

All Nations Championships Protocols

Sports Arena Address

Leicester Sports Arena / Morningside Arena

31 Charter Street, Leicester LE1 3UD

Friday 24th August

Coaches packs - please pick up at reception sports arena from 10am

Packs will include:

- commemorative medal (1 per registered athlete and registered coach only)
- program (1 per registered athlete and registered coach only)
- athlete identity tags, numbers and sewing kit

Weigh in

10.00am – 7.00pm – upstairs in sports arena

We will give each country a time slot to weigh in nearer the championship date to avoid long delays

Referee seminar

For all referees and coaches

2.00pm – 5.00pm - in main hall, sports arena

No fee and includes practical session

Instructors Mr Kiyomi Sasaki assisted by Mr Steve Coupland

Coaches Meeting

For all coaches

4.00pm – 5.00pm - in main hall, sports arena

Mr Steve Coupland Chief Referee

International Congress

Requesting the attendance of 2 official delegates per country

5.00pm – 7.00pm – upstairs in sports arena

Saturday 25th August

8:15am - All referees, athletes, coaches and officials to be at sports arena

Athletes to wear karate gi's and tracksuit jackets. Please stay with your country in the warm-up area. Each country will be directed by Championship staff and directed throughout the walk out and opening ceremony.

8:15am - Referees final briefing and preparation for referee lead out ceremony

8:15am - Athletes coaches and officials to prepare for walk out

9:00am - Walk out – Referees will be lead out to the arena. Please stand in a straight line facing the audience. A member of the Championship staff will guide you.

Country walk out - Each country will need to choose their own delegate to carry the country name and their countries flag. Athletes to go first, followed by officials and coaches. Each country will be announced separately. Championship staff will lead out to the front of the arena as music is played. Championship staff will then break off to help other countries.

Officials to be wearing formal attire or tracksuit, **no jeans or shorts**.

Coaches to wear either track suit top for their country or t-shirt denoting country plus tracksuit bottoms, **no jeans or shorts**.

When all countries are lined up the opening ceremony will commence with welcome speeches given by Mr Yoshinori Matsui Chairman of the JKF-Wadokai Executive Committee Japan, and Mr Kuniaki Sakagami President of Wadokai England.

After the opening ceremony all athletes and delegates to return to warm-up area. Please return the country flag to the Championship flag back in the warm-up area – these will be needed for the medal ceremonies.

Championship Days

Saturday - There will be five matted competition areas. There will also be a warm up area and holding area at the back of the arena.

Over the championship days only one coach per country will be allowed on each area. Each coach will sit in the coach's boxes at the sides of the areas. If two athletes from the same country meet, two coaches (one per athlete) will be allowed.

Categories will be announced over the day. A visual display on the Arena screens will show the categories. If a category is displayed, the athletes are requested to proceed to the holding area at the back of the arena.

Sunday 26th August – Finals Day

There will be three areas for the finals. All bronze medal finals and silver / gold finals will be carried out at the same time for each category.

9.00am - Start

9.00am – Referees lead out will be to music. Please stand at the far side of the championships area facing spectators.

No lead out ceremony for athletes.

Categories will be announced over the day. A visual display on the Arena screens will show the categories. If a category is displayed, the athletes and coaches are requested to proceed to the holding area at the back of the arena.

Coaches to wear formal attire for all finals (shoes, suit, shirt and tie - no tracksuits, jeans or shorts)

Each finalist along with their coach will be lead out by a chaperone holding the finalist's country name.

Athlete and coaches are to wait until member of championship staff informs them to walk out. Please do not walk on to the area until your category is announced.

Over the championship finals day only one coach per country will be allowed on each area. Each coach will sit in the coaches' box at the sides of the areas. If two athletes from the same country meet, two coaches (one per athlete) will be allowed.

Medal Ceremony - At the end of each category joint bronze, silver and gold medallists will be lead to the podium and awarded their medals and a trophy will be awarded for 1st place in all categories.

