

Garden City Recreation Department  
108 Rockaway Avenue  
Garden City, NY 11530

Swimming Lesson Registration 2023-2024 Begins November 20th

Children’s swimming lessons for Village residents will be held at the Adelphi Pool in Woodruff Hall on Saturday mornings beginning Saturday, December 2<sup>nd</sup> for 9 weeks. The fee for this program is \$150 per child. Registration begins Monday, November 20<sup>th</sup>.

- **You may register online if you have an account with Recreation Dept.**
- **If registering by mail please include a check with the registration form**
- **If registering in person you may pay by check or credit card.**
- ***Checks should be made payable to: Inc. Village of Garden City***
- **Your child must be six years of age by the start of the program to participate.**

- Level 1** – Introduction to Water Skills  
**Level 2** – for children who have taken a lesson but need to learn fundamental skills  
**Level 3** – will build on fundamental skills by providing guided practices  
**Level 4** – Develops confidence in the strokes learned and improve other aquatic skills  
**Level 5** – Provides further coordination and refinement of strokes  
**Level 6P** – Personal Water Safety - stresses survival floating, treading water, swimming in clothes, etc.  
**Level 6F** – Water Fitness – sessions will cover learning training techniques, how to use fins, kickboards, pace, clock, etc.

Classes offered		CODE
10:00 am	Level 1	10-1
10:00 am	Level 3	10-3
10:00 am	Level 4	10-4
10:00 am	Level 6F	10-6F
11:00 am	Level 2	11-2
11:00 am	Level 3	11-3
11:00 am	Level 4	11-4
11:00 am	Level 5	11-5
12:00 pm	Level 3	12-3
12:00 pm	Level 4	12-4
12:00 pm	Level 5	12-5
12:00 pm	Level 6P	12-6P
1:00 pm	Level 2	1-2
1:00 pm	Level 3	1-3
1:00 pm	Level 4	1-4
1:00 pm	Level 5	1-5

**Please make selections carefully as fees are not refundable.**  
Dates of Class: Dec 2, 9, 16; Jan 13 & 27; Feb 3, 10, 17, 24; Make-up date March 2

2023 ADELPHI SWIM LESSONS – Cost \$150

NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

ADDRESS \_\_\_\_\_ TELEPHONE \_\_\_\_\_

FIRST CHOICE(code) \_\_\_\_\_ SECOND CHOICE(code) \_\_\_\_\_

My child has my permission to attend the swim program described above. I certify that my child is in good health and able to participate. I understand that there are risks associated with participating in these activities and hold harmless the Inc. Village of Garden City, its officers, agents, and employees.

Parent/Guardian Signature \_\_\_\_\_