

# Beautiful Life Adult Day Care LLC

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## Week 4

### Monday Dinner

Breaded chicken thighs, fires and mix veg

### Tuesdays Dinner

Beef patties, rice and corn

### Wednesday Dinner

Chicken stew, rice and mix veg

### Thursday Dinner

Bacalao fish, rice and mix veg

### Friday Dinner

Pork chops, rice and beans

### Saturday Dinner

BBQ chicken, mac and cheese,  
green beans

### Sunday Dinner

Chicken with rice, beans and mix veg

### Desserts

Graham crackers

Pudding

Chocolate waffles

Yogurt

Peanut butter cookies

### Beverages

Milk 1%

Juice (orange, apple, cranberry)

### Monday Lunch

Tuna salad, grape tomatoes

### Tuesday Lunch

Red potato salad, bologna

### Wednesday Lunch

Chicken salad, lettuce

### Thursday Lunch

Corn salad with ham cold cut

### Friday Lunch

Crabmeat salad, pasta salad

### Saturday Lunch

Coleslaw, turkey cold cut

### Sunday Lunch

Egg potato salad, carrot salad

### Fruits

Apples

Bananas

Oranges

### Bread

Wheat bread