

SAMPLE Weekly Menu

Hartland House

Monday

LUNCH

Cheese & Ham Pie **OR** Pork & Bacon
Casserole with Mashed Potato & Veg
Lemon Curd Sponge or Pears &
Yoghurt

TEA

Pate & Oatcakes, Veg Soup,
Selection of Sandwiches,
Various Desserts, Fruit

Tuesday

LUNCH

Chicken Stir Fry **OR** Beef Stew &
Dumplings
Pineapple Cake or Strawberry
Gateaux

TEA

Cheese Salad, Chicken Soup,
Selection of Sandwiches,
Various Desserts, Fruit

Wednesday

LUNCH

Lamb Hotpot **OR**
Smoked Haddock & Cheese Sauce
Bakewell Tart or Sorbet

TEA

Pork Pie & Pickle, Tomato Soup,
Selection of Sandwiches,
Various Desserts, Fruit

Thursday

LUNCH

Chicken & Leek Bake **OR** Steak &
Ale Pie with Mashed Potato & Veg
Fruit Crumble or Chocolate Mousse

TEA

Crumpets, Minestrone Soup,
Selection of Sandwiches,
Various Desserts, Fruit

Friday

LUNCH

Battered/Poached Haddock
OR Cheese Omelette with
Chips & Veg
Jam Sponge or Roulade

TEA

Ham Salad, Leek & Potato Soup,
Selection of Sandwiches,
Various Desserts, Fruit

Saturday

LUNCH

Bacon Chops **OR** Liver & Onions
with Potatoes & Veg
Sticky Toffee Pudding or
Cheesecake

TEA

Beans on Toast, Pea & Ham Soup,
Selection of Sandwiches,
Various Desserts, Fruit

Sunday

LUNCH

Roast Beef, Yorkshire Puds & all
the trimmings **OR** Stuffed Peppers
Apple Pie or Fruit & Ice Cream

TEA

Quiche & Salad, Mushroom Soup,
Selection of Sandwiches,
Various Desserts, Fruit