critical need for such a permanent resource.

Although our community volunteer model had helped many women over the years, it was recognized that a stable, private and welcoming location for our services would increase the number of women maintaining sobriety and reintegrating safely. We received our first transformational donation in early 2021 with several others following suit, and, in August 2021, we realized that funds were sufficient to rent a house and feed up to 20 women for a year. With the full support of the Board of Directors, the administration then began scouting houses for rent across the West Island.

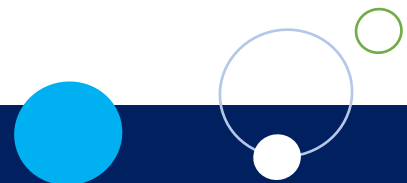
And so, LI-BER-T House welcomed 2022 with everything necessary to realize its mission to alleviate poverty and homelessness, and to help at risk women navigate their transitional phase, prevent relapse and safely reintegrate into society.

Thank you to everyone who believed in us, supported us, encouraged us, lent us a hand in ways great and small. Without You there would be no Us.

Wishing you the best of health and a safe and successful year,



Liane Berry
Executive Director



Housing & Consultation Programs

How it Works

LI-BER-T House services are available to women who have no safe housing alternative after completing a substance abuse treatment program. At the same time, we offer external consultation services to women who have a safe place to live but wish to reinforce their sobriety with a reintegration plan geared specifically to their needs. LI-BER-T House serves women who are ready to change their lifestyles and patterns, and to become independent and self-sufficient members of our society.

Each client is eligible for up to six months of housing (or more, if needed) as long as they remain abstinent from drugs/alcohol, pay their monthly stipend and actively participate in back to work/back to school programs.

Services provided

LI-BER-T House offers relapse prevention counselling, mental health counselling, mentoring, community resource support and tailored services and programs to meet the specific needs of each client.

The Empowering Individual 6 Step program is an important tool:

- Step 1 Personal Development: financial stability, budget, physical/mental health, exercise, clothing, action plan;
- Step 2 Vocational Development: back to work/school program;
- Step 3 Substance Abuse Prevention: regular drug testing, counseling and psychological support using proven relapse prevention methods;
- Step 4 Inter-personal Skills: participation in groups, social settings, extra-curricular activities;
- Step 5 Community Involvement: volunteer work, employment, housing;
- Step 6 Independent Living: moving on, after care, follow up.

How to Get Involved

Community & Corporate Partnerships

LI-BER-T House welcomes corporate sponsorship and financial contributions. There are a number of ways that corporate and community partners can help:

- Corporate & private foundation financial sponsorship
- Marketing, media and promotion & printing products
- Building maintenance supplies & furniture
- Gift donations for fundraising events
- Female & household products

Volunteers

Volunteers are vital to the ongoing success of LI-BER-T House. If you have a specialization or skill that fits our organization or would like to help in any way, please reach out to us.



Thank You!

Without the support of our financial contributors, it would not have been possible to enter our second phase of development and solidify our first location for LI-BER-T House. We thank you for your generosity.

Financial Partnerships

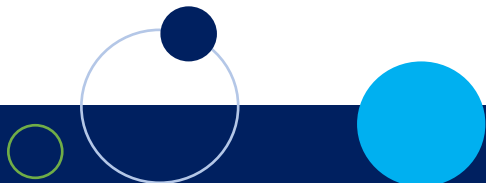
- Bell Let's Talk
- Chamandy Foundation
- Concordia University
- Eric T. Webster Foundation
- Fiducie Jacqueline Lallemand
- Hogg Foundation
- Hylcan Foundation
- J.A. De Sève Foundation
- PME MTL West Island

Thank you as well to the financial contributors and private citizens who wished to remain anonymous.

Community Partnerships

Thank you to the following community organizations and individuals. Their expertise, guidance and mentorship have made the world of difference.

- Concordia University, Applied Human Science Department
- Concordia University, SHIFT Center for Social Transformation and Internship Program
- Lilly Nicole, volunteer in clinical, administrative and consultation duties
- West Island CIUSSS
- West Island Community Resource Center
- West Island Community Shares
- West Island Women's Center



Financial Statement

MAISION LI-BER-T / LI-BER-T HOUSE **4**
OPERATIONS

For the year ending December 31, 2021

	2021	2020
	\$	\$

REVENUE

Donations	130,323	7,140
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EXPENSES

Consultants	5,127	-
Advertising and promotion	586	-
Professional fees	500	-
Rent	1,375	-
Office	474	467
Interest and bank charges	65	-

	8,127	467
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EXCESS OF REVENUE OVER EXPENSES	122,196	6,673
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MAISION LI-BER-T / LI-BER-T HOUSE **5**
CHANGES IN NET ASSETS

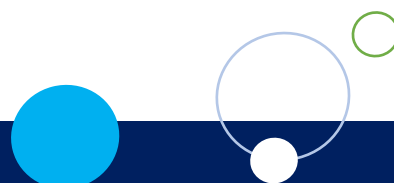
For the year ending December 31, 2021

	2021	2020
	\$	\$

CHANGE IN NET ASSETS

Opening balance	8,605	1,932
Excess of revenue over expenses	122,196	6,673

ENDING BALANCE	130,801	8,605
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Leadership Team

Executive Director

Liane Berry is the driving force behind LI-BER-T House. She is an award-winning community leader, celebrated author, recovering drug addict, and rehabilitated former repeat criminal who has been completely abstinent beginning May 1st, 2014. Since that time, she has been active in recovery circles helping countless women stay clean and sober, and is a sought after motivational speaker. Until December 2021, Liane was employed at the Portage Treatment Center in Montreal as a substance abuse counselor. Please visit her website lianeberry.ca if you'd like to learn more.

Board of Directors

Danielle Lee, President

has been working in the Event Marketing industry for the past 10 years with experience in sales, recruiting, HR, training and staff development. One of Danielle's passions is volunteering for the non-profit organization Animatch.

Victoria LeBlanc, Secretary

is a writer, curator and artist with over 35 years experience in communications and administration in cultural, government and education sectors. She also has extensive experience in the non-profit sector and has served on the Board of Directors of several organizations.

Anthony Di Staulo, Director

is a Montreal based lawyer. As a member of the Québec Bar since 2016, Anthony has worked in many different legal domains including Civil Law, Family Law, Corporate Law, Criminal Law and Transport Law. Anthony has been recognized for competent research and detailed opinion drafting in line with the best practices of the legal profession.

Sean Berry, Director

is an executive management leader with a unique combination of business experience and expertise in the fields of Customer Service, B2B Services and Non-Profit Management. Sean has an extensive volunteering background and has served on numerous Boards and committees. He is currently President at the Electric Boating Association of Canada.

Susan Doherty, Director

is currently Director of Marketing and Product Development in the building products industry with over 20 years of progressive experience. Susan's focus on community has led her to volunteer opportunities with organizations such as Hockey Helps the Homeless and Scouts Canada.



CONTACT US

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Visit our website at: www.libert.ca

 Maison LI-BER-T House
 Maison LI-BER-T House

Opening Hours: Please call or email for an appointment

Registered Canadian Charity Number:
711631911 RR 0001

