

# Beautiful Life Adult Day Care LLC

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## Week 2

### Monday Dinner

Breaded chicken with rice and beans

### Tuesday Dinner

Beef patties with rice and mix veg

### Wednesday Dinner

Chicken thighs with veggies, rice and broccoli

### Thursday Dinner

Bacalao fish, with rice and cauliflower cheese

### Friday Dinner

Pork chops with white rice and beans

### Saturday Dinner

BBQ chicken with mac and cheese, green beans cut

### Sunday Dinner

Chicken patties with peppers, rice and corn

### Desserts

Graham crackers

Pudding

Chocolate waffles

Yogurt

Peanut butter cookies

### Beverages

Milk 1%

Juice (orange, apple, cranberry)

### Monday Lunch

Tuna salad with tomatoes

### Tuesday Lunch

Red potato salad, bologna and cheese

### Wednesday Lunch

Chicken salad and lettuce

### Thursday Lunch

Corn salad with turkey cold cut and

### Friday Lunch

Crabmeat salad, pasta salad

### Saturday Lunch

Coleslaw, ham cold

### Sunday Lunch

Egg potato salad, tomato cucumber

### Fruits

Apples

Bananas

Oranges

### Bread

Wheat bread