

THE GARDEN CITY POOL



Summer 2019 Pool Newsletter

New Reduced Membership Rates for 2019
“More Value...More Fun!”

Category	New 2019 Rates	2018 Rates
Family	\$495	\$605
Family of Two	\$345	\$420
Senior Citizen Couple	\$315	\$385
Individual	\$280	\$340
Non-Resident Caregiver	\$240	\$290
Senior Citizen Individual	\$210	\$255
Late Day Individual	\$150	\$180
Senior Twelve Pass Pack	\$145	\$175
School District Family	\$590	\$720
Mini Golf Option, Join ANYTIME	+ \$60	+ \$60

This year each membership can purchase only ONE guest booklet.
A guest booklet can be purchased at the time of submitting the membership application at the discounted price of \$50.00. After registration, a guest book can be purchased for \$65.00

Please fill out the enclosed Membership Application, and if desired, the Swim Lesson Registration form and return them with your payment in the enclosed envelope. You can also register online at www.gardencityrecreation.org (You must have a password to register online. If you do not have a password you must prove residency first by visiting our Recreation Office at 108 Rockaway Ave). Credit cards will not be accepted for swim lessons. Swim lessons must be paid separately by check ONLY. We accept MasterCard and Visa ONLY for pool membership.

**Just a reminder, all applicants will be screened for valid residence upon receipt.
 Any application that does not meet the residency requirement will be void.**

GUEST POLICY (FOR NON-RESIDENTS)

Guests and sponsoring members are required to register at the Pool Office and pay the appropriate fee(s). **PROOF OF NON-RESIDENCY IS REQUIRED** at the time of sign in. Daily guest passes will be issued and **MUST BE WORN BY ALL GUESTS** for the duration of their visit. There will be a charge of \$15 for each guest 13 years of age and over and \$12 for each guest under the age of 13 or senior citizens 65 years of age and older. After 5 pm and on days with 12pm to 8pm operating hours, the guest fees are \$14 for guests 13 years of age and older and \$11 for guests under the age of 13 or senior citizens 65 years of age or older. **GUESTS MUST BE ACCOMPANIED BY A MEMBER WHEN SIGNING IN.**


GUEST FEES APPLY TO ALL GUESTS INCLUDING THOSE NOT SWIMMING.

CALENDAR OF EVENTS

JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						8 POOL OPENS
9 <i>Pool Open House</i> 12-8 pm (Guest Fees Apply) SUNDAY's @ 2 Bingo - 2pm	10 Swim Team Tryouts 6-8 pm	11 Swim Team Tryouts 6-8 pm	12 Swim Team Tryouts 6-8 pm	13 Swim Team Tryouts 6-8 pm	14	15 EARLY BIRD SWIM CLUB BEGINS - 6am <i>Pool Open House</i> 12-8 pm (Guest Fees Apply)
16 <i>Pool Open House</i> 12-8 pm (Guest Fees Apply) Bingo and Music in the Gazebo - 2pm	17	18 Swim Across America 6 - 8pm	19	20	21	22
23 SUNDAY's @ 2 Music by: "Reviver Band" - 2:00pm	24 SENIOR CITIZEN DAY Pool opens 10 am for Senior Members and 12 pm for Senior Resident Non-Members. Live Poolside music at noon. All other regular guest fees apply. Specials at the Snack Bar 11am - 12 pm	25	26 -PEP Session 1 Begins -First Session Swim Lessons Begin -MOVIE: "Smallfoot" 8:30 pm *Admission: \$2 Members \$4 Guests of members	27	28	29

