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Post Op Instructions Ingrown Toenail Surgery

Day of Surgery: Upon arriving home, keep your foot elevated when sitting. Keep walking to a minimum.

Dressing: Keep the bandage **absolutely** dry and **do not** remove it. A slight amount of oozing on the bandage is normal and should not cause concern. Resting the foot in the elevated position will keep oozing under control.

Shoes: Wear open-toed shoes. Wear shoes for all walking, even if it's just to the bathroom.

Notify your doctor if you experience:

- Undue discomfort or swelling
- Excessive, heavy or prolonged bleeding
- Dizziness or fainting

Call if you have any concerns or worries about anything related to the surgery or your recovery.

For Emergencies call 845-358-2844