

KOMANETSI

POOL SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME	SATURDAY
9:30AM-10:15AM	HYDROTHERAPY Lanes 1,2,3	AQUA PILATES Lanes 1,2,3	HYDROTHERAPY Lanes 1,2,3	AQUA PILATES Lanes 1,2,3	HYDROTHERAPY Lanes 1,2,3	8:00AM-9:00AM	+ LIFE SAVING Lanes 4,5,6
10:30AM-11:15AM	AQUA AEROBICS Lanes 1,2,3	HYDROTHERAPY Lanes 1,2,3	AQUA AEROBICS Lanes 1,2,3	HYDROTHERAPY Lanes 1,2,3	AQUA AEROBICS Lanes 1,2,3	4:30PM-5:15PM	Swimming PRACTICE Lanes 1,2,3
6:45PM-7:30PM	AQUA AEROBICS Lanes 1,2,3	HYDROTHERAPY Lanes 1,2,3	AQUA AEROBICS Lanes 1,2,3	HYDROTHERAPY Lanes 1,2,3	AQUA AEROBICS Lanes 1,2,3	OTHER INFORMATION	
7:30PM-8:15PM	DEEP PILATES Lanes 4,5,6	DEEP STRONG Lanes 4,5,6	Swimming PRACTICE Lanes 1,2,3	DEEP STRONG Lanes 4,5,6	Swimming PRACTICE Lanes 1,2,3		
8:15PM-9:15PM	+ LIFE SAVING Lanes 4,5,6		+ LIFE SAVING Lanes 4,5,6		+ LIFE SAVING Lanes 4,5,6		

LANE 6 (2.5M)
LANE 5 (2.5M)
LANE 4 (2.5M)
LANE 3 (1.25M)
LANE 2 (1.25M)
LANE 1 (1.25M)

SAUNA AND STEAM BATH WORKING HOURS

MONDAY-FRIDAY 6:45AM-12:00PM&6:45PM-9:30PM
SATURDAY 6:45AM-9:00AM&4:00PM-6:30PM

MAINTENANCE HOURS

SATURDAYS, FROM 2:00 PM TO 4:00 PM, THE POOL AREA, INCLUDING THE HYDRO MASSAGE, JACUZZI, STEAM BATH, SAUNA, AND SHOWERS, WILL BE CLOSED TO THE PUBLIC DUE TO WEEKLY MAINTENANCE.

WORKING HOURS

MONDAY-FRIDAY 6:15AM-9:30PM
SATURDAY 6:15AM-2:00PM&4:00PM-6:30PM

PLEASE NOTE: WORKING HOURS EXCLUDE ALL CLOSED DAYS, INCLUDING PUBLIC HOLIDAYS AND OTHER NON-OPERATIONAL DAYS.

SCHEDULE CHANGES

THE SCHEDULE MAY CHANGE AT ANY TIME



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