



Information Leaflet for Patients

Welcome to OccMed Consultants. We hope you find your experience positive and beneficial and we welcome feedback on all aspects of the service we provide.

Your manager has referred you to occupational health for an assessment or you have self-referred to an accredited specialist in occupational medicine.

If your manager has referred you, the reasons for the referral and questions being asked should have been discussed fully with you by your manager. If you are not clear about the reason for referral you should discuss this with your manager. The purpose of the occupational medicine assessment is to review your health, establish if and how this impacts on your fitness for your role and to provide advice on your fitness for work and any adjustments which would help you to stay in or return to work.

Giving Consent

The assessment / examination process will be explained to you at the start of the consultation. Without your consent, the occupational health professional will not be able to continue with the assessment or provide a report with an opinion to management.

Further information can be found on our **Privacy Notice** available via the relevant tab on our website.

The assessment

A full medical and occupational history will be taken and an appropriate examination carried out if indicated. The assessment may include a request for additional medical information from your GP/Specialist. The reason for requesting additional information and the purpose will be explained to you and your informed written consent will be requested at the time. If you decline consent for additional medical information to be sought, the OH professional may not be able to give an evidence-based opinion to management. You may also decide to share additional medical information with the occupational health professional e.g. medical reports you currently hold or medical information from your MyChart record. Sharing this information is entirely voluntary.

The outcome

The assessment will result in an occupational medicine report to your manager (or directly to you if you have self-referred). You will be advised of the outcome of the consultation and the outline contents of the report at the end of the consultation. The report will provide background, an opinion and answer any specific questions management have posed in their referral form, relevant to your health and fitness for work.

The report

You will be offered a copy of the report before or at the same time as it is sent to management. The report will be e-mailed to you. Viewing the report before it is sent to management does

not provide an opportunity for you to alter the opinion of the accredited specialist, but it does provide scope for you to identify any factual errors or to withdraw consent to the release of the report if you so wish. If you withdraw your consent please be aware that management will still be able to act on the information they have available to them, without the benefit of occupational health input, and this is unlikely to be in your best interests. On the grounds of safety, the accredited specialist may still have to advise your manager whether you are unfit for work, if that is the case, in order to protect others.

If you have requested to see the report before it is sent to management and after reading the report, you wish to withdraw consent, you must contact office@occmedconsultants.com as soon as possible, at the latest within 2 full working days from the date and time you received the e-mailed report. If you do not contact us within 2 days (5 days if report was posted to you) our original consent remains valid and the report will be sent on to your manager and/or HR.

In very exceptional circumstances, where there is a severe or imminent risk to your safety or the safety of others, confidentiality may be breached in the Public Interest. You will be fully informed about this, encouraged to declare to the relevant party, prior to any breach occurring. This is a very rare occurrence in our practice.