JULY

30 SUNDAY's @ 2 Magic Show - 2:00pm	1 -PEP Session 2 Begins Arts & Crafts 12:30pm Bingo at the Gazebo - 3pm	2 - TEENS & TOTS - 11am - MOVIE: "Wreck-It Ralph 2" - 8:30 pm *Admission: \$2 Members \$4 Guests of members	3	4 FAMILY FUN DAY 1-4 pm Fun, Games and Live Pool Side Music by "Squeaky Clean" 	5	6
7 SUNDAY's @ 2 Music by: "Steel Margarita" - 2:00 pm	8 -Arts & Crafts 12:30pm -Bingo at the Gazebo - 3pm -MIDDLE SCHOOL NIGHT Poolside Music, Swim Races, Food and more 7 - 10 pm \$5 members \$7 for non-member residents	9 -Second Session Swim Lessons Begin -PEP Session 3 Begins -TEENS & TOTS - 11am -MOVIE: "Christopher Robin" 8:30 pm *Admission: \$2 Members \$4 Guests of members	10	11 TEENS & TOTS - 11am	12 Bingo and Mini Golf Glow Night - 7pm Free with Mini Golf Pass \$5 w/o MG Pass Ice Cream specials at Snack Bar	13 PARTY UNDER THE STARS Entertainment by "Audio Replay Band". Poolside cash bar and BBQ. 6 to 10 pm
14 SUNDAY's @ 2 Music by: "Alexandra Starr Duo" - 2:00 pm	15 -Arts & Crafts 12:30pm -SENIOR CITIZEN DAY Pool opens 10 am for Senior Members and 12 pm for Senior Resident Non-Members. All other regular guest fees apply. Specials at the Snack Bar 11am - 12 pm -Bingo at the Gazebo - 3pm	16 -TEENS & TOTS - 11am -MOVIE: "Incredibles 2" 8:30 pm *Admission: \$2 Members \$4 Guests of members	17	18 TEENS & TOTS - 11am	19	20 SATURDAY NIGHT MOVIE: "Mary Poppins Returns" 8:30 pm *Admission: FREE admission
21 SUNDAY's @ 2 Music by: "Dinny Keg Band" - 2:00 pm	22 Arts & Crafts 12:30pm -Bingo at the Gazebo - 3pm TEEN MOVIE: "BumbleBee Movie" PG13 8:30 PM	23 -Third Session Swim Lessons Begin -PEP Session 4 Begins -TEENS & TOTS - 11am -Christmas in July Movie "The Grinch" 8:30 pm *Admission: All tickets are \$1.00	24	25 TEENS & TOTS - 11am	26	27 FUN AND GAMES NIGHT Blow up rides, bouncy houses, games races and more! 4 pm
28 SUNDAY's @ 2 Music by: "The Hambones Band" - 2:00 pm	29 Arts & Crafts 12:30pm -Bingo at the Gazebo - 3pm	30 -PEP Session 5 Begins -MOVIE: "Hotel Transylvania 3" 8:30 pm - Halloween Night FREE Admission Costumes are encouraged!	31	FACILITY OPERATIONAL HOURS KEY:	12:00 PM to 8:00 PM	10:00 AM - 9:00 PM

ABOUT US...

HIGHLIGHTS for 2019!

Bonus Time Returns! Extended Pool Season

We will once again extend the pool season (September 3rd through September 8th). The days, times and/or the areas of the Pool that will be open are dependent on the availability of lifeguards and other staff and may be adjusted as needed. The Snack Bar will be open during hours of pool operation.

Pool Enrichment Program Sponsored by TCBY of 7th Street

The Pool Enrichment Program (PEP) is for children ages 7 to 11 years old. PEP is a four day program conducted from 10am - 3pm. Please note that Session 1 is 11am to 4pm.

Session 1: Weds, 6/26 - Sat, 6/29 (11am - 4pm)

Session 2*: Mon, 7/1 Tues, 7/2; Weds, 7/3; Fri, 7/5

Session 3: 7/9 - 7/12; **Session 4:** 7/23 - 7/26

Session 5: 7/30 - 8/2; **Session 6:** 8/6 - 8/9

PEP sign up will begin on Saturday, May 11th, 8:30am to 11am at the Recreation Office (108 Rockaway Ave). Sign up must be done in person and is \$230 per session for Pool Members. The program includes swimming, crafts, sports and games. Lunch and afternoon snack are also included. Each member is eligible to sign up for two sessions.

Etiquette, Courtesy and Other Notes

* Please do NOT reserve tables, chaise lounges or chairs for others. These items are to be used on a first come, first serve basis only.

* Lap lanes in Pool 2 can be shared for swimming laps. In the event you are sharing a lane, swimmers should stay to the right and go up one side and down the other as you swim laps.

BEE-EYE-ENN-GEE-OHH...BINGO!!!

Bingo will be played every Monday in July at 3pm at the Gazebo plus Friday, July 12th and August 2nd at 7pm at the Pool followed by Mini Golf Glow Night and Ice Cream Sundae specials at the Snack Bar.

