

HOME LIFE

Most, if not all, of us believe that Jesus is the Savior of the World. The fact that He knows you intimately and loves you intensely enough to die for you sometimes gets clouded over with the cares and concerns of the day-to-day grind. Which is why it's important model the faith at home: take a few minutes at the end (or beginning) of the day...

- to connect with each other,
- to reflect on the highs and lows of the day (*or the day before*),
- see how God's Word applies to what's going on in your lives (*the **Home Huddle talk sheets** provide passages to reflect upon but the **Bible** or **Catechism** works great too.*),
- pray for each other,
- and bless one another—recalling God's promises to you in the Baptismal covenant He made with you and your children at the font. This is called the Faith 5 and you'll hear more from me on this.



The graphic is a vertical banner titled "FAITH 5". It features five circular icons on the left, each corresponding to a step in the Faith 5 practice. The icons are: a red circle with a white double-headed arrow, a green circle with a white open book, an orange circle with a white speech bubble, a blue circle with a white hand, and a purple circle with a white cross. To the right of the icons, the text "FAITH 5" is at the top, followed by "Every night in every home". Below this are five steps, each with a small icon and text: "SHARE" (red arrow icon) with "highs and lows", "READ" (green book icon) with "a Bible verse or story", "TALK" (orange speech bubble icon) with "about how the Bible reading might relate to your highs and lows", "PRAY" (blue hand icon) with "for one another's highs and lows", and "BLESS" (purple cross icon) with "one another". At the bottom is the website "www.faith5.org".

FAITH 5

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highs and lows

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 **TALK**
about how the Bible reading might relate to your highs and lows

 **PRAY**
for one another's highs and lows

 **BLESS**
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