**Garden City Recreation and Parks**

**Tennis Lesson News – FALL 2025**



**REGISTRATION FOR THE 2025 FALL session of the ULTIMATE WORKOUT**

**BEGINS ON TUESDAY, SEPTEMBER 2ND**

\*\*TENNIS ULTIMATE WORKOUT - 12 sessions – 1. 5-hour classes \*\* FEE: $350.

**(A fun way to drill for the *experienced* tennis player)**

Please note: Ultimate Workout is for the intermediate and advanced level player

Meeting Dates:

Saturdays, 10:30am to 12 noon

OCTOBER 11, 18, 25

NOVEMBER 1, 8, 15, 22

DECEMBER 6, 13, 20

JANUARY 10, 17

No online registration accepted

Please sign up in person or mail a check with below form to the Recreation Office at 108 Rockaway Avenue.

Registration is on a first come - first served basis. Space is limited.

**REGISTRATION FORM FOR THE ULTIMATE WORKOUT is on our website**

**gardencityrecreation.org**

**Please Note: Youth tennis lesson registration for the FALL 2025 session begins on MONDAY, SEPTEMBER 15TH (online or in person at the recreation office) Lessons begin Monday, Oct. 6th**