

Life Coaching Youth / Adults Options:

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One on One Individual Sessions:

One (1) In Person OR Virtual Coaching session

Quantity: 1; Price Without Package: \$65

One (1) Hour of In Person OR Virtual Coaching session

Email access for Coaching for up to 2 Weeks (one hour total for email correspondence time)

PAY FOR EACH PAYMENT INDIVIDUALLY:

Quantity: 1 Price: \$65; Due one day before the scheduled session

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4 Week Life Coaching Program Description

- 4 (Four) 60 Sixty Minutes 1:1 Virtual or In Person Sessions (can be scheduled weekly or every other week depending on your preference)
- 4 consecutive weeks last 1 month OR 4 sessions every other week lasting approximately a total of 2 months (*based on 4 weeks in a month)
- Up to 45 minutes Of Messaging Support During Office Hours

(* If Needed: FREE Crisis Mitigation for Clients for first 20 to 25 minutes and then billed with consent at A Reduced Rate \$35 an hour)

Quantity: 1- Four Week Program Price: \$240 (saving of \$5 off of each session which is \$20 savings)

4 WEEK PACKAGE PAYMENT (more economical base price per session)

This Payment Agreement is for the **4 WEEK LIFE COACHING PACKAGE of \$240** total (\$5 off of each individual session price for a total savings of \$20):

- 1 Easy Pay as You Go: Pay each session one day before the scheduled session which is \$60
- 2 BiWeekly Payments: 1st payment: beginning of the month or at the time of contract start date: \$120
 2nd payment @ end of the month or 15 days later for the remaining balance of \$120
- 3 Pay Up Front & Save Even More: \$220 total due



(which is \$20 off of the package price and \$20 off of individual price for a total savings of \$40)

8 Week Coaching Program Description

- →8 (Eight) 60 minutes 1:1 Virtual or In Person Sessions (can be scheduled weekly or every other week depending on your preference)
- 8 consecutive weeks lasting 2 months OR 8 sessions every other week last approximately a total of 4 months (*based on 4 week months)
 - Up to an hour & 15 mins a Month of Messaging Support During Office Hours

(* If Needed: FREE Crisis Mitigation for Clients for first 20 to 25 minutes and then billed with consent at A Reduced Rate \$35 an hour)

Quantity: 1- Eight (8) Week Program Price: \$480 (saving of \$5 off of each session which is \$40 savings)

8 WEEK PAYMENT OPTIONS:

This Payment Agreement is for the **8 WEEK LIFE COACHING PACKAGE at the Rate of \$480** (\$5 off of each individual session price for a total savings of \$40):

- 1. Easy Pay as You Go: Pay each session one day before the scheduled session which is \$60
- 2. BiWeekly Payments:

Month ONE: 1st payment: beginning of the month or at the time of contract start date: \$120

2nd payment @ end of the month \$120

Month TWO: 1st payment: beginning of the month: \$120

2nd payment @ end of the month remaining balance of \$120

3. Pay Up Front & Save Even More: \$440 total due

(which is \$20 off of the package price and \$20 off of individual price for a total savings of \$40)

12 Week Coaching Program Description

- 12 (Twelve) 60 minutes 1:1 Virtual or In Person Sessions (can be scheduled weekly or every other week depending on your preference)
- 12 consecutive weeks last approximately 3 months OR 12 sessions every other week last approximately a total of 6 months (*based on 4 weeks in a month)
 - Up to an hour & 15 mins a Month of Messaging Support During Office Hours

(* If Needed: FREE Crisis Mitigation for Clients for first 20 to 25 minutes and then billed with consent at A Reduced Rate \$35 an hour)

Quantity: 1- Twelve (12) Week Program Price: \$660 (base price is discounted to \$55 per session with the package rate; saving of \$10 off of each session which is \$120 savings off of 12 sessions)

12 WEEK PACKAGE (PAYMENT OPTIONS):

This Payment Agreement is for the **12 WEEK LIFE COACHING PACKAGE at the Discounted Rate of \$660** (This is an \$120 savings off of the individual rate of \$65 per session)

[12 sessions at \$65 per session is typically \$780 - so \$780-\$660 = \$120 dollar savings]:

- 1. **Easy Pay as You Go:** Pay each session one day before the scheduled session which is \$55 per session
- 2. BiWeekly Payments:

Month ONE: 1st payment: beginning of the month or at the time of contract start date: \$120

2nd payment @ end of the month \$120

Month TWO: 1st payment: beginning of the month: \$120

2nd payment @ end of the month remaining balance of \$120

Month THREE: 1st payment: beginning of the month: \$90

2nd payment @ end of the month remaining balance of \$90

3. Pay Up Front & Save Even More: \$640 total due

(which is \$20 off of the package price)

COACHING PROGRAM 6 MONTHS DESCRIPTION

24 Weeks of Life Coaching to Include the Following:

- →24 (Twenty-Four) 60 minutes 1:1 Virtual or In Person Sessions (can be scheduled weekly OR every other week depending on your preference)
- 24 consecutive weeks last approximately 6 months OR 24 sessions every other week last approximately a total of 12 months (*based on 4 weeks in a month)
 - Session Notes with Action Steps
 - Access to Private Client Tools as they become available
 - Up to an hour and 45 min. a Month of Messaging Support During Office Hours

 (* If Needed: FREE Crisis Mitigation for Clients for first 20 to 25 minutes and then billed at a Reduced Rate \$35 an hour)

Quantity: 1 -Six (6) Months (or 24 weeks) Program Price: \$1,320 (saving of \$10 off of each session

which is \$240 savings off of 24 sessions)

6 MONTH PACKAGE PAYMENT OPTIONS:

This Payment Agreement is for the **6 MONTH LIFE COACHING PACKAGE at the Discounted Rate of \$1320** [24 sessions at \$65 per session is typically \$1560 - so \$1560 - \$1320 = \$240 savings]:

- 1. **Easy Pay as You Go:** Pay each session one day before the scheduled session which is \$55 per session
- 2. BiWeekly Payments:

Month ONE:

1st payment: beginning of the month or at the time of contract start date: \$120

2nd payment @ end of the month \$120

Month TWO: 1st payment: beginning of the month: \$120

 ${\bf 2nd\ payment}$ @ end of the month remaining balance of \$120

Month THREE: 1st payment: beginning of the month: \$120

2nd payment @ end of the month \$120

Month FOUR: 1st payment: beginning of the month: \$120

2nd payment @ end of the month \$120

Month FIVE: 1st payment: beginning of the month: \$120

2nd payment @ end of the month \$120

Month SIX: 1st payment: beginning of the month: \$120

2nd payment @ end of the month remaining balance of \$120

4. Pay Up Front & Save More: \$640 total due (which is \$20 off of the package price)



Tranquil Water Life Coaching