# *Garden City Recreation Department Presents Youth Yoga Classes*

Connie McKnight, our certified yoga instructor, has designed youth yoga classes for ages 6 - 18. Each class in our eight week session is 55 minutes long. All classes will begin on April 11 and will be held in St. Paul's Center. Any resident of the Inc. Village of Garden City in this age group is invited to join these relaxing classes. The cost of this 8 week session will be $ 85.

The course schedule is as follows:

**Ages 6 – 8 Thursdays at 4:15 pm**

**Ages 9 – 12 Thursdays at 5:15 pm**

**Ages 13 – 18 Thursdays at 6:15 pm**

***To register for any of these classes, please fill out the form below and return to the Recreation Office at 108 Rockaway Avenue.***

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## *Garden City Recreation-Youth Yoga – Spring 2019*

*Name*_____*Phone*_____

*Address*_____*Birthdate*_____

*Email* _____*Emergency #* _____

**My child would like to attend yoga at _____ at _____.**
**DAY TIME**

I certify that my child is in good health and able to participate in the activity listed above. I understand that there are risks associated with participating in these activities and hold harmless the Inc. Village of Garden City, its officers, agents, and employees.

Parent/Guardian Signature _____

***Please make your check payable to "Inc. Village of Garden City".***