New Events This Season

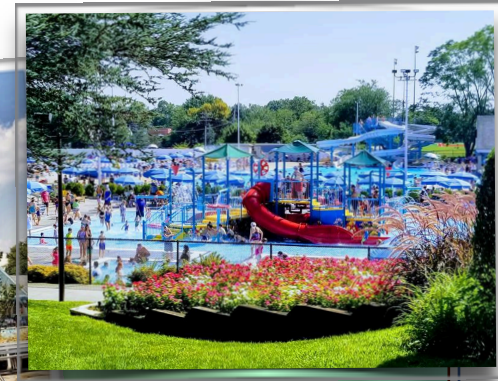
Fun and Games Night - Saturday, July 27th

Halloween Night - Tuesday, July 30th

Epic 80s Day - Saturday, August 24th

Lifeguard Training Class

Are you 15 years of age or over and interested in becoming an American Red Cross certified CPR & AED professional rescuer and a Red Cross Certified Lifeguard? The pool offers two four week sessions for lifeguard training. The first session begins July 9th and second begins August 6th for a fee of \$250. Sign ups begin Saturday, June 8th in the Pool Office. A qualifying pretest is required to enter a class. For more information inquire at the Pool Office after June 1st.



Pre-Season Pool Office Hours:

May 20th - June 7th, Monday thru Friday
10:00 am - 4:00 pm (closed Monday, May 27th)

In-Season Pool Office Hours:

Same hours as the Pool

POOL PHOTO CENTER

The Pool Photo Center Hours:

May 28th - June 7th, Monday thru Friday 4:00 - 7:00 pm,
Saturdays & Sundays, 10:00 am - 1:00 pm
Beginning June 8th the Photo Center will be open during Pool operating hours for the duration of the season.

GUEST PASS BOOKLET

(GOOD FOR RESIDENT AND NON RESIDENT GUESTS)

This season memberships will be able to purchase only 1 (one) guests booklet. Each booklet contains 5 guest passes which can be used for resident and non resident guests. **To get a discounted rate of \$50, the guest booklet MUST be purchased at the time of submitting the membership application.** If you do not purchase at the time of registering for the Pool, guest booklet will be \$65.00. The booklet must be used during the 2019 Pool Season ONLY.

EARLY BIRD SWIM CLUB

The Early Bird Swim Club is a program for those members who wish to swim laps in the early morning (6am to 8am). Early Bird will begin Saturday, June 15th and conclude on Labor Day, September 2nd. The Early Bird Program is open to Pool members 18 years and older for an additional cost of \$75 for the season. An Early Bird Pass will be issued upon registration and must be presented during Early Bird hours. This program is held in Pool 2 and GUEST ARE NOT PERMITTED DURING EARLY BIRD HOURS. Registration will begin Saturday, June 8th.



PARTIES, SWIM LESSONS & SWIM TEAM

CHILDREN'S BIRTHDAY PARTIES

Celebrate your child's birthday at the Garden City Pool for an afternoon of fun and excitement. Parties are for groups of 10 to 25 children and include an afternoon at the pool plus food and beverage selections from the snack bar and a party hostess. You can even add a round of mini golf if you like! Reservations will be accepted beginning May 14th. For more information please call the Recreation office (before May 14th) at (516) 465-4075. Beginning May 14th please call the Pool Office at (516) 483-1714.

SWIM LESSON REGISTRATION

Classes are held Tuesday through Friday in four, two week session. See the Swim Registration form for dates and times. There is a non-refundable \$25 fee for each swim lesson session. Please enclose a separate \$25 check for each child's swim lesson made payable to: **Inc. Village of Garden City**. Limit your selection to one class per person but put alternate classes down as well in case a class is filled. Additional classes may be requested beginning on June 10th. Come to the Pool Office for availability.

To be eligible for swim lessons a child **MUST** be six years old by September 1, 2019. Please return form and check along with your membership application in the enclosed envelope.

COURSE DESCRIPTIONS

LEVEL 1 - INTRODUCTION TO WATER SKILLS

Purpose - Help students feel comfortable in the water.
Skills - Basic water safety rules, submerging mouth nose and eyes underwater and picking up a submerged object, swimming on front and back using arm and leg actions, recognizing a swimmer in distress and getting help, floating on front and back.

LEVEL 2 - FUNDAMENTAL AQUATIC SKILLS

Purpose - Give students success with fundamental skills.
Skills - Submerging entire head, front and back glide, treading water using arms and leg motions, bobbing in water, jellyfish float, swimming using combined stroke on front and back.

LEVEL 3 - STROKE DEVELOPMENT

Purpose - Build on the skills in Level 2 by providing additional guided practice.
Skills - Reaching assist, submerging and retrieving an object, front and back glide, front and back crawl, rotary breathing in horizontal position, survival float, back float, butterfly kick and body motion.

LEVEL 4 - STROKE IMPROVEMENT

Purpose - Develop confidence in the strokes learned and improve other aquatic skills.
Skills - Safe diving rules, survival float, back float, elementary back stroke, breaststroke, butterfly, throwing assist, front and back crawl.

