

Study Guide for Confession & The Sacrament of Holy Communion

ON 30 MARCH 2022

AS THE HEAD OF THE FAMILY SHOULD TEACH IT
IN A SIMPLE WAY TO HIS HOUSEHOLD

◆ Know the Questions and Answers (pp. 25-29):

WHAT IS CONFESSION?

WHAT IS THE OFFICE OF THE KEYS?

WHAT DO YOU BELIEVE ACCORDING TO THESE WORDS?

WHAT IS THE SACRAMENT OF THE ALTAR?

Where is this written?

WHAT IS THE BENEFIT OF THIS EATING AND DRINKING?

HOW CAN BODILY EATING AND DRINKING DO SUCH GREAT THINGS?

WHO RECEIVES THIS SACRAMENT WORTHILY?

◆ Study questions 292-296 & 348-374 in your Catechism. Especially know the following:

- ◆ What is a Sacrament? (Question #293)
- ◆ How should we regard the absolution (forgiveness) spoken by the pastor?
- ◆ How does the Bible make it clear that these words of Christ (*in Holy Communion*) are to be taken at face value (mean what they say)? (Question #350)
- ◆ What are the benefits offered in the Sacrament?
- ◆ How are we to examine ourselves before receiving the Sacrament? (*Three questions we ask ourselves based on 371.*)

◆ Bible Passages—know the following Bible passages covering the Sacrament of Holy Communion, The Office of the Keys & Worship.

1. **John 6:35** "I Am the bread of life; whoever comes to Me shall not hunger, and whoever believes in Me shall never thirst."
2. **1 Corinthians 10:16** "The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ?" (#1092)
3. **1 Corinthians 11:26** "As often as you eat this bread and drink this cup, you proclaim the Lord's death until He comes." (#1136)
4. **Galatians 2:20** "I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me." (#1031)