

# WELLNESS TIMETABLE | **KOMANETSI** | *JULY*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SAUNA	06:45-12:00 18:45-21:30	06:45-12:00 18:45-21:30	06:45-12:00 18:45-21:30	06:45-12:00 18:45-21:30	06:45-12:00 18:45-21:30	06:45-12:00
STEAM BATH	06:45-12:00 18:45-21:30	06:45-12:00 18:45-21:30	06:45-12:00 18:45-21:30	06:45-12:00 18:45-21:30	06:45-12:00 18:45-21:30	06:45-12:00
JACUZZI	06:00-21:30	06:00-21:30	06:00-21:30	06:00-21:30	06:00-21:30	06:00-2:30
ICE BATH	06:00-21:30	06:00-21:30	06:00-21:30	06:00-21:30	06:00-21:30	06:00-2:30
WATER JETS	06:00-8:00 9:00-15:40 18:45-21:30	06:00-8:00 9:00-15:40 18:45-21:30	06:00-8:00 9:00-15:00 18:45-21:30	06:00-8:00 9:00-15:40 18:45-21:30	06:00-8:00 13:45-15:40 18:45-21:30	06:00-2:30