

GYM SCHEDULE AUGUST KOMANETSI





WORKING HOURS
MONDAY-FRIDAY 6:00AM-10:00PM

PLEASE NOTE: WORKING HOURS EXCLUDE ALL
CLOSED DAYS, INCLUDING PUBLIC HOLIDAYS AND
OTHER NON-OPERATIONAL DAYS.

SCHEDULE CHANGES
THE SCHEDULE MAY CHANGE AT ANY TIME

 **22463360**

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TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	4 AUGUST	5 AUGUST	6 AUGUST	7 AUGUST
6:00PM	CIRCUIT TRAINING Ends at 6:50pm	LES MILLS BODYPUMP Ends at 6:45pm	CIRCUIT TRAINING Ends at 6:50pm	LES MILLS BODYPUMP Ends at 6:45pm
7:00PM	PI  ATES Ends at 8:00pm		PI  ATES Ends at 8:00pm	
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	25 AUGUST	26 AUGUST	27 AUGUST	28 AUGUST
6:00PM	LES MILLS BODYPUMP Ends at 6:45pm	CIRCUIT TRAINING Ends at 6:50pm	LES MILLS BODYPUMP Ends at 6:45pm	CIRCUIT TRAINING Ends at 6:50pm
7:00PM		PI  ATES Ends at 8:00pm		PI  ATES Ends at 8:00pm

"Please note that the group classes in August will not take place every week, they will be held on specific dates as shown above."