



# Forgiveness of Sins

## FOCUS THIS WEEK

If we are willing to confess our sins, Jesus promises that God will forgive us and wash us clean. Holding grudges, hatred and anger hurts us more than it hurts other people. Ponder this: Will you be a forgiving and forgiven person? Will you forgive your kids? Your brothers and sisters? Your parents? The people who have wronged you the most? Will you let go of the hatred and anger and replace it with the knowledge of the love that Jesus Christ has for you and for all those who believe?



**SHARE** your highs and lows of the day.



**READ** and highlight these verses—one a day—in your Bible.

- Day 1 1 John 1:9
- Day 2 Matthew 6:12, 15
- Day 3 Matthew 18:21
- Day 4 Mark 2:10
- Day 5 Luke 23:34
- Day 6 John 20:23
- Day 7 Review 1 John 1:8-9



**TALK** about how the Bible reading might relate to your highs and lows.



**PRAY** for one another. Praise and thank God for today's highs. Ask the Holy Spirit for help with today's lows. Include highs and lows of your family, friends and world in this prayer. Close in Jesus' name.



**BLESS** one another with the sign of the cross and these words: (Name), child of God, you are forgiven and cleansed in Jesus' name. Amen.

