

Pretty Please Permanent Makeup Studio
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Lip Color Aftercare Sheet

Goals for aftercare are to prevent infection by keeping the area clean and moist, and to prevent any crust from forming on top of the pigmented areas. With lip color, some crusting is inevitable, but carefully following this regimen of care will help to minimize this. Do not scratch, or pick at it, as pigment will be removed with the crust. Simply continue following these instructions. Cold (not ice) compresses may be used for 10 minutes, or as needed for swelling discomfort.

Today is Day 1

Day 1-3: Apply ointment given to you every few hours. Always use a clean QTip. Do not double dip the QTip into ointment. Apply gently by dabbing. Do not press down on lips. Avoid toothpaste for 2 days. If unavoidable, use sparingly, or plain water brushing (gently). Your color for the first few days will be darker, and/or brighter than the resulting color. *If applicable, continue taking your Zovirax as prescribed until finished. Try not to stretch the lips, as in laughing/crying...okay, I know this is difficult, but try. Don't purse the lips. Drink only water if at all possible until your lips exfoliate. If coffee/tea is a must, use a straw. Color will darken, usually, in the second and third days after the procedure, then you will either experience a sloughing of the dark color, or you will notice a more gradual continuous lightening. The experience varies from person to person.

Day 4- 5: Once the flaking has been completed, color may be faint or it may appear that it didn't take at all. This is normal, especially for the more natural colors. Quite often, the first application of lip color heals to a translucent quality and a second application is required to achieve final results. In some cases, a third application may be needed. Most cases, lip color results are not visible until week 6 or week 8 following the application.

During the healing period, please avoid: long, hot, steamy showers, saunas, extensive sun exposure or tanning booths, terry-cloth, topical aloe vera products, swimming in chlorinated pools or natural waters, activities causing excessive perspiration. Disciplined aftercare does make a difference in the resulting quality of your permanent cosmetics, but do not be alarmed if your color fades considerably after the first application. This is normal for most skin types and lighter color applications.

AFTER all the flaking is completed: You may resume your usual skin care regimen to the pigmented areas, **except:**

1. **No** exfoliants to the pigmented area (Alpha hydroxy products, Retin A, etc.)
2. **Always** protect the pigmented area from the sun by wearing protective accessories, and/or SPF 30 - 60 sun screen
3. You may use a lip balm or chapstick for your lips for excessive dryness for the next week or two, as needed.

****Should you ever have an MRI, your permanent cosmetics may show up. It is helpful for you to inform the technician that you have permanent cosmetics.***

****Although a little redness and tenderness of the immediate area is normal, feverishness with gross swelling and throbbing and pus formation is not, and should be reported immediately.***

Any questions? Please call (415)320-0092

If you telephone me and I am not available by phone and you believe you are having a health problem as a result of permanent makeup, please notify your physician.