

CURATED LIST OF AWESOME RESOURCES

The more that you read,
the more things you will know.
The more that you learn,
the more places you will go...
--Dr. Seuss

Stay Balanced



Select books curated and shipped directly to you based on your goals for Lamppost & Horizon Coaching Packages.

Essentialism, Greg McKeown
Anatomy of the Spirit, Caroline Myss, PhD
No Mud, No Lotus, Thich Nhat Hanh
The Power of Full Engagement, Jim Loehr, Tony Schwartz

Loving Well

Love & Respect: Dr. Emerson Eggerichs
The Science of Trust, John M. Gottman
Captivating, John Eldredge and Staci Elderedge
Wild at Heart, John Eldredge

Leading Others

The Coaching Habit, Michael Bungay Stanier
Give and Take, Adam Grant
When, Dan Pink
Managing Differences, Daniel Dana, PhD
Crucial Conversations, Kerry Patterson

Change

Transitions: Making Sense of Life's Changes, William Bridges, PhD
Do Hard Things, Steve Magness
Influencer, Grenny, Patterson, Maxfield, McMillan, Switzler
ADKAR, Jeffrey Hiatt

Freedom

The Untethered Soul: The Journey Beyond Yourself, Michael A. Singer
The Motivation Manifesto, Brendon Burchard
The Courage to Be Disliked, Ichiro Kishimi and Kunitake Koga
The French Art of Not Trying too Hard, Ollivier Pourriol
The Gifts of Imperfection, Brene Brown, PhD
Quit, Annie Duke

