



Practice Drive 1

Moving Off from the Kerb & Securing the Vehicle

Aim:

To practice the low-speed manoeuvre to make it a habit, without requiring too much conscious thought. Learner should be able to complete the manoeuvres and the securing the vehicle sequence accurately without prompting and in a safe and efficient manner with the vehicle under full control at the first attempt.

It is important that the Supervising Driver not tell the learner what to do (unless instruction is needed). If required, provide feedback after the manoeuvre. The intent is to build self-reliant drivers who make independent, safe decisions.

References:

The Driving Companion. Unit 1: Task 3 – Moving off from the kerb.

The Driving Companion. Unit 1: Task 4 – Stopping and securing the vehicle.

Drive length:

30 mins approx.

Drive plan:

Learner should be directed to an unfamiliar road and while driving and without prompting, select a safe and legal place to bring the car to the kerb. Secure the vehicle using the proper sequence.

Move off from the kerb safely using the proper sequence. Ensure learner indicates for a minimum of 5 seconds.

Learner then to proceed no less than 200 metres and repeat the sequence.

This should be done as many times as needed (five to ten times) until learner can complete all steps accurately and in sequence.