	D:+	D					A
Time	Posit ion		Forename	Surnama	Gender	Club	Age
Time 00:31:42	1	no	Mark	Surname Sandford	Male		Group 40-49
00:31:42			Sean	Smith	Male	Ashington Hirst Running Club	0 40-49
	2			Ankers	Male	Heaton Harriers & AC	Senior
00:32:47	3		Bryan Eric	Adams	Male	Heaton Harriers & AC	0 40-49
00:33:12	4			Nolan	Male	Low Fell RC	
00:33:26	5 6		David James	Johnson	Male		Senior
00:33:40	7	292		Hillier		Morpeth Harriers & AC	40-49 40-49
00:34:04 00:34:09	8		David		Male Male	Morpeth Harriers & AC Elswick Harriers	40-49 40-49
00:34:09			Alison	Jones Smith	Female		40-49 45-54
00:34:34	9 10		Simon		Male	North Shields Polytechnic Club	45-54 40-49
00:35:18	10		Joanne	Clough Raine	Female	Blyth Running Club	35-44
			Anna			Crook & Dist Sports AC	
00:35:54	12			Wright	Female	Morpeth Harriers & AC	35-44
00:35:58	13		Julie	Vermaas	Female	Ashin at an Hinat Donain a Chula	0 45-54
00:36:16	14		Daniel	Craig	Male	Ashington Hirst Running Club	Junior
00:36:23	15	294		Hope	Male	Alnwick Harriers	40-49
00:36:44	16		John	Drysdale	Male		0 40-49
00:36:46	17		Kevin	Rutherford	Male		0 Senior
00:36:59	18		Kevin	Marshall	Male		0 40-49
00:37:00	19		Neil	Cummings	Male	Washington Running Club	50-59
00:37:01	20		Barry	Kelly	Male		0 Senior
00:37:09	21		Mark	Wilkinson	Male		0 Senior
00:37:15	22		Jimmy	Wilson	Male	Ashington Hirst Running Club	50-59
00:38:17	23		philip	green	Male	Heaton Harriers & AC	50-59
00:38:32	24		Kevin	Shanahan	Male	Morpeth Harriers & AC	Senior
00:38:37	25		Mel	Horan	Female	North East Marathon Club	45-54
00:38:47	26		Kate	Dyson	Female	North Shields Polytechnic Club	35-44
00:38:55	27		Melanie	Riley	Female	Crook & Dist Sports AC	Senior
00:39:04	28		Simon	Storey	Male	Ashington Hirst Running Club	50-59
00:39:19	29		Georgina	Barlow	Female	North Shields Polytechnic Club	Senior
00:39:31	30		Brendan	Abbott	Male	North Shields Polytechnic Club	50-59
00:39:32	31	268		Hearn	Male	North Shields Polytechnic Club	50-59
00:40:05	32	336	Julie	Chesney	Female	Ashington Hirst Running Club	35-44
00:40:10	33		Michael	Floyd	Male	Ashington Hirst Running Club	50-59
00:40:21	34		Nikki	Courtney	Female	Blyth Running Club	45-54
00:40:25	35	244	Sue	Browning	Female	Blyth Running Club	45-54
00:40:36	36		Peter	Richardson	Male	Richmond & Zetland Harriers	60-69
00:40:38	37	207	Eliot	Harrigan	Male	Run Nation Running Club	50-59
00:40:42	38	392	Allan	Callender	Male		0 50-59
00:40:48	39	356	Simon	Mason	Male	Ashington Hirst Running Club	40-49
00:40:49	40	364	Dennis	Warner	Male	Ashington Hirst Running Club	60-69
00:40:57	41	273	Michael	Graham	Male	Low Fell RC	50-59
00:41:05	42	349	Nina	Jensen	Female	Claremont Road Runners	45-54
00:41:11	43	369	sarah	clarke	Female	North Shields Polytechnic Club	35-44
00:41:13	44	265	John William	Cobbledick	Male		0 40-49
00:41:13	45	264	Tina	Cobbledick	Female		0 45-54
00:41:15	46	335	Claire	Clark	Female	Ashington Hirst Running Club	35-44
00:41:19	47	363	Dave	Gray	Male	Ashington Hirst Running Club	60-69
