



## YOU CAN'T HIDE FROM THE TUG!®

## The Tugger® is The ULTIMATE TUG OF WAR APPARATUS: Coaches say,

"Not only does The Tug® strengthen and condition, it's the best tool we have for creating competition, generating excitement, and building team spirit!"

- VERSATILE: For a wide variety of exercise options and safe non-contact drills
- · SAFE & FLEXIBLE: Creates separation between competitors, reducing risk of injury
- · ADJUSTABLE: Weight can easily be adjusted (up to 140 lbs) by adding or removing water
- DURABLE: The Tug is built to last
- MAXIMUM TRAINING RESULTS: Utilizes the forces of inertia and water displacement

## To see videos of The Tug® in action, visit our website: www.thetug.net



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