

Master of Arts in Biblical Counseling – 30 Credit Hours

Course Description



Core Curriculum (21 credits)

BC 501 – Foundations of Biblical Counseling (3 credits)

This course introduces students to the foundational principles of biblical counseling, including the sufficiency of Scripture, the reality of human sin, the nature of suffering, and the transformative role of the gospel. Emphasis is placed on understanding how the church is central to the counseling process and how biblical counseling contrasts with secular models.

BC 511 – Theology for Counseling (3 credits)

Students explore major biblical doctrines—such as the nature of God, humanity, sin, salvation, sanctification, and the church—and how these theological truths directly influence the philosophy and practice of counseling. The course emphasizes the importance of a sound theological framework in shaping the counselor's worldview, compassion, and decision-making.

BC 520 – Counseling Methods and Techniques (3 credits)

A practical exploration of the counseling process, this course equips students with skills for effective biblical counseling. Topics include session structure, gathering information, discerning root issues, offering biblical hope, assigning growth-oriented homework, and setting up accountability structures—all under the authority of God's Word.

BC 530 – Marriage and Family Counseling (3 credits)

This course provides a biblical framework for counseling couples and families. Key topics include communication, conflict resolution, marital roles, parenting, intimacy, forgiveness, and navigating broken relationships. Emphasis is placed on applying Scripture to promote gospel-centered restoration and relational wholeness in the home.

BC 540 – Counseling Issues and Strategies I: Anxiety, Depression, and Grief (3 credits)

Addresses the most common struggles of emotional suffering through a biblical lens. Students learn to counsel those dealing with fear, worry, despair, and grief by applying Scripture, cultivating compassion, and offering gospel-centered hope. Practical tools for listening well and navigating complex emotions are emphasized.

BC 550 – Counseling Issues and Strategies II: Addictions, Abuse, and Trauma (3 credits)

A continuation of counseling strategies with a focus on more intensive counseling needs. Topics include helping individuals recover from addiction, sexual abuse, domestic violence, and trauma. The course prioritizes safety, truth, spiritual care, and restoration through the application of biblical truth and compassionate presence.

BC 560 – Practicum in Biblical Counseling (3 credits)

A hands-on supervised experience where students observe, document, and engage in counseling sessions under approved guidance. Students reflect on case studies, receive feedback, and grow in practical application of biblical counseling principles. The goal is to increase counselor competency and biblical fluency in real-life ministry contexts.

Electives / Special Topics (Choose one – 3 credits)

BC 575 – Counseling Adolescents and Young Adults (3 credits)

Examines the developmental, emotional, and spiritual challenges facing youth and young adults. Students will learn how to address identity formation, anxiety, depression, peer pressure, social media influences, and discipleship within a biblical counseling framework.

BC 576 – Biblical Counseling in the Local Church (3 credits)

Prepares students to lead or develop a counseling ministry in the local church. Topics include equipping lay counselors, establishing confidentiality guidelines, integrating with pastoral care, referral systems, and using biblical counseling as a discipleship tool within the church body.



Capstone Course (Required – 3 credits)

BC 599 – Biblical Counseling and Discipleship Integration (3 credits)

The capstone course synthesizes biblical counseling theory, theology, and ministry practice. Students design and present a counseling project, case study, or ministry initiative that demonstrates their ability to counsel biblically and disciple others. The course highlights spiritual formation, gospel application, and contextual leadership.



Program Summary

Course Type	Credits
Core Curriculum	21
Elective	3
Practicum	3
Capstone	3
Total	30

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