00:41:37	48	208	Lyne	Valentine	Female	Washington Running Club	65+

00 44 00	4.0	206 5				40.40
00:41:39	49	286 Ray	Carmody	Male	Blyth Running Club	40-49
00:41:44	50	1 Michelle	Embleton	Female	Ashington Hirst Running Club	45-54
00:41:47	51 52	400 Carolle	Speed	Female	North Shields Polytechnic	45-54
00:41:53	52 53	285 lan	Richardson	Male	North East Marathon Club	60-69
00:41:59	53 54	329 Stephen	Barker	Male	Ashington Hirst Running Club	40-49
00:42:00	54	342 Wilf	Hutchinson	Male	Ashington Hirst Running Club	60-69
00:42:06	55	293 Gavin	Curley	Male		0 40-49
00:42:08	56	327 Emma	Hall	Female	Ashington Hirst Running Club	35-44
00:42:17	57	394 Kelly	Hannah	Female	North Shields Polytechnic Club	45-54
00:42:18	58	350 Sam	Mcillwaine	Female	Ashington Hirst Running Club	Senior
00:42:22	59	339 Laura	Shaw	Female	Ashington Hirst Running Club	35-44
00:42:33	60	396 Anthony	Tait	Male	Tyne Bridge Harriers	Senior
00:42:40	61	395 David	Henderson	Male	Alnwick Harriers	60-69
00:43:02	62	245 Janice	Stewart	Female	Blyth Running Club	45-54
00:43:05	63	262 Karyn	McCloud	Female	Blyth Running Club	45-54
00:43:40	64	376 Paul	Blackett	Male	Blyth Running Club	40-49
00:43:55	65	381 Adam	Gardner	Male	Wallsend Harriers & ACYep	Senior
00:44:09	66	362 Stephen	Hollywood	Male	Ashington Hirst Running Club	50-59
00:44:16	67	249 Jade	Southworth	Female		0 Senior
00:44:16	68	250 Jill	Ward	Female	Run sisters	45-54
00:44:21	69	287 Paul	Dellbridge	Male	Alnwick Harriers	50-59
00:44:25	70	332 Dave	Metcalfe	Male	Ashington Hirst Running Club	40-49
00:45:22	71	360 Gordon	Stobbart	Male	Ashington Hirst Running Club	40-49
00:45:23	72	386 Gem	Price	Female		0 Senior
00:45:24	73	399 Paul	Lewins	Male	Low Fell RC	50-59
00:45:29	74	361 Lucie	Fleet	Female	Ashington Hirst Running Club	Senior
00:45:37	75	277 Angus	Thompson	Male	Run Nation Running Club	50-59
00:45:45	76	272 Sophie	McPhillips	Female		0 Senior
00:45:46	77	271 Debbie	Defty	Female	Sunderland Harriers & AC	35-44
00:45:57	78	254 Alison	Cummings	Female	Blyth Running Club	65+
00:46:07	79	269 Michael	Reed	Male	North Shields Polytechnic Club	60-69
00:46:14	80	298 Helen	Horsman	Female	Alnwick Run 4 Fun	45-54
00:46:16	81	299 Jo-Anne	Jackowiak	Female	Alnwick Run4Fun	45-54
00:46:20	82	328 Antonia	Hobbs	Female	Ashington Hirst Running Club	45-54
00:46:23	83	370 Stephen	Biddlecombe	Male	Gateshead Harriers & AC	40-49
00:46:33	84	388 Joanne	Watson	Female	North Shields Polytechnic Club	45-54
00:47:24	85	211 Mhairi	Line	Female	Morpeth Harriers & AC	35-44
00:48:14	86	251 Carl	Brookfield	Male		0 50-59
00:48:50	87	340 Neil	McMullen	Male	Ashington Hirst Running Club	Senior
00:49:53	88	372 Colin James	Brown	Male	Blyth running club	50-59
00:50:07	89	236 Svenia	Nierling	Female	Newcastle Frontrunners	35-44
00:50:35	90	393 George Keni	n Cawkwell	Male	Crook & Dist Sports AC	70+
00:50:59	91	331 Rachel	Metcalfe	Female	Ashington Hirst Running Club	45-54
00:51:09	92	248 Kandis	Watson	Female	Blyth Running Club	35-44
