

Getting your crew ready for nearshore cruising

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Illustrative Example Only

Summary notes

Reference materials and links at:

<https://seattleonthewater.com/>

- Who is your crew?
 - Competent 1st mate, trailing spouse, passenger, or ??
 - What can you reasonably expect of them?
 - What are they expecting and hoping for out of the trip?
 - How do you know; did you ask? 😊
 - How do their expectations align to what may happen on the trip?
 - Example: How might you help a competent 1st mate that wants to learn more about safety nearshore?
 - Safety overview
 - Vessel safety culture
 - Risk tolerances; everyone
 - Standing orders
 - Standing Operating Procedures
 - “Captain, I have a concern”
 - Below decks, could include:
 - <https://seattleonthewater.com/safety>
 - Laminated note cards for:
 - Safety briefing
 - Safety equipment
 - VHF emergency procedures
 - Vessel inspection pre-departure
 - Responses to various emergencies
 - On smartphone:
 - US Sailing Safety at Sea manual
 - I911
 - Computer
 - Online US Sailing International Offshore Safety at Sea training
 - Emergency binder:
 - Risk management and crew preparation overview
 - Crew member ICE info
 - On deck, could include:
 - Local knowledge and hazards, In the Pacific NW these include:
 - Kelp/rocks
 - Logs/deadheads
 - Whales
 - Fog
 - Eelgrass
 - Orientation to on deck equipment, hazards, procedures, etc
 - Itinerary
 - Cheat notes for navigation and communications equipment
 - Required equipment checklist
 - Float plan
 - USCG Rescue Coordination Center info and phone numbers
 - Lifesling info
 - Cold water patient assessment and care
 - Vessel safety manual
 - Emergency drills
 - VHF radio
 - DSC Distress communication form
 - Damage control kit contents
 - Marine first aid kit contents
 - Personal gear bag, recommendations for:
 - Foulies, Clothing, Footwear
 - Personal equipment
 - Seasick medications
 - MOB station bill
 - Emergency station bill
 - Ditch bag contents
 - Lifesling
 - <https://www.youtube.com/watch?v=VnhjOhWD4j0>
 - Fire extinguisher location, use
 - Fire blanket location, use
 - PFD:
 - Periodic testing
 - Re-arming
 - World Sailing nearshore equipment requirements
 - Tools
 - Emergency Equipment locator
 - Systems below decks: thru-hulls, valves, bilge pumps, switches, etc
- Illustrative example: now go make your own!