

AUGUST 2021

Beautiful Life Adult Day Care Menu Calendar

WE ARE OPEN 7 DAYS A WEEK FROM 8AM TO 4PM



Snacks and juice serving daily

Breakfast 9:30 – 10:00

Lunch 1:00 – 2:00

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken drumstick Rice Corn Graham crackers	3 Meatballs with marinara Mashed potatoes Green beans Pudding, Apples	4 Pork stew with rice Cauliflower Yogurt Peanut butter cookies	5 Fish with red sauce White rice Mixed Vegetables Chocolate waffles Apples	6 Rice with sausage beans and broccoli Graham crackers Bananas
9 Pulled pork Rice Mixed vegetables Pudding Bananas	10 Chicken liver with onion Pasta Mixed vegetables Graham crackers Oranges	11 Breaded chicken Rice and beans Yogurt Graham crackers	12 Beef patties with rice Mixed vegetables Chocolate waffle Apples	13 Chicken thighs with Vegetables, rice and Broccoli Pudding Oranges
16 Bacalao fish with rice Beans Chocolate waffle Bananas	17 Pork chops with white rice Beans Graham crackers Yogurt	18 BBQ chicken with mac and cheese Green beans Pudding Oranges	19 Chicken patties with peppers Rice & Corn Pudding Apples	20 Rice with sausage Beans Mixed vegetables Chocolate waffle Apples
23 Chicken drumstick Mashed potatoes Corn Graham crackers Apples	24 Pork stew Rice Green beans Peanut butter cookies Bananas	25 Fish with rice Mixed vegetables Graham crackers Apples	26 Pulled pork Rice Beans Yogurt Oranges	27 Chicken liver with onion Mashed potatoes Carrots Pudding Apples
30 Sausage with peppers Rice and Cauliflower Graham crackers Apples	31 Breaded chicken thighs Fries Mixed vegetables Chocolate waffle Bananas			

* Weekend menu could be similar.

All meals served with Milk, Juice (Cranberry, Orange, Apple) and Coffee.