

# Beautiful Life Adult Day Care LLC

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## Week 3

### Monday Dinner

Rice with sausage, beans and mix veggies

### Tuesdays Dinner

Chicken drumstick, mashed potatoes, corn

### Wednesday Dinner

Pork stew, rice and green beans

### Thursday Dinner

Fish with rice, mixed veg

### Friday Dinner

Pulled pork, rice and beans

### Saturday Dinner

Chicken liver with onions,  
mashed potatoes and carrots

### Sunday Dinner

Sausage with peppers, rice and cauliflower

### Desserts

Graham crackers

Pudding

Chocolate waffles

Yogurt

Peanut butter cookies

### Beverages

Milk 1%

Juice (orange, apple, cranberry)

### Monday Lunch

Tuna macaroni salad, tomatoes

### Tuesday Lunch

Red potato salad, bologna .  
and cheese

### Wednesday Lunch

Chicken salad, cabbage salad

### Thursday Lunch

Chickpea salad, ham and cheese

### Friday Lunch

Crabmeat salad, buckwheat salad

### Saturday Lunch

Coleslaw, turkey cold cut

### Sunday Lunch

Egg potato salad, bean salad

### Fruits

Apples

Bananas

Oranges

### Bread

Wheat bread