LEVEL 5 - STROKE REFINEMENT

Purpose - Provide further coordination and refinement of strokes.
Skills - Survival swimming, open turns on front and back, front and back crawl, performing rescue breathing, front flip turn and backstroke flip turn, elementary backstroke, butterfly, breaststroke, sidestroke.

LEVEL 6 - SWIMMING and SKILL PROFICIENCY

Purpose - Refine strokes so students swim them with ease, efficiency, power, and smoothness over greater distances. The class focus is to prepare students to participate in more advanced courses.

LEVEL 7 - PREPARATION FOR LIFEGUARDING AND COMPETITIVE SWIMMING

Purpose - For advanced swimmers aged 12 years old and up who might be interested in becoming lifeguards in the future. The class will focus on fitness swimming and an introduction to lifeguarding.

SWIM TEAMS

Once again we will be sponsoring two swim teams for members 6 to 16 years of age that will compete in the Nassau Municipal Swim Conference against other local municipal pools. Our coaching staff is comprised of Lifeguards who have swimming and coaching experience. This year we will have two teams competing in the Nassau Swim Conference "A" Division. The teams will practice 7:45 - 9:15 am, Tuesday through Friday, rain or shine, with mandatory meets on Saturday mornings. There are also weekday meets available for those competitors looking to gain more experience.

Try-outs will be held June 10th - 13th from 6:00 - 8:00 pm. All candidates must be members prior to the date of try-outs.

Swimmers will be evaluated based upon their try-out times, stroke skills, number of participants trying out, and coaches' evaluations.

Swimmers only need to attend one night of try-outs. **The swim teams are not to be used as swimming lessons.**

The registration fee is \$140 for the first swimmer in a family, \$115 for the second, and \$75 for each additional swimmer. The fee includes the team suit, swim cap, t-shirt and end of season award.

