## Pretty Please Permanent Makeup Studio (415)320-0092 PrettyPleaseStudio@gmail.com

## **Eyebrow Aftercare**

Goals for aftercare are to prevent infection and retain color in the skin. Carefully following this regimen of care will help to accomplish this. If a little crust forms in spite of diligent care, it is okay. Do not scratch, or pick at it, as pigment will be removed with the crust. Simply continue following these instructions, and allow crustiness to naturally flake off. **Refrain from using water and/or makeup until day Ten.** 

\*After your procedure, your brows may feel tight and burning. This will subside in about an hour or so. Ice in a baggie will help relieve the sensation. Expect your eyebrows to appear dark than the desired color for the first week. Some design (up to 30%) may be lost in the healing process and will be resolved at the touchup visit. If you experience a rash or excessive swelling from ointment, remove immediately using soap and water, then pat dry.

Do Not use Neosporin or other anti bacterial ointment.

<u>Day 1, 2,3 and 4:</u>. Today is Day #1. Wash your face, but avoid any water/cleansing detergent on brow area. Keep brows dry and clean.

Apply thin layer of ointment 2 times a day using a clean QTip to the brows. Do not press down or smear, gently roll/apply ointment.

<u>Day 5, 6, and 7</u> No more ointment. Keep brows dry.

<u>Days 7 to 14:</u> Brows will begin to exfoliate. Do not pick or peel. Let the scabs fall off on it's own. Cool water ok, but avoid rubbing or any cleansing detergent and makeup until the remainder of scab falls off naturally. Avoid using hot water on the brows. If brows itch, use ointment in the evening.

## During healing (healing is complete in about 2 weeks):

Please avoid makeup directly on brows, hot showers (keep luke warm). Avoid saunas, direct sun exposure or tanning booths, terrycloth, topical aloe vera products, swimming (chlorine), salt water. Please be sure to wait 3 weeks for dying/tinting brow hairs. Do not excessively sweat onto the brows for the 5 days. Keep exercise moderate for initial 5 days.

Do not be alarmed if your color fades considerably after the first application. This is normal. Do not use sun screen products on these areas until after the 2 weeks healing period. Brows may become flaky and itchy during healing — do not scratch or pick —ice in a baggie to soothe if necessary or use more ointment.

- 1. **Never use** exfoliants or skin lightener near the pigmented area (Alpha hydroxy products, Retin A, Retinol, micro-cleaning beads, etc.)
- 2. **Always** protect the pigmented area from the sun by wearing protective accessories hats and sun glasses. SPF lotion and makeup foundation will make tattoo color appear ashy, therefore, avoid placing them directly on the tattoo.

\*Should you ever have an MRI, your permanent cosmetics may show up. It is helpful for you to inform the technician that you have permanent cosmetics.

\*Although a little pinkness of the immediate area is normal, feverishness red bumps and gross redness and swelling, throbbing, or puss formation is not, and should be reported immediately to your physician. Even if you are unsure, please do so.

Any questions? Please call (415)320-0092.

If I am unavailable by phone and you think you may have an emergency, please notify your doctor, or visit the emergency room.