

***Garden City
Recreation and Parks
Presents
Youth Yoga Classes***

Connie McKnight, our certified yoga instructor, has designed youth yoga classes for ages 6 - 18. Each class in our ten week session is 55 minutes long. All classes will begin on Tuesday, January 14 and will be held in St. Paul's Center. Any resident of the Inc. Village of Garden City in this age group is invited to join these relaxing classes. The cost of this 10 week session will be \$ 105.

The course schedule is as follows:

Ages 6 – 8 Tuesdays at 4:00 pm

Ages 9 – 12 Tuesdays at 5:00 pm

Ages 13 – 18 Tuesdays at 6:00 pm

To register for any of these classes, please fill out the form below and return to the Recreation Office at 108 Rockaway Avenue.

Garden City Recreation-Youth Yoga – Winter 2020

Name _____ Phone _____

Address _____ Birthdate _____

Email _____ Emergency # _____

My child would like to attend yoga at Tuesdays at _____.
TIME

I certify that my child is in good health and able to participate in the activity listed above. I understand that there are risks associated with participating in these activities and hold harmless the Inc. Village of Garden City, its officers, agents, and employees.

Parent/Guardian Signature _____

Please make your check payable to "Inc. Village of Garden City".

