## Garden City Recreation Department Presents Youth Yoga Classes

Connie McKnight, our certified yoga instructor, has designed youth yoga classes for ages 6 - 18. Each class in our ten week session is 55 minutes long. All classes will begin on April 12 and will be held in St. Paul's Center. Any resident of the Inc. Village of Garden City in this age group is invited to join these relaxing classes. The cost of this eight week session will be \$85.

The course schedule is as follows:

Ages 6 – 8 Thursdays at 4:15 pm

Ages 9 – 12 Thursdays at 5:15 pm

Ages 13 – 18 Thursdays at 6:15 pm

To register for any of these classes, please fill out the form below and return to the Recreation Office at 108 Rockaway Avenue.

## 

Please make your check payable to "Inc. Village of Garden City".

Parent/Guardian Signature \_\_\_\_\_