As the award ceremony is taking place the next category will be lead out to the competition area. This procedure will be the same through out the finals day.

An official tournament photographer will be placed in-front of the podium to take **the official photographs which will be available** on line to download **for free**. No other photographers will be allowed around the podium. This is to make sure we remain on time. Please pass this information on to parents, officials and athletes. **Only the official photographer will be allowed in the area.**

Kata and kumite rules

Kata

Rules: for kata competition, choose one of the ten wado-kai kata's:

1 kushanku 2 naihanchi 3 seishan 4 chinto 5 bassia
6 wanshu 7 niseishi 8 jitte 9 jion 10 rohai

Compulsory first round kata's (individuals and in any preliminary matches)

12 years to 13 years (male & female) pinan yondan athletes can then perform pinan kata or any of the kata listed from the above a different kata must be performed in all rounds including the final.

14 years to 15 years (male & female) chinto athletes can then perform any of kata listed from the above a different kata must be performed in all rounds including the final.

16 years to 17 years (male & female) chinto athletes can then perform any of kata listed from the above a different kata must be performed in all rounds including the final.

18/19/20 years (male & female) chinto athletes can then perform any of kata listed from the above a different kata must be performed in all rounds including the final.

18 years plus (male & female) chinto athletes can then perform any of kata listed from the above a different kata must be performed in all rounds including the final.

Veterans all categories (male & female) seishan athletes can then perform any of kata listed from the above a different kata must be performed in all rounds including the final.

Individual categories: in individual kata categories, recharge will be applied at the discretion of the organising committee

Team kata

Team kata: no compulsory kata a different kata must be performed in each round no repeating of kata's

No bunkai to be performed in finals (there will be no recharge in team kata categories)

Amendment to the Above Rules and Format for the Kata Events

All competitors will have to play the compulsory kata. This may mean that some competitors will have to play the compulsory kata over two rounds depending on the number of entries and the number of byes. This will be discussed at the coaches meeting and draw sheets will be displayed in the warm-up area.

When a compulsory kata must be performed, both competitors (AKA and AO) will perform the kata at the same time. All other rounds will be contested individually with AKA performing first, AO to perform second. In these rounds the kata can be the competitor's choice, but they cannot repeat the compulsory kata.

If the category has less than 8 athletes, there will be no compulsory kata. The athletes will be allowed to perform kata of their own choice in each round. AKA and AO will perform individually, and a different kata should be performed in each round including the finals.

Athletes and coaches please note: athletes to bring their own red and blue belts

Kumite

Rules for kumite: wkf rules will apply, (no head guards or face protectors in any categories).

Athletes should wear wkf style safety equipment

12 years to 13 years: female chest protectors recommended but not compulsory,

12 years to 13 years: male & female body armour compulsory wkf style.

14 years and above female: chest protector's compulsory, body armour compulsory wkf style.

14 years and above male: body armour compulsory wkf style.

All kumite athletes the following equipment is compulsory.

Wkf style mitts, one wearing red and the other wearing blue.

Gum shield.

Shin pads wkf style, one wearing red and the other wearing blue.

The foot protection wkf style, one wearing red and the other wearing blue. Individual categories: in individual kumite categories, recharge will be applied at the discretion of the organising committee.

Team categories: there will be no recharge in any team kumite categories.

Kumite duration of bouts

| <u>Time limit</u> | <u>eliminations</u> | <u>finals</u> |
|-------------------|---------------------|---------------|
| 12 -13 years | 1.30 min | 1.30 min |
| 14 – 15 years | 2 min | 2 min |
| 16 17 years | 2 min | 2 min |
| <u>Under 21s</u> | | |
| Female | 2 min | 2 min |
| Male | 3 min | 3 min |
| <u>18 years +</u> | | |
| Female | 2 min | 2 min |
| Male | 3 min | 3 min |
| <u>Veterans</u> | | |
| Female | 2 min | 2 min |
| Male | 2 min | 2 min |