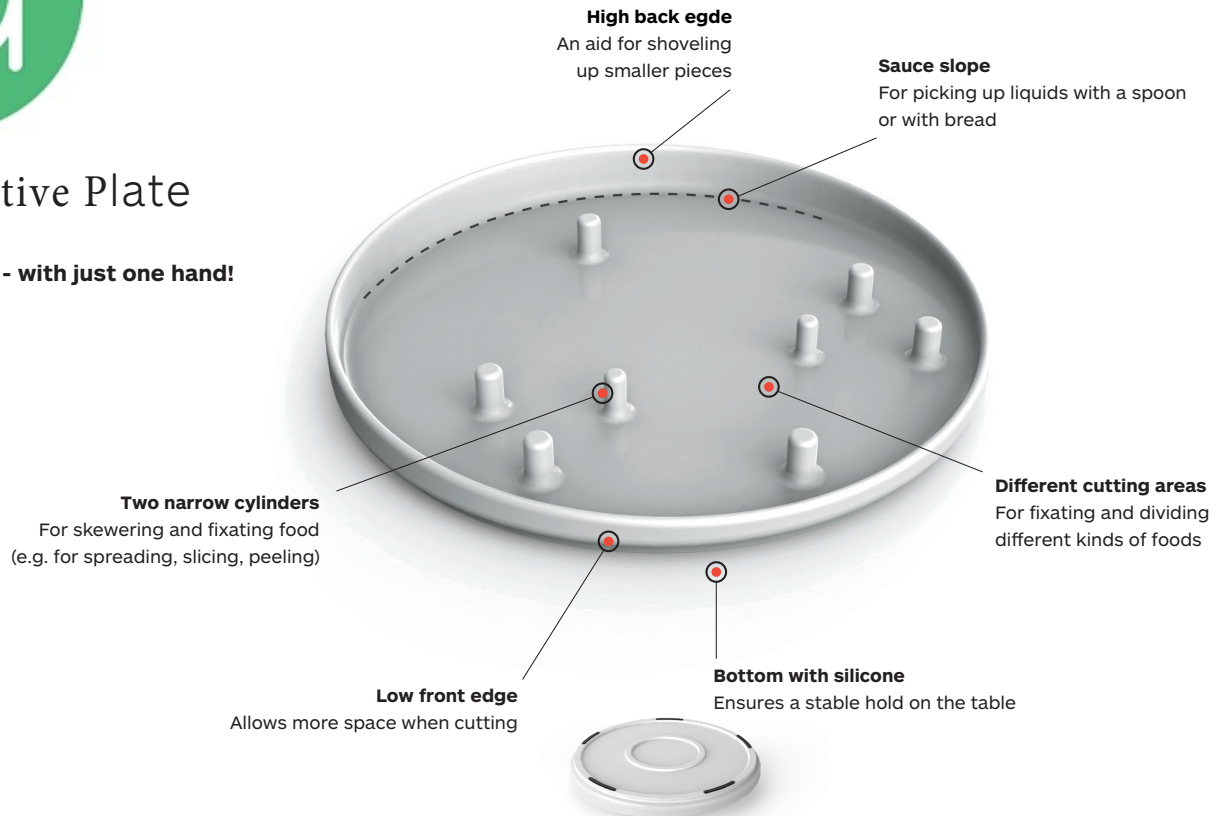







Your Adaptive Plate

Eat independently - with just one hand!

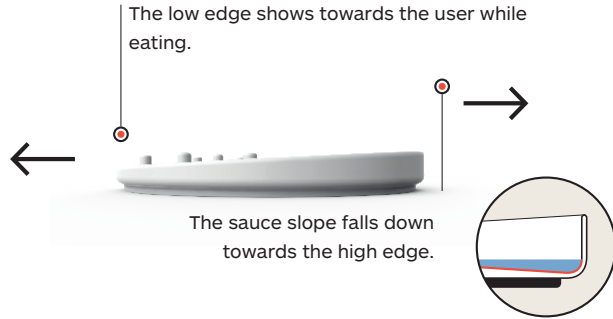


DETAILS

Function and suitability	Dimension and weight	Material	Seal of approval
<p>The Onehandplate assists you in cutting and eating every meal of the day with only hand. The Onehandplate will help you to eat independently and unassisted, to feel confident and motivated every day.</p> <p>The different spaces allow for versatile use. Vegetables, fruit, fish and meat dishes can be divided into bite-sized pieces.</p>	<p>Diameter: 255 mm (10 in) Maximum height: 31,5 mm (1,2 in) Weight: 730g (1,6 lbs)</p>	<p>Made of melamine plastic. The Onehandplate is:</p> <ul style="list-style-type: none">- food safe- dishwasher safe- durable- hard to break- scratch resistant	<p>Certificated:</p> <ul style="list-style-type: none">- (EG) 1935/2004- (EG) 284/2011, 10/2011, the European Commission. <p>These Guidelines / Regulations contain specific provisions for plastic materials and articles intended to come into contact with food.</p>
		<p> Dishwashersafe</p> <p> No oven</p> <p> No microwave</p>	<p>made in Germany</p>

INSTRUCTIONS

A Alignment



B Four different areas for cutting and eating



Area 1 BIG SIZED PIECES

- Fixating, slicing, spreading

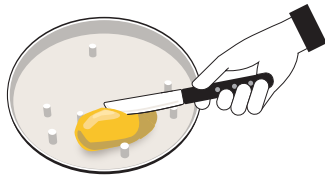


A big piece of food, like a slice of bread or a piece of meat can be fixated and sliced in the central, large cutting area 1. This is followed by the fixation of the pieces in areas 2 and 3 to obtain bite-sized pieces.

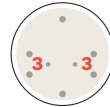


Area 2 MEDIUM SIZED PIECES

- Fixating, slicing

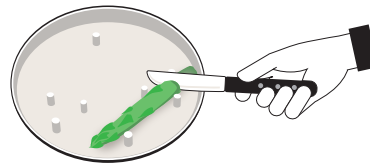


Medium sized pieces of a meal, such as potatoes or cucumber pieces can be placed and divided in the cutting area 2 in the lower part of the plate.



Area 3 SMALL SIZED PIECES

- Fixating, slicing, skewing



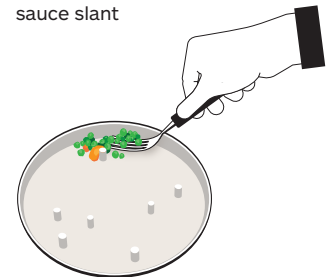
For the smaller pieces of a meal, the 3rd cutting area can be used.

The narrower cylinders in the center can hold down bread for spreading toppings and even affix larger fruit or vegetables.



Area 4 MULTIFUNCTIONAL SPACE

- Sliding aid, storage space, sauce slant



With the high edge small pieces can be pushed with a fork. The sauce slope collects liquids on the side so that they can be picked up more easily and do not obstruct cutting.