00:51:11	93	379 Kate	Craik	Female		0 35-44
00:51:19	94	297 Phil	Lightburn	Male	Riverside Striders	50-59
00:51:47	95	290 Carol	Mecrow	Female	TGCR Morpeth	55-64
00:51:47	96	258 Mary	Carmon	Female	These girls can run	45-54
00:52:28	97	231 George	Williams	Male	Alnwick Harriers	70+
00:52:45	98	261 Grace	Winpenny	Female	These Girls Can Run	Senior
			•			

00:52:48	99	284 Darrell	hedley	Male		0 50-59
00:52:50	100	234 Trish	Best	Female		0 55-64
00:52:52	101	276 Kat	Nicholson	Female	Prudhoe Plodders Running Club	45-54
00:53:33	102	377 Sean	Hall	Male	•	0 Senior
00:54:03	103	280 Debra	Charlton	Female		0 45-54
00:54:04	104	228 Heather	Wilson	Female	Lonely Goat Running Club	55-64
00:54:14	105	343 Laura	Hall	Female	Ashington Hirst Running Club	Senior
00:54:16	106	267 Steffan	Hanson	Male		0 Senior
00:54:20	107	358 Bev	Crate	Female	Ashington Hirst Running Club	45-54
00:54:47	108	218 Elaine	Spain	Female		0 55-64
00:55:09	109	355 Colette	Turner	Female	Ashington Hirst Running Club	55-64
00:55:40	110	223 lan	Smith	Male		0 50-59
00:55:41	111	224 Jacklyn	Smith	Female		0 55-64
00:56:06	112	201 Anna	Yearham	Female		0 35-44
00:56:07	113	240 Pamela	Scott	Female		0 45-54
00:56:29	114	365 Brett	Murthwaite	Male	Ashington Hirst Running Club	40-49
00:57:20	115	281 Sarah	Fraser	Female		0 45-54
00:57:20	116	246 Amy	Tyler	Female	Blyth Running Club	Senior
00:57:43	117	242 Lorraine	Johnson	Female	These Girls Can Run	45-54
00:57:44	118	217 Stacy	Reed	Female	These Girls Can Run	35-44
00:58:27	119	348 Laura	Frisby	Female	Ashington Hirst Running Club	35-44
00:58:29	120	333 Janice	Willis	Female	Ashington Hirst Running Club	65-74
00:58:49	121	283 Elli	Rhodes	Female		0 35-44
00:58:59	122	241 Andrea	Follin	Female		0 35-44
00:59:29	123	227 Katie	Blakely	Female		0 Senior
00:59:34	124	202 Kirstine	Stait	Female		0 45-54
00:59:34	125	204 Nicola	Mears	Female		0 45-54
00:59:58	126	220 Kate	Bartlett	Female	TGCR	45-54
01:00:15	127	252 Gillian	Murray	Female	North Shields Polytechnic Club	55-64
01:00:15	128	257 Paula	Abbott	Female	North Shields Polytechnic Club	45-54
01:00:20	129	229 Lisa	Chidlow	Female		0 45-54
01:00:21	130	233 Allan	England	Male	Lonely Goat RC	50-59
01:00:39	131	288 Claire	Hornsby	Female	Washington Running Club	Senior
01:00:40	132	289 Michael	Fairless	Male	Jarrow & Hebburn AC	Senior
01:00:48	133	389 Janette	Kilgour	Female	Heaton Harriers & AC	70+
01:01:51	134	375 Sarah	Hunter	Female		0 35-44
01:01:52	135	373 Emma	Lawson	Female		0 35-44
01:05:28	136	226 Stacey	Bowen	Female		0 Senior
01:05:29	137	225 Emma	Davison	Female		0 Senior
01:05:35	138	255 Wendy	Brigstock	Female		0 55-64
01:06:46	139	390 George	Routledge	Male	Heaton Harriers & AC	70+
01:09:58	140	334 Julie	Willis	Female	Ashington Hirst Running Club	45-54
01:15:10	141	345 Susan	Hurlbutt		Ashington Hirst Running Club	75+
01:15:11	142	344 Sarah	Handy		Ashington Hirst Running Club	45-54
01:15:11	143	337 Karen	Smith	Female	Ashington Hirst Running Club	45-54