POOL RULES

1. Children under 8 must be accompanied by an adult at all times while in the Pool facility. After 6 p.m., children under 13 must be accompanied by an adult. To attend movie nights, children under 13 must be accompanied by an adult.
2. The Village of Garden City is not responsible for articles lost at the Pool. Do not bring jewelry, wallets, or other items of value to the Pool.
3. People having skin lesions, inflamed eyes, mouth nose, or ear discharges, or wearing any type of bandage shall not be permitted to use the Pool.
4. As per Board of Health regulations, only people without shoes, dressed in appropriate bathing suits, Bermudas, or other accepted pool attire are permitted on the lower decks around the pools. Inappropriate bathing attire is prohibited, ex.: thong bikini suits.
5. Only people with proper bathing attire will be allowed in the water. Gym shorts, cutoffs, etc., are not permitted. Bathers wishing to wear t-shirts into the water may do so, providing the shirt is **ALL WHITE**.
6. All swimmers shall take a soap and water shower before entering the Pool. This is a Nassau County Ordinance.
7. There is no diving permitted in any of the pools.
8. Use of the water slide is restricted to individuals 42 inches or taller. **Only one person at a time will be permitted on the water slides.** Once on the slides, all individuals must enter the water feet first, with their backs facing the slide. No head-first sliding is permitted. **USE OF SLIDES IS AT YOUR OWN RISK.**
9. The chaise lounges, tables, and chairs adjacent to Pool 2 are for use by adults 18 years of age and older.
10. The use of Pool 2 is restricted to adults 18 years of age and older, with the exception of the 7 foot end, which is restricted to ages 16 and older for lap swimming or for sanctioned swim lessons.
11. *No person may conduct any aquatic activity classes during pool hours or at any other time without written consent from the Garden City Department of Recreation and Parks.*
12. **UNOCCUPIED LOUNGES, CHAIRS, AND TABLES MAY NOT BE RESERVED BY LEAVING CLOTHES OR TOWELS ON THEM. ONE MEMBER MAY NOT RESERVE LOUNGES, CHAIRS, OR TABLES FOR ANOTHER MEMBER.**
13. Due to insurance restrictions, use of personal umbrellas, shade attachments, chairs or lounge chairs are prohibited at the Pool.
14. Use of swimming or diving gadgets such as masks, snorkels, or flippers is not permitted. Swim goggles are permitted. Eyeglasses worn in the pools must be secured with a safety strap. **Use of any type of floatation devices or swimming aids is not permitted in any of the pools.**
15. Ball playing, radio playing, running, pushing others into the pool, use of profane language, cell phone usage or any behavior causing annoyance or danger to others is prohibited and may result in suspension or revocation of membership. No toys are permitted in the pools.
16. The suggested ages for the "Toddler Town" playground are 2 to 5 years of age, while the ages for the "elementary school" playground are 5 to 12 years of age. The zero entry splash and play area is designed for children 6 years of age and under and the suggested ages for the "interactive" apparatus are 5 to 12 years of age. **PARENTS OR GUARDIANS ARE RESPONSIBLE FOR THE SUPERVISION OF THEIR CHILDREN USING THESE FACILITIES.**
17. To avoid damage to both turf and sprinkler heads, chairs and chaise lounges are not to be placed on any grass areas in the Pool complex.
18. Board of Health regulations require that deck areas be kept clear of obstructions and objects which could injure patrons in bare feet. Therefore, strollers, baby carriages, etc. are permitted only in the wading pool area, on the North side of Pool 1, on the West side of Pool 1 to the end of the shade structure, and on the upper level adjacent to the men's and women's rooms, picnic area and snack bar.
19. Changing of baby diapers is only permitted in designated changing areas, which are located in both the men's and women's changing areas and in the family bathrooms located by the women's changing area and in the game room.
20. We all share a mutual concern that healthy pool water is maintained at all times. In order to help us maintain our excellent water quality, **ALL CHILDREN WHO WEAR DIAPERS MUST WEAR "SWIMMIE" DIAPERS IN THE POOL. THERE ARE TO BE NO EXCEPTIONS TO THIS RULE!**
21. **THE RECREATION COMMISSION HAS DESIGNATED THE ENTIRE POOL COMPLEX AS A SMOKE FREE ZONE. THEREFORE, SMOKING IS NOT PERMITTED ANYWHERE INSIDE THE POOL AREA.** Smoking IS permitted OUTSIDE the Main Lobby.
22. Children 6 years old and older must use gender appropriate bathrooms. Anyone under 6 years old must be accompanied by an adult.
23. As per Board of Health regulations, use of food, drink, or gum is not permitted on the lower decks around the Pools. Eating and drinking is permitted in the picnic area and snack bar areas and select upper deck areas only.
24. Alcoholic beverages shall not be brought into the pool complex at any point. Beer and wine may be purchased at the Snack Bar and only consumed in the Snack Bar and Picnic Area during designated times and days established by the Garden City Department of Recreation and Parks. Failure to comply with regulations may result in suspension or revocation of pool membership.
25. Pool Attendants, Lifeguards, Supervisors and Managers are required to enforce all regulations. Please cooperate with them.
26. Season passes may be suspended or revoked at any time for failure to comply with all rules and regulations as specified for the administration of the Pool facilities. Passes are also **NOT TRANSFERABLE** and must be shown upon admittance and when required



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUG					1 TEENS & TOTS - 11am	2 Bingo and Mini Golf Glow Night - 7pm Free with Mini Golf Pass \$5 w/o MG Pass Ice Cream specials at Snack Bar	3
	4 SUNDAY's @ 2 Music by: "Alexandra Star Duo" - 2:00 pm	5 Arts & Crafts 12:30pm	6 Fourth Session Swim Lessons Begin -PEP Session 6 Begins -TEENS & TOTS - 11am -MOVIE: "Wonder Park" 8:15 pm *Admission: \$2 Members \$4 Guests	7	8 TEENS & TOTS - 11am	9	10 PARTY UNDER THE STARS Music by "Los Bad Hombres Band". Poolside cash bar and BBQ 6 to 10pm
	11 SUNDAY's @ 2 Music by: "JK Hodge Duo" - 2:00 pm	12 Arts & Crafts 12:30pm SENIOR CITIZEN DAY Pool opens 10 am for Senior Members and 12 pm for Senior Resident Non- Members. All other regular guest fees apply. 1/2 Price on selected items at the Snack Bar 11 am - 12 pm	13 -MOVIE: "Lego Movie 2" 8:15 pm *Admission: \$2 Members \$4 Guests	14	15	16	17
	18 SUNDAY's @ 2 Music by: "County Line Band" - 2:00 pm	19	20	21	22	23	24 Music by: "Common Ground 80s Band" - 2:00 pm
SEPT	25	26	27	28	29	30	31
	1 LABOR DAY Music by "The Hambones" - 2pm DJ Bob 6-9 pm	2	3	4	5	6	7
	8 Last Day						
					FACILITY OPERATIONAL HOURS KEY:		
					12:00 PM - 6:00 PM	12:00 PM - 8:00 PM	10:00 AM - 9:00 PM

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