



APRIL DISTRICT WORKSHOP

Resilience: Latest
Buzzword or Way of Life

Presenter: Janet Watson, LCSW

This workshop is FREE for MCSW members
\$25 for non-members (1 General CEU)

Join MCSW today at mymcsw.org!

Topics Covered:

- Impact of resilience both personally and professionally
- Ways to implement resilience
- Developing a resilience plan
- Helping clients build resilience to enhance their healing process



Date & Time:

April 17, 2026
At 11:00 AM



Who Should Attend?

- Social Workers
- Social Service/ MH Professionals
- Students
- Healthcare Workers

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