



**DR. VICKIE MABRY-HEIGHT** M.D, M.P.H, F.A.C.P  
(DR.VICKIE MD) | PHYSICIAN | AUTHOR | SPEAKER | LEADERSHIP EDUCATOR

***EXPERIENCE YOU CAN TRUST, WISDOM YOU CAN FEEL***

**SIGNATURE ENGAGEMENT TOPICS:**

**1) Still Standing: What Medicine Taught Me About Resilience**

*How faith, perseverance, and purpose transform adversity into strength.*

**2) Purpose-Driven Leadership In A Demanding World**

*A powerful leadership model rooted in humility, integrity, and service.*

**3) How To Live A Life That Matters: Beyond the White Coat**

*Breaking barriers, leading with courage, protecting your voice, and elevating the next generation.*

**4) Becoming a Doctor: What Every Student Needs to Know**

*From college to medical school – the mindsets, relationships, and strategies that create success.*

**5) A Vital Pulse Check: Health Equity & Justice in Medicine**

*Advocating for underserved communities and addressing systemic gaps in care.*



## **MEET DR. VICKIE MABRY-HEIGHT**

Dr. Vickie Mabry-Height is a physician, author, and transformational storyteller whose journey through medicine is a testament to courage, faith, and the unshakeable power of resilience. After navigating systemic barriers and the hidden hardships of medical training, she emerged with a message that heals, strengthens, and awakens purpose in every audience she meets. **Endorsed by world-renowned speaker Les Brown**, Dr. Mabry-Height inspires people to rise after injustice, lead with conviction, and believe fiercely in the future they are meant to build. Her voice doesn't just inform — it ignites.

## **PREVIOUS SPEAKING ENGAGEMENTS**

- Student National Medical Association (SNMA)
- Rosalind Franklin University of Medicine & Science
- York College, of the City University of New York
- Provost Distinguished Scholars Lecturer
- National Medical Association – New Author Forum
- Fremont College
- Sharvette Mitchell Radio Show

*“As one who has overcome incredible odds, Dr. Mabry-Height speaks from a place of knowing and a heart of service.”*

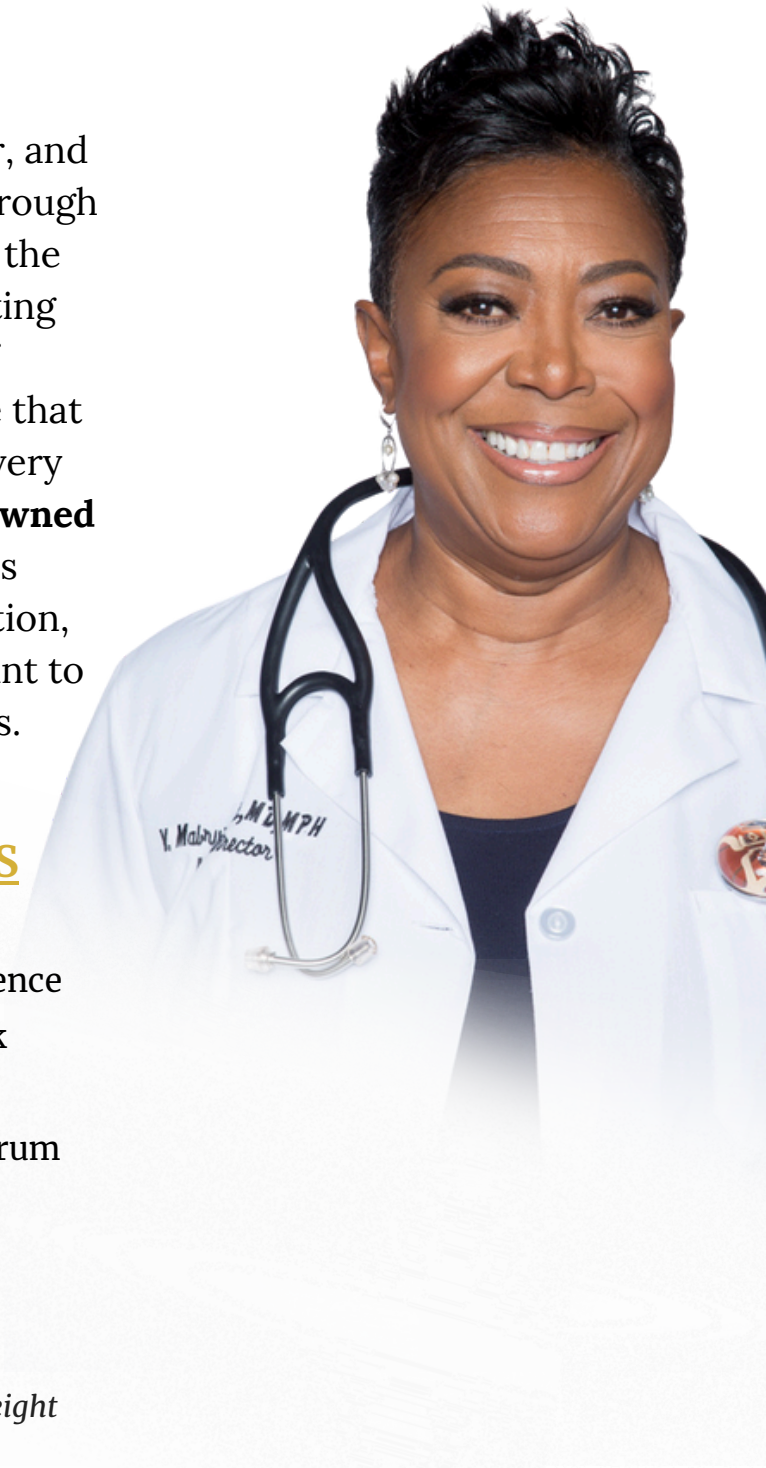
**– Les Brown, World-Renowned Motivational Speaker**

*“A phenomenal storyteller with conviction and purpose.”*

**– Leadership Conference Attendee**

*“Every session with her feels like a reset.”*

**– Medical Student**



## **WHITE COAT SECRETS: STILL STANDING – A DOCTOR’S STORY**

*A Memoir of Faith, Resilience, and the Fight for Justice in Medicine*

In this powerful memoir, Dr. Vickie pulls back the curtain on the hidden world of medical training—where brilliance meets bias, hope meets heartbreak, and faith becomes the ultimate lifeline. Through moments of discrimination, resilience, and triumph, she shows what it truly takes to rise, stand firm, and succeed when the odds say otherwise.

Her story will challenge you, move you, and stay with you long after the last page—inviting every reader to reflect, rise, and believe again.



### **IDEAL FOR:**

#### **Leadership Conferences**

Speaking • Panels • Interviews

#### **Nursing & Medical Schools**

Speaking • Leadership

#### **HBCUs, Colleges & Universities**

Pre-Health & STEM Pipeline Programs

#### **Public Health Programs**

Equity & Community Health • Wellness

#### **Women in Medicine Events**

Purpose • Resilience • Personal Growth

#### **Faith-Based Organizations**

Empowerment • Healing • Leadership

**Available on Amazon.com**

*“An honest and compassionate look at what it’s like to survive and lead in medicine.”*

**– Professor Leslie Lewis, Ph.D., York College (CUNY)**

*“A short memoir, but one that’s packed with advice.”*

**– Kirkus Reviews**

*“An eye-opening read.”*

**– Medical Student, Rosalind Franklin University**

*“Her story is empowering for all.”*

**– National Medical Association Member**